In the evening Members were royally entertained by the Board of Management and the Physician Superintendent to a dinner and dance. The Chairman of the Board of Management, Mr. C. B. McCombie, J.P., welcomed the guests to the Hospital, and Provost Wotherspoon extended a welcome from the town of Inverness. The Chairman of the Northern Regional Hospital Board, Mr. E. McIntosh, proposed the "Toast of the Association", to which the President, Professor John Dunne, replied, and the "Toast to the Guests", which was proposed by the Vice-Chairman of the Board of Management, Mr. E. Smith, was answered by Mr. D. J. MacDonald, Rector of the Royal Academy, Inverness. At the conclusion of the dinner the Physician Superintendent, Dr. Martin Whittet, thanked the speakers and welcomed the guests on behalf of all the hospital staff. The beauty of the setting, the ceremonial entry of the pipers, and the friendly welcome given to the guests were but a few of the very many pleasant factors which went toward making this an unforgettable evening.

On the following day the ladies of the Association took great pleasure in the tour of the surrounding countryside, including Loch Ness and Glen Doe, which had been arranged for them. They returned to the Hospital in time to join the rest of the party for another most enjoyable luncheon.

At the close of the Meeting the President, on behalf of the Association, expressed the grateful thanks of the Members to the Chairman and Board of Management, and to the Physician Superintendent, Dr. Martin Whittet, and the Hospital Staff for all that had been done to make their stay so happy and pleasant.

ONE HUNDRED AND FIFTEENTH ANNUAL MEETING

THE ONE HUNDRED AND FIFTEENTH ANNUAL MEETING of the Association was held on Tuesday, Wednesday, Thursday and Friday, 17, 18, 19 and 20 July, 1956, at 11 Chandos Street, Cavendish Square, London, W.1, and at Warlingham Park Hospital, Surrey, under the Presidency of Thomas Percy Rees, O.B.E., M.D., F.R.C.P., D.P.M.

TUESDAY, 17 JULY

Meetings of Committees and Council were held at 11 Chandos Street. In accordance with the new arrangements agreed for the Annual Meeting, Seminars were also held on this day and there was a very good attendance at each Session. Subjects and Speakers were as follows:

Morning

"Scope and Limitations of Hypnosis"

Speakers: Professor A. Kennedy,
Drs. D. Stafford-Clark and A. A. Mason.

Chairman: Dr. William Moodie.

Afternoon

"Common Marital Problems in Psychiatric Practice"

Speakers: Drs. H. V. Dicks, E. F. Griffith and J. F. Lovel Barnes.

Chairman: Dr. J. D. Sutherland.

In the evening the President-Elect entertained Members of Council to Dinner at the Café Royal, and at the kind invitation of Mrs. T. P. Rees, wives of Council Members attended a performance of the Ballet at the Royal Festival Hall.

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WEDNESDAY, 18 JULY,
AT WARLINGHAM PARK HOSPITAL, SURREY

Morning Session

Professor John Dunne, M.D., B.Ch., D.P.M., D.P.H.,
retiring President, in the Chair.

MINUTES

The Minutes of the One Hundred and Fourteenth Annual Meeting held in Dublin in July 1955, having been published in the Supplement to the October 1955 *Journal of Mental Science*, were taken as read and confirmed and signed by the President.

OBITUARY

The President announced with regret the loss by death of fifteen members during the past year, some of them being of outstanding repute:

DR. GOVIND ANANT BHAGWAT, formerly Superintendent, Central Mental Hospital, Yeravda, Poona, India; an Ordinary Member since 1945.

DR. NATHAN DEMBOVITZ, Assistant Psychiatrist, Wimbledon and St. George's Hospitals; an Ordinary Member since 1951.

Dr. HANS EVENSEN, Commissioner in Legal Medicine for Norway; a Corresponding Member since 1930.

DR. MURIEL BARTON HALL, Psychiatrist, Royal Liverpool Children's Hospital; an Ordinary Member since 1945.

DR. JAMES STANLEY JOHNSON, Deputy Medical Superintendent, Winterton Hospital; an Ordinary Member since 1935.

DR. ISABELLA MADDOX, formerly Medical Superintendent, Grove House, Church Stretton; an Ordinary Member since 1923.

DR. J. E. MALLESON, Medical Officer, Obstetrical Unit Contraception Clinic, University College Hospital; an Ordinary Member since 1954.

DR. EGAS MONIZ, Professor of Neurology, Faculty of Medicine, Lisbon, Portugal; an Honorary Member since 1947.

DR. JOHN CARR OSBORNE, Director, Lindville Private Mental Hospital, Blackrock Road, Cork; an Ordinary Member since 1933.

DR. F. F. PACTET, Honorary Physician, Seine Mental Hospitals; an Honorary Member since 1922.

DR. JOYCE PARTRIDGE, Medical Officer, Withymead Centre; an Ordinary Member since 1954.

PROFESSOR ALEXANDER PILCZ of Vienna; a Corresponding Member since 1909.

DR. F. REITMAN, formerly Director of Clinical Research, Netherne Hospital; an Ordinary Member since 1939.

DR. DALTON ERIC SANDS, Physician Superintendent, St. Ebba's Hospital, Epsom; an Ordinary Member since 1935.

PROFESSOR V. VUJIC, Professor of Neurology and Psychiatry, Belgrade; an Ordinary Member since 1948.

ELECTION OF OFFICERS AND COUNCIL

It was moved from the Chair:

(*a*) THAT the Officers of the Association for 1956–57 be:

PRESIDENT: T. P. Rees, *O.B.E.*, M.D., F.R.C.P., D.P.M.

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VICE-PRESIDENTS AND DIVISIONAL CHAIRMEN:

Alexander Walk, M.D., D.P.M. (South-Eastern).

I. Atkin, M.D., D.P.M. (South-Western).

G. McCoull, *O.B.E.*, V.R.D., M.D. (Northern and Midland).

E. J. C. Hewitt, M.D., D.P.M. (Scottish).

J. FitzGerald, B.Sc., M.D., D.P.M., D.P.H. (Irish).

PRESIDENT-ELECT AND GENERAL SECRETARY:

R. W. Armstrong, M.A., M.D., D.P.M.

IMMEDIATE PAST-PRESIDENT: John Dunne, M.D., B.Ch., D.P.M., D.P.H.

TREASURER: Thomas Tennent, M.D., F.R.C.P., D.P.H., D.P.M.

REGISTRAR: William Sargant, M.A., M.D., F.R.C.P., D.P.M.

EDITOR-IN-CHIEF: G. W. T. H. Fleming, M.R.C.S., L.R.C.P., D.P.M.

LIBRARIAN: Alexander Walk, M.D., D.P.M.

DIVISIONAL SECRETARIES:

G. Somerville, M.D., D.P.M. (South-Eastern)

R. G. McInnes, F.R.C.P.E., D.Psych. (South-Western).

G. M. Woddis, M.R.C.S., L.R.C.P., D.P.M. (Northern and Midland).

M. M. Whittet, M.R.C.P.E., F.R.F.P.S.G., D.P.M. (Scottish).

Mary Sullivan, M.B., B.Ch., B.A.O., D.P.M. (Irish).

(*b*) THAT the Representative Members of Council for 1956–57 be:

DIVISIONS: Drs. Rosalind Bearcroft (South-Eastern), C. P. Seager (South-Western), H. B. Kidd (Northern and Midland), C. B. Robinson (Irish), A. C. Tait (Scottish).

SECTIONS: Professor F. L. Golla and Dr. T. J. Hennelly (Research and Clinical), Drs. T. F. Main and D. V. Martin (Psychotherapy and Social Psychiatry), Drs. K. Cameron and J. G. Howells (Child Psychiatry), Drs. R. G. Blake Marsh and A. Shapiro (Mental Deficiency).

(*c*) THAT the Nominated Members of the Council for 1956–57 be:
Drs. Doreen Firmin, W. Rees Thomas, E. B. Strauss, K. K. Drury, T. M. Cuthbert and Professor Martin Roth.

(*d*) THAT the Parliamentary Committee be re-appointed:

ADDITIONS: Professor John Dunne, Dr. A. B. Monro.

RESIGNATION: Dr. Helen Boyle.

(*e*) THAT the Education Committee be re-appointed:

ADDITIONS: Professors John Dunne, J. Elkes and G. R. Hargreaves, Drs. T. M. Cuthbert and W. Warren.

RESIGNATION: Dr. Mildred Creak.

(*f*) THAT the Library Committee be re-appointed.

(*g*) THAT the Papers and Discussions Committee be re-appointed:

ADDITIONS: Professors G. R. Hargreaves and Martin Roth.

(*h*) THAT the Finance Committee be re-appointed:

ADDITION: Dr. Rosalind Bearcroft.

RESIGNATION: Dr. Vera Norris.

(*i*) THAT the Journal Committee be re-appointed.

The motions were carried unanimously.

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Annual Reports of the Council, Officers and Standing Committees

(*a*) Council

The General Secretary, Dr. R. W. Armstrong, read the Report of the Council as follows:

The Council has to report that on 1 January, 1956, the Membership of the Association was 1,412. The figures for the past five years are:

	1952	1953	1954	1955	1956
Ordinary Members	1,183	1,207	1,242	1,284	1,345
Honorary Members	23	24	26	26	27
Corresponding Members	33	36	36	37	37
Associate Members	3	3	3	3	3
Totals	1,242	1,270	1,307	1,350	1,412

The Council held its Quarterly Meetings on 10 November, 1955, and 8 February, 16 May and 17 July, 1956. At the first of the Meetings it was learned with pleasure that the Association's year had started off most auspiciously with the successful Study Tour of Holland in which forty Members took part. This was the last tour to be organized by Dr. Isabel Wilson before her retirement as Study Tours Secretary, and the Council wishes to record its sincere thanks for all that she has done to ensure the success of the Association's Study Tour scheme throughout her term of office.

On 11 November a large and appreciative audience attended at the Barnes Hall to hear Sir Russell Brain deliver the 1955 Maudsley Lecture, his subject being "Perception and Imperception".

As usual, the two London Meetings of the year were preceded by Two-Day Lecture Courses. These will be reported on in detail by the Registrar, but the Council is pleased to note their continuing popularity as evidenced by the large audiences attending each course.

The May Meeting for 1956 was held at the most northerly Mental Hospital in the British Isles. The Board of Management of Craig Dunain Hospital, Inverness, and the hospital staff led by the Physician Superintendent, Dr. Martin Whittet, welcomed the Association with traditional Scottish hospitality, and all those who were fortunate enough to attend were most grateful for the fine social and scientific programme which had been arranged for their benefit.

As usual, the Council's work throughout the year has touched on many and varied aspects of importance in the specialty of psychiatry. The beginning of the year brought the satisfactory settlement of the question of the retiring age and superannuation rights of medical Mental Health Officers. This had been the subject of long and protracted negotiations throughout the previous year, and resulted in the Medical Whitley Council (Committee B) making a recommendation which will mean in effect that medical Mental Health Officers, while retaining their special superannuation benefits, will have the right to continue in the hospital service until 65 if they so desire, but will retain the existing right to retire on pension from the age of 55 onwards where they have sufficient qualifying service.

The recommendations made by the Guillebaud Committee in their report on the cost of the Mental Health Service have been carefully studied, in the first instance by the Parliamentary Committee, and the Council has approached the Ministry of Health about various matters which require special attention in the light of the particular needs of Mental and Mental Deficiency Hospitals. After discussing principles of medical administration in the light of the Guillebaud Committee's and Bradbeer Committee's recommendations, the Council has approached the Ministry of Health to point out that under present conditions there is insufficient incentive to the younger consultant to become acquainted with medical administrative problems in Mental

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and Mental Deficiency Hospitals. It was suggested that consideration should be given to offering some practical encouragement to younger psychiatrists to gain the administrative experience which would fit them for Physician Superintendents' posts.

After a study of the Guillebaud Committee's recommendations on methods by which specialist advice should be available to Regional Hospital Boards, the Council has approached the Ministry with a view to securing the proper representation of psychiatry at this level. The recommendation that the Medical Officer of Health should be as of right a member of the Medical Staff Committee, and should be empowered to take charge in the event of an outbreak of infection, has also been taken up with the Ministry, and in this connection the special responsibilities of Physician Superintendents of Mental and Mental Deficiency Hospitals have been pointed out.

Several factors of great importance to the future staffing of the psychiatric services have been studied during the year. At the request of the General Medical Council, proposals were submitted for amendments and additions to the current "Recommendations as to the Medical Curriculum". The Association's proposals, which were in agreement with those put forward by the Association of Teachers of Psychiatry in Undergraduate Medical Schools, were aimed at securing a more adequate coverage of psychiatry in the General Medical Curriculum.

Secondly, the Joint Committee of the British Medical Association and of this Association has studied the question of future manpower in the specialty of psychiatry and has submitted to the Medical Manpower Committee proposals aimed at securing increases in present figures to supply current shortages and to meet the future expansion of the Mental Health Services.

The particular needs of Child Psychiatric Services in the future have also been brought before the Council, and two Memoranda relating to this subject, prepared by the Child Psychiatry Section, were approved for circulation to all interested bodies. The first of these dealt with the provision of training facilities for consultant status in Child Psychiatry, and the second was on the whole subject of "The Provision of Psychiatric Services for Children and Adolescents".

The Council has continued to consider the problem of the Shortage of Mental Nurses. Last year the Association's Memorandum on the subject reviewed the whole problem of the shortage, and made recommendations aimed at alleviating it. This Memorandum was widely welcomed and has played its part with other independent surveys on the work of the Mental Nurse (such as the Oppenheim, Liverpool and Manchester reports), in making the need for a reform in basic psychiatric nursing training generally recognized.

This year it was decided to amplify the Association's general recommendations on the need for reform in the training programme, and a small sub-committee of the Education Committee therefore set to work to consider what was required of the psychiatric nurse, and to produce a model curriculum in keeping with these requirements. The Committee produced a most valuable document on these lines, which was approved by the Council for circulation to all Nursing Councils and all those concerned with nursing training. As it is understood that the General Nursing Council for England and Wales is already engaged in the revision of the curriculum, it is hoped that a reformed scheme of training will soon be put in practice by them, and will play an effective part in overcoming present shoratages. The Council would like to express their appreciation to all members of the sub-committee who produced the Association's proposals for a reformed scheme, and in particular to thank Dr. Walk for his work in reshaping the curriculum, both as a member of the Association's sub-committee and of the General Nursing Council.

The recommendation that there should be a Higher Diploma in Mental Nursing, which was also contained in last year's Memorandum on the Nursing Shortage, has been considered by a small sub-committee, and their contacts with various outside organizations concerned have shown that there is a good deal of interest in and support for such a scheme. However, although the Council approved in principle the institution of such a Higher Diploma, it was decided not to proceed further with

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this matter until after the General Nursing Council had published its proposals for reform in the basic training scheme.

The question of the training of Mental Welfare Officers has continued to be studied by the Association's representatives, in conjunction with the National Association for Mental Health, the Society of Mental Welfare Officers and other interested organizations. It was at first hoped that a training scheme drawn up by the Joint Committee last year might be speedily implemented, but this has not been possible owing to the fact that, as the Minister of Health explained to the representatives of this Association and the National Association for Mental Health who interviewed him, the Ministry's policy on the training of Mental Welfare Officers is not likely to be announced until the Working Party on the Social Services has published its report. In view of these altered circumstances, it is likely that a fresh approach to this problem will have to be considered.

Throughout the year the Council has been mindful of the need to maintain close contact with other Associations and organizations to ensure an exchange of views on common interests and problems. Liaison with the British Psychological Society has been maintained, and in addition a Joint Committee has been set up with the Association of Psychiatric Social Workers, and it is hoped to have a similar form of contact with the Society of Medical Officers of Health. The Association has also approached the College of General Practitioners with a view to making a combined study of a Memorandum on "Psychiatry and the General Practitioner", which reached the Royal Medico-Psychological Association via the Standing Mental Health Advisory Committee.

The Council has approved the re-arrangement of the Annual Meeting programme. Seminars were arranged for the first day of the Meeting, usually confined to Committee and Council Meetings only, and the last day has been given up entirely to the Sections, for each to arrange a programme to cover the special interests of its members. The result of these innovations will be watched with interest, and it is hoped that they will make the Meeting of the maximum usefulness to all those attending.

It is a matter of satisfaction to the Council that the Association's accounts continue to show a good balance in hand, and they wish to congratulate the Treasurer whose care has ensured this sound state of affairs.

The main events of the Council's year having been related, it remains to record their thanks to the Standing Committees and their Sub-Committees who as usual have put in the vital preliminary work which has greatly facilitated the formulation of final decisions by the Council. They also wish to express their appreciation of the work which is done by the Divisions and Sections and especially to thank the Chairmen and Secretaries for their hard work in ensuring the success of these activities. A brief report from each Section will be read at the end of this chronicle, and perhaps it should be stressed here that the reason the very full activities of each Division are not being detailed is that the Minutes of each Divisional Meeting are given in full in the Supplement to the *Journal of Mental Science*.

The Report of yesterday's Meeting of Council is as follows:

Arising from the Guillebaud Committee Report, the Council considered a recommendation made in the Report that Medical Officers of Health should be empowered to take charge in the event of an outbreak of infection in any hospital, and that they should be given an honorary appointment on the Medical Staffs of Hospitals. The Ministry of Health has consulted the Association about this recommendation, and it was decided to put forward the opinion that, while the help and opinions of the Medical Officer of Health should be sought in the event of an epidemic at a Mental Hospital, there can be no question of his superseding the overriding authority of the Physician Superintendent. On the other point it was decided to advise the Minister that the Medical Staff Committees of Mental Hospitals were the appropriate bodies to elect the Medical Officer of Health to their membership.

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Drs. Armstrong, Howells and Strauss were appointed to meet representatives of the College of General Practitioners to discuss the Memorandum on Psychiatry and the General Practitioner.

The Council instructed that four Members who were in arrears with their subscription and had not responded to the final request which had been sent to them, should have their names removed from the Association's Roll of Members.

The Treasurer reported that the rates payable on the offices at 11 Chandos Street had been more than doubled by the recent revaluation, and he was advised that there was little hope of an appeal against this decision unless the constitution of the Association were to be radically altered.

The Council noted with pleasure the improved position with regard to the finances of the *Journal of Mental Science*, and agreed to send a letter of good wishes to Dr. G. W. T. H. Fleming, the Editor-in-Chief, who is at present convalescing after an operation.

The Registrar reported that there had been two entrants for the Gaskell Prize and one for the Bronze Medal, but that no award had been made in either case. The Council decided to circularize psychiatric hospitals in order to make these awards more widely known.

The Registrar also reported that he hoped to arrange a three-day Lecture Course in November, and that in September, 1957, it was hoped, jointly with the Royal Society of Medicine, to arrange a meeting at which some of the visitors to Europe for the International Conference at Zurich would be invited to speak.

On the recommendation of the Education Committee the Council decided to endorse in principle the General Nursing Council's proposals for reform in the Psychiatric Nursing Curriculum and Examinations; the Sub-Committee which drew up the Association's own scheme were asked to consider the proposals in detail and submit any comments to the General Nursing Council.

The Education and Parliamentary Committees had both recommended the setting up of a special committee to consider and report on the whole position of social workers in the field of Mental Health, and to submit further evidence to the Younghusband Working Party, and Drs. Harris, FitzGerald, Crawford, Skottowe, Walk and Shapiro were appointed to serve on this committee.

The work of the Sub-Committee on Educational Films is continuing and it is hoped to hold a programme of films in connection with the Maudsley Bequest Lectures.

The work of the Sub-Committee on Eclectic Psychotherapy has continued and their final report will be considered by the Council at the November Meeting.

The Guillebaud Committee's recommendations on medical and psychiatric membership of Regional Hospital Boards and Hospital Management Committees was considered at the request of the Ministry of Health. While it was felt that in the main the position as regards R.H.B.s was satisfactory, it was less so in the case of Hospital Management Committees, many of which did not contain 25 per cent. of Medical members, or have on them any whole-time psychiatrists, including Physician Superintendents. The Council decided to make representations to the effect that:

(*a*) As regards Regional Hospital Boards, if medical membership were to be limited to 25 per cent. this should not be done at the expense of psychiatric representation.

(*b*) as regards Hospital Management Committees, that membership should be raised to 25 per cent. wherever practicable; that psychiatric representation on H.M.C.s of all groups including psychiatric hospitals is desirable, and that Medical Superintendents and other full-time officers should not be excluded from membership.

The Parliamentary Committee had considered the Postmaster-General's rules and the practice of his Department in dealing with accounts operated by certified and voluntary patients. On their recommendation the Council agreed that no action could be taken at present, but that after the Royal Commission's Report had been

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published an approach might be made to the appropriate Government Departments with a view to codifying and rationalizing the laws and regulations on patients' civil status and financial affairs.

The subject of rents charged for Medical Superintendents' houses was considered and it was agreed that the greatly increased charges made by some Regional Hospital Boards should be referred for consideration by the Standing Joint Committee with the B.M.A. and the Joint Consultants' Committee, and that a direct approach should be made to the Ministry of Health.

The subject for the November Papers Session will be, "The Principles of Medical Administration in Mental Hospitals", and at the February Meeting both sessions will be on "The Practical Application of Psychotherapy".

The Study Tours Sub-Committee is arranging for a Tour of this country by Swiss Psychiatrists in the Spring of 1957. There will be no Study Tour abroad next year, but there may be a Tour of Scotland in the following year.

The Council recorded with pleasure their congratulations to the Hon. Librarian, Dr. Walk, on the continuing high standard of the Association's Library.

The Standing Joint Committee of this Association and the B.M.A. Psychological Medicine Group has considered and endorsed the Association's recommendations on the subject of incentives to younger psychiatrists to train to become Physician Superintendents.

A report was received from the Association's representatives who had been appointed to meet the Society of Medical Officers of Health, and it stated that a wide measure of agreement had been reached as to the common interest of the two bodies in the province of Mental Health. In particular it was felt by the Council that the subject of Social Work in the field of Mental Health was an appropriate one for a joint discussion between the two bodies and it was decided to propose this to the Society of Medical Officers of Health.

The Council considered a resolution from the Mental Deficiency Section on the subject of the Board of Control Circular on the question of licensing of Mental Defectives from Mental Deficiency Hospitals. It was noted with satisfaction that it had been arranged for Mental Deficiency Section Representatives to meet Dr. Rees Thomas later on in the week in order to discuss the points made in the Circular.

The conditions of service for Teachers of the Mentally Handicapped were carefully considered, but it was felt that the Council was not the appropriate authority to initiate the re-opening of discussions on this subject.

The Council took notice of the following Conferences:

11 August. The European League of Mental Hygiene, Annual Meeting in West Berlin. Dr. Wilson has kindly agreed to represent the Association on this occasion.

12–17 August. World Federation of Mental Health, 9th Annual Meeting in West Berlin. The Council agreed to ask Dr. Wilson if she would kindly act as the Association's representative.

30 August–4 September. The Society of Alienists and Neurologists of France, 54th Annual Meeting at Bordeaux. The Council would be glad to hear of members who wish to attend this meeting with a view to their being appointed the Association's delegate.

The dates for the May Meeting, 1957, were fixed for 1 and 2 May.

REPORTS OF SECTIONS

Research and Clinical Section

The Section Executive Committee met twice during the year, and Open Meetings were arranged by the two Section Sub-Committees; at the Clinical Psychiatry Meeting,

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