CONFIGURING PSYCHOLOGY

Configuring Psychology offers a vibrant, multimodal sociological analysis of clinical psychology as a profession and practice in the United Kingdom. Starting from the widely accepted principle and goal of enhancing access to care, it examines how political, economic, legal, and social dynamics intertwine with clinical norms and expertise. These interactions configure broader healthcare contexts, defining not only entry into therapy but also exclusion from it.

Through close attention to policy developments, professional strategies, and psychologists' experiences, Martyn Pickersgill reveals how access reforms shape clinical knowledge, therapeutic practice, and understandings of psychology itself. He shows how expanding access has become both a moral imperative and a managerial project, with clinical psychologists balancing competing bureaucratic, ethical, and emotional demands in an increasingly strained National Health Service.

As such, *Configuring Psychology* provides essential insights for social scientists as well as clinicians and policymakers navigating reform.

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Access to Therapy and the Transformation of Psychological Care

MARTYN PICKERSGILL

The University of Edinburgh

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