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SUPPLEMENT, MAY 1964

THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

AUTUMN QUARTERLY MEETING

THE AUTUMN QUARTERLY MEETING of the Association was held at the Royal Society of Medicine, London, on Friday, 15 November, 1963, under the Presidency of Professor Desmond Curran.

Minutes

The Minutes of the November 1962, February and May 1963 Quarterly Meetings, having appeared in the *Journal*, were approved and signed.

Obituary

The President announced with regret the death of the following members:

CANNON, ALEXANDER, Ph.D., LL.D., D.Litt., M.A., M.B., B.Chir., D.P.M., Medical Director and Physician for Nervous Diseases, Isle of Man Clinic. An Ordinary Member since 1932.

DOYLE, WILLIAM JOHN, B.Sc., M.B., B.Ch., B.A.O., D.P.M., County Medical Officer of Health and Principal School Medical Officer for the County of Devon. An Ordinary Member since 1962.

FEVERSHAM, RT. HON. THE EARL OF, *D.S.O.*, *D.L.*, *J.P.*, Chairman, The National Association for Mental Health. An Honorary Member since 1957.

HARRIS, NOEL GORDON, M.D., F.R.C.P., D.P.M., formerly Physician in Psychological Medicine, Middlesex Hospital. President 1953-54; Chairman Education Committee 1955–59; Convener, Public Relations Committee 1957–59. An Ordinary Member since 1928; an Honorary Member since 1959.

MACRAE, MALCOLM MACMILLAN, M.D., D.P.M., Physician Superintendent, Strathmartine Hospital, Dundee. An Ordinary Member since 1950.

MILNE, JAMES, B.Sc., M.B., Ch.B., D.P.M., Physician Superintendent, Hawkhead Hospital, Glasgow. An Ordinary Member since 1944.

SINCLAIR-GIEBEN, ABRAHAM HERMAN CORNELIS, M.D., M.R.C.P., D.T.M. & H., Lecturer in Mental Health, University of Aberdeen. An Ordinary Member since 1959.

STEWART, RONALD, M.B., Ch.B., formerly Medical Superintendent, Gartloch Hospital, Glasgow. An Ordinary Member since 1931.

WEIL, PAUL LUDWIG, M.D., Psychiatrist, Mapperley Hospital, Nottingham. An Ordinary Member since 1950.

WHALLEY, NORMAN, M.B., Ch.B., F.R.C.S.E., Department of Neuro-Surgery, Morriston Hospital, Swansea. An Ordinary Member since 1951.

Election of Associate Members

The following candidates for Associate Membership, approved by Council on 2 July, 1963, were unanimously elected:

BANNISTER, DONALD, B.A., Ph.D., Senior Psychologist, Bexley Hospital, Kent.
Proposed by Drs. D. M. Leiberman, G. L. Shaw, Alan Norton.

JONES, HORACE GWYNNE, B.Sc., Dip.Ed., F.B.Ps.S., Senior Lecturer in Psychology, St. George's Hospital Medical School.
Proposed by Prof. D. Curran, Drs. Peter Hays, G. M. Russell.

Election of Ordinary Members

The following were unanimously elected to Ordinary Membership:

BOSTOCK, JOHN, M.B., B.S., M.R.C.S., L.R.C.P., F.R.A.C.P., D.P.M., 106 Bonney Avenue, Clayfield, Brisbane, Australia.
Proposed by Drs. B. J. Phillips, A. Walk, E. Slater.

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CASKEY, GLADYS MAY, M.B., B.Ch., B.A.O., Staff Medical Officer, St. Luke's Hospital, Armagh, N. Ireland.
Proposed by Drs. J. A. S. Mulligan, W. A. G. MacCallum, A. S. Clenaghan.

COMMON, DAVID LANG, B.A., B.D., M.B., B.S., M.R.C.S., L.R.C.P., Psychotherapist, The City Temple Psychological Clinic, London, E.C.1.
Proposed by Drs. W. L. Neustatter, A. Torrie, F. J. Roberts.

COORE, LAWSON DAVID JONATHAN, M.B., B.S., D.P.M., Psychiatrist, Bellevue Hospital, Kingston, Jamaica, West Indies.
Proposed by Drs. I. M. Stewart, D. L. Davies, A. J. Oldham.

DUNLOP, JOHN MAURICE, M.B., B.Ch., Psychiatrist, Department of Child Psychiatry, Belfast City Hospital, Belfast, N. Ireland.
Proposed by Drs. R. J. McIlwaine, J. C. Meenan, G. B. Plunkett.

FERNANDO, SUMANTRA JAYANANDANA MOHANDAS, M.A., M.B., B.Chir., D.P.M., Registrar, Horton Hospital, Epsom.
Proposed by Drs. H. R. Rollin, J. H. Watkin, D. L. McNeill.

GIBB, IAN ANGUS MCLEAN, M.B., Ch.B., Registrar, Royal Edinburgh Hospital, Edinburgh.
Proposed by Drs. Sallie Gray, J. Le Gassicke, J. Booth.

GREENBANK, RICHARD KELLY, B.A., M.D., Assistant Professor of Psychiatry, Temple University Medical Centre, Philadelphia, U.S.A.
Proposed by Drs. J. A. Koltes, W. G. Burrows, R. Fox.

HAFTER, SARA SHEILA, M.D., Clinical Administrator, Chestnut Lodge Sanitarium, Rockville, Maryland, U.S.A.
Proposed by Professor G. M. Carstairs, Drs. C. B. Kidd, H. J. Walton.

HAILSTONE, JOHN DONOVAN, B.Sc., M.B., B.S., M.R.C.S., L.R.C.P., Psychiatrist, Middletown State Hospital, Middletown, New York, U.S.A.
Proposed by Drs. Elizabeth Shoenberg, J. Pippard, A. G. Mezey.

HAYWARD, PAUL WILLIAM EANDLEY, M.B., Ch.B., Registrar, Rosslynlee Hospital, Roslin, Midlothian.
Proposed by Drs. A. B. Hegarty, W. M. Mason, W. D. Boyd.

KINROSS-WRIGHT, JOHN, M.A., B.M., B.Ch., M.R.C.S., L.R.C.P., D.P.M., Professor of Psychiatry, Baylor Univ. College of Medicine, Houston, Texas, U.S.A.
Proposed by Drs. W. Sargant, M. Partridge, W. G. Burrows.

LEE, GAM POY, M.B., Ch.B., Psychiatrist, Seacliff Psychiatric Hospital, Seacliff, New Zealand.
Proposed by Drs. M. H. De Groot, R. W. Medlicott, W. Ironside.

LLOYD, HELEN, M.B., B.Ch., B.A.O., D.P.M., Assistant Medical Officer, St. Loman's Hospital, Mullingar, Eire.
Proposed by Drs. B. Perry, G. J. Coghlan. J. D. Hayes.

MULCAHY, MICHAEL DONAL, M.B., M.R.C.P.I., D.P.H., D.P.M., Medical Director, Lota Hospital for Mentally Handicapped Children, Glanmire, Cork; Consultant Psychiatrist, St. Joseph's, Clarinbridge, Eire.
Proposed by Drs. J. D. Sullivan, Mary Sullivan, A. Walk.

MURRAY, CYRIL VICTOR, M.B., D.P.H., Diploma in Psychiatry (Toronto), Clinical Teacher, Department of Psychiatry, University of Toronto, Canada.
Proposed by Professor A. B. Stokes, Drs. W. G. Burrows, R. Fox.

PATRY, FREDERICK LORIMER, M.B., M.D., Consultant Psychiatrist, Manatee Memorial Hospital, Bradenton, Florida; and Veterans Administration, St. Petersburg, Florida, U.S.A.
Proposed by Drs. J. A. Sours, W. G. Burrows, R. Fox.

RICHMAN, ALEX, M.D. Diploma in Psychiatry (McGill), Assistant Professor, Department of Psychiatry, Faculty of Medicine, University of British Columbia, Canada.
Proposed by Drs. E. L. Margetts, W. G. Burrows, R. Fox.

ROSS, JOSIAH, B.Sc., M.B., B.Ch., Registrar, Bethlem Royal and Maudsley Hospitals; 71 Courtlands Avenue, London, S.E.12.
Proposed by Drs. R. F. Hobson, W. Warren, B. Davies.

SATTEN, JOSEPH, M.D., Director, Department of Social Psychiatry, The Menninger Foundation, Topeka, Kansas, U.S.A.
Proposed by Drs. E. J. Anthony, W. G. Burrows, R. Fox.

SZYRNSKI, VICTOR, Ph.D., M.D., F.R.C.P.C., Professor and Head, Department of Psychiatry, School of Medicine, University of North Dakota, U.S.A.
Proposed by Drs. W. G. Burrows, R. Fox, H. Jacobs.

WOOD, JAMES FALCONER, M.B., Ch.B., Registrar, Ross Clinic, Cornhill Road, Aberdeen.
Proposed by Professor W. M. Millar, Drs. J. G. Henderson, J. Leckie.

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Report of Council Proceedings

In the absence through illness of the General Secretary, Dr. W. Warren read the Report of the Council Proceedings.

Council met at 11 Chandos Street on 14 November.

The question of merit awards was further considered and it was agreed that steps should be taken to make the regional advisers more fully acquainted with the procedure they should follow.

The Finance Committee reported that the Association's registration with the local authority under the Charities Act, 1960, had been completed; also that a handsome legacy of about £20,000 in shares had been made to the Association by the late Dr. R. G. Blake-Marsh.

The Editor-in-Chief said he would welcome further correspondence from members for publication in the *Journal* or the Supplement.

The Registrar reported a successful two-day Maudsley Bequest lecture course in psychology, arranged by Dr. Denis Leigh, and a recent two-day course in psychiatry for general practitioners.

The Education Committee reported that representatives of the Association had met representatives of the Ministry of Health to discuss the future needs of psychiatric nurse training, and also that the the new edition of the *Nurses' Handbook* would soon be published. Dr. Walk had been re-appointed to the General Nursing Council.

The Parliamentary Committee reported that while the Ministry of Health had stated that there were no plans to amend the law as to the voting rights of patients in psychiatric hospitals, the Scottish Home and Health Department on the other hand did consider that such amendment was needed.

Further facts were brought to the Committee's notice relating to the Leeds Regional Hospital Board's questionnaire issued to nurses, from which it appeared that this formed part of an investigation conducted by two members of the Association, and that the co-operation of the medical and nursing officers had in fact been sought.

Council approved the interim report of the Parliamentary Committee embodying its comments on the Porritt Report. It was agreed that this should be sent to the constituent bodies of the Porritt Committee and also circulated to all members. It was recommended that discussions should take place in the Divisions, and that in the light of these discussions the Parliamentary Committee should at a later date put forward positive recommendations on the future of the Mental Health Services.

The question of legal liability in relation to the giving of E.C.T. under anaesthesia had been discussed at the Committee. Council decided to appoint a small Special Committee to consider this matter afresh and make recommendations.

The Papers and Discussions Committee reported that the February Meeting would be devoted to the subjects of clinical trials in psychiatry and of behaviour therapy. At the May meeting in Cardiff the morning session would be devoted to social psychiatry and the afternoon session to a discussion of the indications for and implications of drug therapy in depressions.

The Association has been invited to support the National Association for Mental Health in inviting the World Federation of Mental Health to hold its next Congress in London in 1968. Council agreed to this and expressed their willingness to help in the planning of the Congress.

Council considered a further communication from the Association's solicitors regarding minor amendments to the Bye-Laws which had been proposed by the Privy Council. These were approved.

The Chairman of the Organizing Committee of the Sixth International Congress of Psychotherapy, 1964, reported that plans are now well advanced and that a second circular was about to be sent out.

The Joint Committee of the R.M.P.A. and the Society of Medical Officers of Health reported that progress is being made in the preparation of a memorandum on co-operation in after-care.

Recommendations were made by Council for appointments to Regional Hospital Boards and to the Board of Governors of the Bethlem Royal and Maudsley Hospitals.

PAPERS AND DISCUSSION

"The Future of Organized Psychiatry"

(This discussion will be reported *in extenso* in a Special Supplement to be issued later this month.)

MAUDSLEY LECTURE

In the afternoon, Sir Geoffrey Vickers, *V.C.*, delivered the thirty-eighth Maudsley Lecture entitled **"The Psychology of Policy Making and Social Change".**

In proposing the vote of thanks, Prof. Denis Hill said that Sir Geoffrey Vickers had unusual qualifications as Maudsley Lecturer, for he combined in his person not only the mind and training of the lawyer but also the knowledge and social conscience of a humanistic scientist. It must be very rare for the soldier-lawyer to turn social scientist and social engineer, but this was in fact what Sir Geoffrey Vickers had done. It required a philosophical turn

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of mind far beyond that of the common run of men, as well as considerable courage.

Prof. Hill continued: "There is no doubt about the latter, for you will know that he was awarded a Victoria Cross for gallantry in the First World War. I don't think he can have been more than 20 at the time. The pathway from soldier-lawyer to humanistic scientist has been an unusual one, but I suspect that for Sir Geoffrey the decisions were taken during the Second World War when he found himself directing affairs in the Ministry of Economic Warfare, or perhaps it was on the Coal Board, of which he was member and the legal adviser soon after the war. It must have been a major step to move from the direction of human affairs in the abstract to the study of how people living and working together do so happily or unhappily.

"Sir Geoffrey was one of a small group of laymen who made possible the creation of the Mental Health Research Fund, and he has been the Chairman of its Research Committee from the beginning. Those of you who have read the reports of the various conferences of the Fund will know that he has been no sleeping partner. Not only has he chaired all their conferences but he has taken an active part in debate and contributed significant papers of his own. Sir Geoffrey Vickers has been a great champion of psychiatry and of psychiatric research in this country. He has been tireless in his efforts on our behalf, and I for one know that his influence behind the scenes has been very great. As the lay member of the M.R.C. during the years 1952-60 he exercised continuous pressure to bring about what can be called the break-through into psychiatric research at the national level. Psychiatry has had to compete with industry for Sir Geoffrey's interest and time and he has been much in demand on both sides of the Atlantic. I think on the whole psychiatry has had its fair share of him, and we are proud to claim him now as one of our senior statesmen. His lecture today has given us, once again, a measure of his quality. The remarkable intellectual exercise which he has displayed to us today is the result of a scholar taking the theory of cybernetics and applying it to the problems of social interaction and of policy making. The message in this lecture will reach, I am sure, a far wider audience than we have in this hall today—indeed far wider than we psychiatrists can provide. Sir Geoffrey has told me that it was J. Z. Young, another of our Maudsley Lecturers, who first interested him in cybernetics. Yet it must be clear that Sir Geoffrey's thinking has ranged into fields of human activity not encompassed either by the engineers or the physiologists.

"It seems to me that this lecture is especially important to psychiatrists at the present time. Never before has our subject changed at such a rapid rate—new ideas, new forms of treatment, new policies about mental health are appearing each year. It is well that we should look at and try to understand all 'appreciative systems'—try to determine what are the 'norms' by which we are steering, what are the factors which make these norms and how far off-course we may be.

"At the 1958 Stress Conference at Oxford, of which Sir Geoffrey was chairman, he gave a provocative paper in which he anticipated, in miniature, the far wider-ranging thoughts which he has given us today. We are indeed very grateful to him that he should have made this the occasion to give them."

The vote of thanks was carried by acclamation.

Seminars

Seminars were held on the 14 November, at the Wolfson School of Nursing, Westminster Hospital. The subjects and speakers were as follows:

"The Westminster Day Hospital"
Dr. Gerald Garmany

"Migraine—Psychosomatic Investigation"
Dr. J. S. Whiteley

Anorexia Nervosa—Aetiology, Treatment and Follow-up
Dr. Peter Dally

Abbreviated Forms of Psychotherapy
Dr. Anne Darquier

WINTER QUARTERLY MEETING

The Winter Quarterly Meeting was held on 13 February, 1964, at the Royal Society of Medicine, London, under the Presidency of Professor Desmond Curran.

Minutes

The minutes of the previous meeting had not yet been published in the *Journal* and were not, therefore, signed.

Obituary

The President announced with regret the death of the following members:

Darlington, Arthur, B.A., M.B., B.Ch., D.P.H., D.P.M., formerly of the Mendip Hospital, Wells. An Ordinary Member since 1926.

Hegarty, Denis, M.B., B.Ch., B.A.O., D.P.M., Acting Branch Resident Medical Superintendent

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