there was no finality in the arrangements of our bricks and mortar in trying to attain the ideal.

He agreed with Dr. Malloy that it was difficult to get chronic patients to undertake gymnastic exercises. It was also practically impossible to put them in gym. costume, nor was it necessary. It was easy, however, in the case of recent admissions, and these two classes of patient had been illustrated in the first film. He had never met any patient yet who had become a bore talking about his physical prowess acquired by exercises.

Every patient went to the exercise classes if they were fit. They had different forms of exercise—Margaret Morris, Swedish, and Hornibrook's Abdominal Culture. In the chronic wards the worst patients were taken up and down the corridor, including catatonic patients and patients who would not move at all.

IRISH DIVISION.

THE SPRING QUARTERLY MEETING of the Irish Division was held at the Hampstead and Highfield Private Mental Hospitals, Glasnevin, co. Dublin, by the kind invitation of Dr. W. N. Eustace, on Saturday, April 3, 1937.

In the forenoon the members were conducted on a tour of the adjacent Botanical Gardens. Later the members and guests were hospitably entertained to luncheon. The guests included Mr. J. G. Perry, B.L., Registrar to the Chief Justice, and Dr. Foley, Sligo. At the conclusion of the luncheon Dr. Martin proposed a cordial vote of thanks to Dr. Eustace for his kindness in receiving them and for his generous hospitality. Dr. Eustace suitably replied.

The following members were present :

Dr. J. C. Martin in the chair (and subsequently Dr. T. A. Greene), Drs. S. Blake, R. D. Brennan, W. J. Coyne, P. J. Cassin, Kathleen Dillon, J. O'C. Donelan, W. N. Eustace, H. J. Eustace, J. J. Fitzgerald, Dorothy Gardner, P. Grace, D. Hegarty, D. B. Lothian, R. R. Leeper, B. Lyons, P. Moran, C. J. McCarthy, Eveleen O'Brien, Mary Robson, R. Taylor and R. Thompson (Hon. Sec.).

The minutes of the previous meeting were read, approved, and signed by the Chairman. The meeting then proceeded to the election of the Officers of the Division for the year 1937–1938, and the following, after ballot, were declared elected :

Hon. Secretary : Dr. P. Moran.

Representative Members of Council : Dr. T. A. Greene and Dr. J. C. Martin.

Dr. J. O'C. DONELAN proposed, and Dr. R. R. LEEPER seconded, the re-election of Dr. Martin as Chairman of the Division for the ensuing year. Dr. Martin, in thanking the Proposer and Seconder, said that—while he greatly appreciated the honour—he would prefer not to hold the office of Chairman for a second year, and begged leave to be allowed to withdraw and vacate the chair. He desired to take this opportunity of thanking the members for the unfailing courtesy and loyal support he had received during his year of office.

Dr. MARTIN then proposed that Dr. Greene be elected Chairman for the ensuing year ; this was seconded by Dr. CASSIN and carried unanimously. Dr. Martin then vacated the chair, and in handing over the Badge of Office as Chairman to Dr. Greene, heartily congratulated him and wished him every success.

Dr. Greene then took the chair.

The Mental Nursing Advisory Committees to the General Nursing Councils were re-elected as follow :

For Irish Free State.—Drs. S. Blake, J. O'C. Donelan, P. Grace, R. R. Leeper and J. C. Martin.

For Northern Ireland.—Drs. F. J. Deane, Dorothy Gardner, N. B. Graham, M. J. Nolan and J. Watson.

https://doi.org/10.1192/S0368315X3724437X Published online by Cambridge University Press

Dr. J. O'C. Donelan and Dr. Nolan were re-nominated Examiners for the Association's Certificate in Psychological Medicine.

The following were nominated Examiners for the Nursing Certificates of the Royal Medico-Psychological Association :

Preliminary Nursing Examination : Dr. Eveleen O'Brien.
Final Nursing Examination : Dr. Kathleen Dillon.
Final Mental Deficiency Examination : Dr. H. StG. Smith.
Nurse Examiner : Miss Sharkey.

The meeting then considered the Royal Medico-Psychological Association's Revision of the Classification of Mental Disorders. After some discussion, in which varying opinions were expressed, it was decided to recommend the adoption of the new classification to the Local Government Department of the Irish Free State. It was pointed out that the Government of Northern Ireland had already adopted the classification.

The replies received to the resolutions passed at the November Meeting *re* the training of staff and the selection of persons for executive posts were then considered. Many of the replies concerning the training of staff pointed out the difficulties which confronted schemes to promote general training amongst mental nurses and vice versa. After some discussion it was proposed by Dr. MORAN that the general training hospitals in the Irish Free State should be circularized and asked to co-operate with the mental hospitals in a scheme for an interchange of nurses. This proposal was adopted by the meeting.

The date and place of the Summer Meeting was left in the hands of the Secretary in consultation with the Chairman.

Dr. H. J. EUSTACE then read a most interesting communication entitled **"Psychoneuroses in the General Hospital"**. Dr. Eustace described in detail work which he was carrying out in a recently opened clinic in connection with the Adelaide Hospital. He pointed out the need for such a clinic where the psychoneuroses and the border-land states could be dealt with, in many cases with surprisingly beneficial results. The case-histories of a number of selected cases were given in detail together with the treatment given and the final result.

Dr. Eustace's paper gave rise to a very interesting discussion in which many of the members took part. He was warmly congratulated by the Chairman and several of the members on undertaking work which had hitherto been almost totally neglected in Dublin, and for which there was the greatest possible need.

Dr. EUSTACE replied to the many points raised by the various speakers.

Subsequently the members were kindly entertained to tea.

NOTICE BY THE SECRETARY OF THE RESEARCH AND CLINICAL COMMITTEE.

The second Refresher Course organized by the Committee will be held at the L.C.C. Central Pathological Laboratory, Maudsley Hospital, Denmark Hill, London, S.E. 5, during the fortnight commencing November 8, 1937. The fee will be £2 2*s*.

The provisional programme for the course is given on p. 11.

All communications regarding the course should be sent to the Secretary of the Association, 11, Chandos Street, W. 1.

https://doi.org/10.1192/S0368315X3724437X Published online by Cambridge University Press