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BJPsych

The British Journal of Psychiatry

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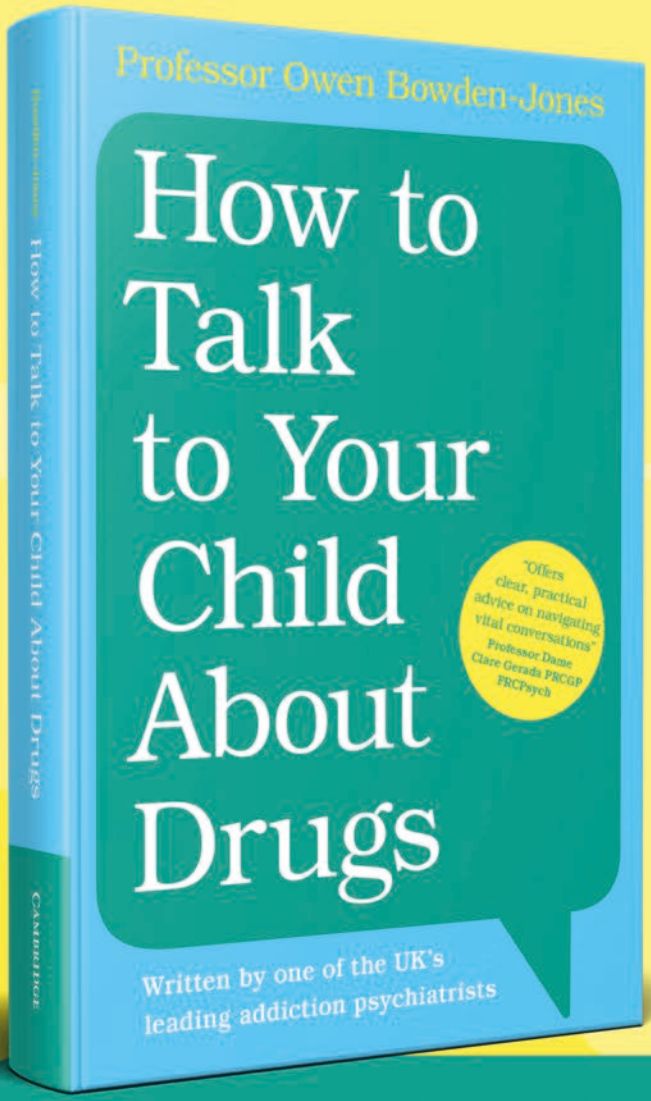
Genes and screens: ADHD in the digital age
Kudlow et al

Moderators of antidepressant augmentation versus switch
Kim et al

MDMA-assisted therapy for major depressive disorder
Kvam et al

Evaluating the strength of new treatments for depression
Cuijpers et al

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How to Talk to Your Child About Drugs

Professor Owen Bowden-Jones, University College London

Paperback | 9781009374811

Broaching the topic of drugs and drug use with your child can feel particularly daunting. With the illegal drug market constantly evolving, it can be difficult to stay up to date with the latest information. How to Talk to Your Child About Drugs is an evidence-based, practical guide from a leading addiction specialist.

The book offers clear and accessible guidance for parents on how to have effective conversations with their child about this difficult topic. It provides a summary of both established and newly emerging drugs, how drugs work in the brain, how they cause harm, and why some people are more vulnerable than others to problems, including signs parents should be looking out for.

This is a book that all parents will need at some stage. It will help you feel better informed about drugs, more confident in talking to your child, and better equipped to tackle any problems.

Find out more at www.cambridge.org/HTYCAD

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Alisa Smith Williams: The Fish Girl, 2023



Alisa Smith Williams lives in central Virginia, US. Over the years she worked in various art media, including poetry, music, and photography, prior to embracing digital art around 2021. She is a practicing psychiatrist, board certified in adult and forensic psychiatry.

Her art usually encompasses themes related to nature, fairytale, and myth, with an emphasis on Medieval, Renaissance, and pre-Raphaelite styles. Her usual starting point is an image or images made with generative "AI" technology, created using individual and personalized models she has developed over time. From there, images are heavily edited with overlays, filters, and collaging.

Dr. Williams received her MD degree in 1992 and began practicing psychiatry in 1997 following residency and fellowship training at Emory University in Atlanta, Georgia. She has worked extensively throughout her career with forensic populations. Currently she is working in the correctional psychiatry field, managing treatment for patients housed in a women's maximum-security prison. Not only is art a means of "decompressing" from demanding work, but often the themes and images in her work represent some element of interactions with patients.

Thanks to Mutahiri Qureshi for organising this feature.

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or bjp@rcpsych.ac.uk.

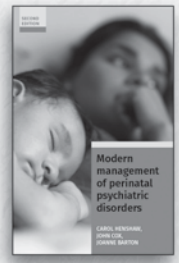
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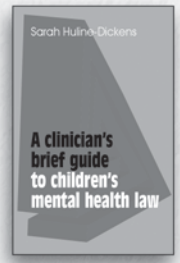
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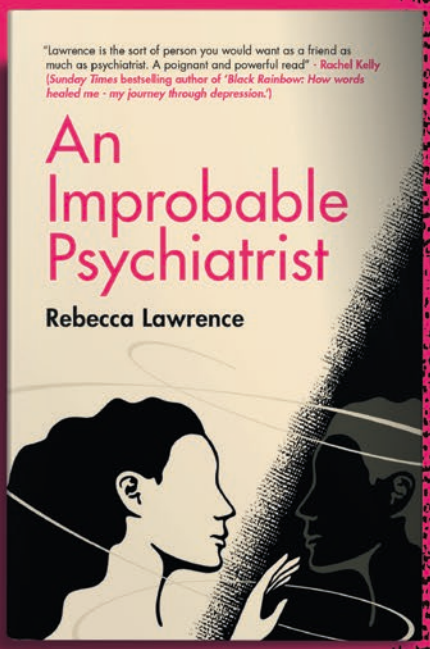
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Rebecca Lawrence,
a consultant psychiatrist and writer with bipolar disorder.



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