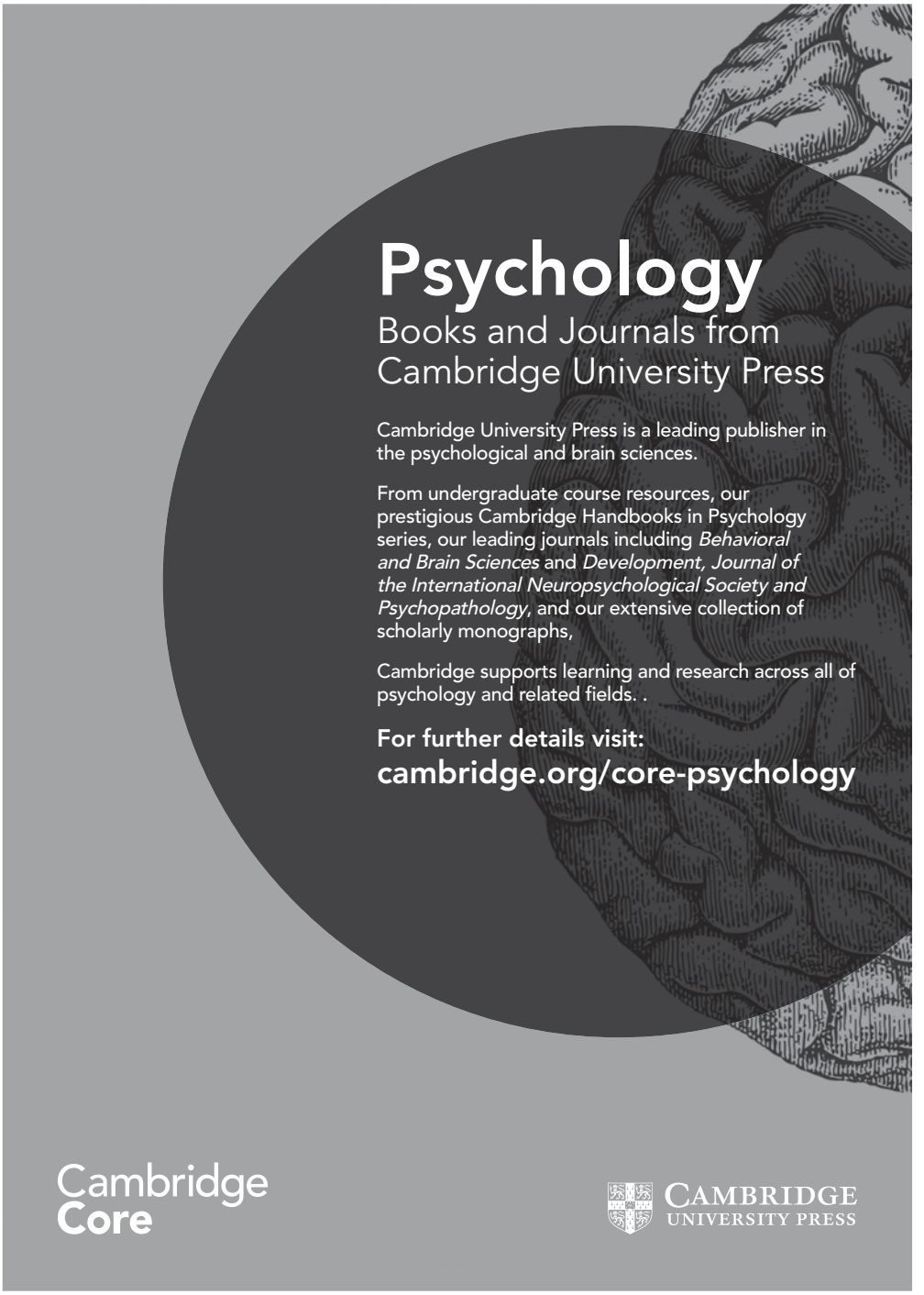

Psychology
Books and Journals from
Cambridge University Press
Cambridge University Press is a leading publisher in the psychological and brain sciences.
From undergraduate course resources, our prestigious Cambridge Handbooks in Psychology series, our leading journals including *Behavioral and Brain Sciences* and *Development, Journal of the International Neuropsychological Society and Psychopathology*, and our extensive collection of scholarly monographs,
Cambridge supports learning and research across all of psychology and related fields. .
For further details visit:
cambridge.org/core-psychology
Cambridge Core
CAMBRIDGE UNIVERSITY PRESS

VOLUME 54 ISSUE 02 JUNE 2026

Behavioural and Cognitive Psychotherapy

Contents

MAIN ARTICLES

Examining the associations between beliefs about losing control and eating disorder symptomatology 123
Cailyn P.E.A. Fridgen, Kaitlyn Zozula & Adam S. Radomsky

Brief, early, and effective: evaluating CBT-T outcomes and change trajectories in a no-minimum threshold to access an eating disorder service 134
See Heng Yim, Eve Dore, Emily King, Ronelle Bloomfield, Zuzanna Malecka & Laura Fialko

A randomised controlled feasibility study of brief cognitive therapy for the treatment of PANic Disorder in Adolescents (PANDA) 147
Polly Waite, Rachel Sutton, Ray Percy, David M. Clark, Laura Maratchi, Mark Jeavons, Lottie Shipp, Mara Violato & the PANDA team

Modularised CBT for children with anxiety disorders: client feedback and therapeutic alliance as predictors of treatment outcome 170
Liesbeth G. E. de Paauw-Telman, Marija Maric, Susan M. Bögels & Francisca J. A. van Steensel

What happens after group CBT for anxiety and related disorders? Preliminary investigation of treatment outcomes over time in a naturalistic sample 183
Sydney A. Parkinson, Andrew M. Scott, Karen Rowa & Randi E. McCabe

Engagement in dialectical behaviour therapy in LBC-certified DBT programs: comparison of in-person vs telehealth treatment delivery 198
Carla J. Walton, Kim Skerven, Andrew White & Taylor Davine

Attachment-based CBT for psychosis: a single case experimental design 211
Katherine Newman-Taylor, Nicola Abba, Amity Hurley, Blue Pike, Rachael Wood, Genevieve Wordsworth-Hughes, Tania Correia & Tess Maguire

BRIEF CLINICAL REPORTS

Relating Therapy for the anorexic voice: exploring the feasibility of evaluating an extended version of the therapy 223
Callam Constant, Lucy Serpell, Matthew Pugh, John Fox, Tamara Leeuwerik, Anna-Marie Bibby-Jones, Penny Herbert & Mark Hayward

School-based cognitive-behavioural group intervention for reducing rumination in adolescents 230
Gamze Tekin & Ayşe Bengisoy

Cambridge Core
For further information about this journal please go to the journal website at: cambridge.org/bcp

MIX
Paper | Supporting responsible forestry
FSC™ C013985
www.fsc.org

CAMBRIDGE UNIVERSITY PRESS