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BJPsych Advances and CPD eLearning work together to produce regular joint commissions to enhance learning for mental health professionals.

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Recent modules and podcasts

Podcast Wim's protocol: how to safely monitor clozapine

In this podcast, we spoke to the experts behind the new groundbreaking clozapine monotoring protocol, Wim's protocol. The panelists explore the drivers and impact of preventable clozapine-related deaths, outline how carers can support patients that take clozapine, and looks at the key elements of the College's new safety guidance. **CPD credits: 0.5**

Module Chemsex: sexualised drug use

Chemsex is a growing phenomenon usually involving marginalised and vulnerable groups. This module explains what chemsex means, how people get involved in chemsex and the associated risks. **CPD credits: 1.5**

Podcast Hoarding

In this podcast, we will look at the prevalence of hoarding and its overlap with other mental health disorders, what support is available to patients and their relatives, and review the current research and effective interventions available for hoarding. **CPD credits: 0.5**

Podcast Agency in youth mental health

In this podcast episode, we explore the role of agency in youth mental health, and how upholding this within the therapeutic relationship can have a direct impact on future health outcomes. **CPD credits: 0.5**

Podcast Big Questions in Psychiatry: Can medications ever help psychiatric disorders?

In this video-based podcast, we look at the role of medications in psychiatric disorders, the stigma associated with psychotropic medication and whether or not they truly are more problematic than medications used for physical illnesses. **CPD credits: 0.5**

Podcast Human rights as applied to mental health: do psychiatrists really know it all?

Human rights promotion and protection continue to remain highly relevant in psychiatric practice. This podcast highlights the central role of human rights in the field. **CPD credits: 0.5**

Podcast Premenstrual dysphoric disorder (PMDD)

Dr Sophie Behrman and Dimple Khatiri join guest presenter Dr Katrina Peebles to discuss common representations of premenstrual dysphoric disorder (PMDD) and the wider social impact of PMDD and associated stigma, and to offer an overview of the available treatment options. **CPD credits: 0.5**

Podcast What every psychiatrist should know about smoking cessation

In this podcast episode, join guest presenter Dr Claire Jones in exploring why smoking cessation is considered the single most impactful intervention for improving health outcomes, and discover how small changes in clinical approach can lead to life-changing outcomes. **CPD credits: 0.5**

Podcast No mental health without oral health (RCPsych Congress 2025)

In this podcast, Dr Ed Beveridge, Prof Steve Kisely and Dr Easter Joury uncover the intersection between physical and psychiatric comorbidity, the effects of psychotropics on oral health, and provide clear and helpful guidance about how psychiatrists can help their patients improve their oral health. **CPD credits: 0.5**

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