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The online resource for mental health professionals

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BJPsych Advances and CPD eLearning work together to produce regular joint commissions to enhance learning for mental health professionals.

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Recent modules and podcasts

Module Climate change, nature and children and young people's mental health

The module aims to leave learners able to relate this to their clinical work and feel empowered to make small but meaningful changes to improve the sustainability of their practice. **CPD credits: 1**

Podcast Big Questions in Psychiatry: Responsibility in psychiatry – exploring blame, compassion and mental illness

This is the first in our new series of podcasts: *Big Questions in Psychiatry*, which explore the complex and sometimes messy issues shaping psychiatry. This episode discusses the philosophical notion of responsibility and its relation to blame in mental illness. **CPD credits: 0.5**

Podcast Veterans' mental health

This podcast covers common mental health issues that may arise when service personnel leave the military and become veterans, examining the transition period, looking at the risk factors associated with this and the support systems available. It will aim to review some commonly held misconceptions about veterans' mental health and discuss further the support available when service personnel leave the military. **CPD credits: 0.5**

Module Understanding and facilitating a pre-birth planning meeting

This module raises awareness of important issues to consider in the care of a woman with serious mental illness during late pregnancy, maternity admission for the birth and the early postnatal period when she may be at high risk of relapse. **CPD credits: 1.5**

Module Anxiety disorders in the perinatal period

This module aims to support health professionals in correctly identifying anxiety disorders in the perinatal period so that effective and timely interventions can be offered. It will focus on psychological therapies; pharmacological treatments will be covered in a follow-up module. **CPD credits: 1.5**

Podcast Military psychiatry

Mental health in the military may seem like a confusing topic for NHS psychiatrists. However, there may be interfaces between the military and NHS at key points in a service person's journey, which is why it is important for NHS psychiatrists to have a sense of understanding of this topic. This podcast will aim to review some commonly held misconceptions about mental health within the military and introduce the support available when service personnel leave the military. **CPD credits: 0.5**

Module An introduction to health economics

This module provides an overview of key concepts used in health economics and how the National Institute for Health and Care Excellence (NICE) uses these concepts while assessing new medications or other health technologies for the NHS. **CPD credits: 1**

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