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SUPPLEMENT

JANUARY, 1938.

THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION.

QUARTERLY MEETING.

THE QUARTERLY MEETING of the Association was held at 11, Chandos Street, W. 1, on Wednesday, November 24, 1937, the President, Dr. DOUGLAS MCRAE, in the Chair.

The minutes of the previous meeting, having already been published, were taken as read and approved.

OBITUARY.

The PRESIDENT said it was his painful duty to draw the members' attention to the fact that since the last meeting two members had died. One was Sir Arthur Rose, an Honorary Member. He had been Chairman of the Board of Control, Scotland, for fifteen years, and as many would well remember, he was a most excellent chairman, extremely sympathetic, and taking a great interest in everything connected with mental disease in Scotland. He also held other appointments, the effect of which was to make him a very conspicuous figure in Scotland. He suggested that the Association send a letter of condolence to his widow and family.

This was agreed to.

The other member who had passed away was Dr. J. F. B. Pieterson, who had been a member since 1888. He assumed that in this case also members would wish a letter of condolence and sympathy to be sent to his widow.

This was agreed to.

PRESENTATION TO DR. REGINALD WORTH, *O.B.E.*, PAST-PRESIDENT.

The PRESIDENT : I have now a very pleasant duty to perform, namely, to make a presentation on your behalf to Dr. Worth, our late General Secretary and President. It may astonish some of you to know that Dr. Worth was once a clinical assistant of mine at Wakefield, more than forty years ago. Many Wakefield men have held office in the Association, and in one year—1923—you had as officers simultaneously : as President, Edwin Goodall, as General Secretary, Reginald Worth, as Registrar, Daniel Rambaut, and as Editors, Devine and McRae, all "brought up" at Wakefield. I take it you will appreciate the fact that, having Dr. Worth as our Secretary for seventeen years, you took the precaution of seeing that he came out of a good training school. Some of us can remember that in the early phase of Dr. Worth's sphere of office this Association was going through very rough weather. Interest in it was fading away, the meetings were not very well attended, and there was a general lack of enthusiasm in psychiatry in those days. Dr. Worth's job was an exceedingly difficult one for many a long year. But being as I knew him a bowler who could break from the off or from the leg without you or I knowing how it was coming, he showed the same trait when he was negotiating delicate problems with other bodies who came into contact with our Association. We have had no man in our history who has done more real spade-work for the Association.

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I have now great pleasure in asking Dr. Worth to come up here and be presented with a cheque, as the most handsome honorarium which we, a financially poor people, can present. It is done, Dr. Worth, with the greatest pleasure, and we hope you will long be spared to enjoy your retirement. I hope you will go on bowling to the end with the same success as, I remember, you did at Wakefield.

Dr. G. W. SMITH said : I can only add my meed of praise for all the work which Dr. Worth has done for the Association. I agree with all that has been said by the President, but I am not so much concerned with Worth's work as a medical man or as Secretary of this Association ; what I have appreciated was that he was a very good friend, a very good sportsman, and he conducted all his work with a tolerance and sincerity which went to the point direct. Above everything, he has been a staunch and loyal friend to all of us. We have enjoyed his society enormously, and we join with our President in wishing him prolonged health in his retirement.

The PRESIDENT then presented Dr. Worth with the cheque.

Dr. WORTH said : I thank Dr. McRae for the very kind words which he has said about me. It is true we were associated at Wakefield, and he was the first member of the Association that I ever knew ; we have known each other for, I think, forty-two or forty-three years, and I have always wondered why I, his junior, or his " clinical " as it was called, came to be made President before him. It was my privilege to serve from 1919 to 1936 as General Secretary, and subsequently as President. That was a privilege, because I had the opportunity of meeting so many good friends, and wise counsellors. The probabilities are that I should not have taken the interest in psychiatry which I have done in recent years had it not been for meeting my fellow workers. It was a surprise to me when, in 1919, the late Dr. Steen approached me with the offer of the Secretaryship of the Association. I never knew why it was offered me, and I accepted the post, more or less under protest, knowing nothing of the procedure of the Association. That was in 1919, and I had then been a member of the Association nineteen years. The work was rather different in those days, as the General Secretary had to do everything himself, and one of the most difficult tasks was to write up the minutes, which were so often delayed to the last moment that the ink was scarcely dry when I had to read them to the meeting.

Many changes have occurred during my term of office, the most important of which was, I think, the granting of the Royal Charter. It would take me too long to mention the activities of the Association in the period during which I was privileged to take part, but perhaps the one which I disliked most was the negotiations with the General Nursing Council, which at that time was ruled by a body of autocratic women who would not give way one inch. There have also been some amusing episodes, the chief of which has been the state of anxiety—I may even say of terror—of all presidents-elect, their fears and doubts, and the anxious letters I got from them. I think we may claim, however, that each of our annual meetings has turned out a success.

I have to thank presidents and members alike for their kindly assistance and forbearance, and I would like to mention two of the most ardent supporters of the Association, the late Colonel Lord, and Sir Hubert Bond. Sir Hubert is a visionary, but always to good purpose, a great supporter of procedure, and a man always alert in promoting the honour and dignity of the Association, and whose help has been ungrudgingly given on many occasions.

I must not forget to mention the permanent officials of the Association. The late Dr. Miller was a very grand fellow, and so is Dr. Rambaut, who, I am sorry to learn, is not well. There was Dr. Chambers, who looked after the investments of the Association, and Dr. Smith, who is now doing the same. With all these our work has been done in harmony and friendship. I want also to mention the help given for so long by my friend Mr. Dickinson, not only in taking our reports, but for his advice on many occasions ; and, in later years, Miss Higgins's help as Assistant Secretary.

My own personal activities are now coming to a close, having completed over

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forty years of service, the last twenty-five of which I have been Superintendent. Your kind recognition of my services I shall always value, and I hope to procure something material which I can hand down to posterity. I again offer my thanks to you, combined with the hope that the Association will prosper and take an ever greater part in the advancement of psychiatry. To my secretarial successor, Dr. Masefield, I wish the same unfailing help and support which have been accorded to me. I am glad that an old and constant supporter of the Association, Dr. Gilmour, is to be our President next year. Mr. President and members of the Association, I thank you.

Illness of Dr. Rambaut.

The President said that before passing on to the next item he felt it his duty to report that the Registrar, Dr. Rambaut, was at the moment seriously ill. He was sure it was the wish of members that a message should be sent to Mrs. Rambaut expressing the Association's sympathy and the hope for his recovery.

This was agreed to.

Matter Arising Out of the Council Meeting.

Dr. Masefield asked for the indulgence of the meeting, as some of the meetings of the Council went on almost until the time appointed for the General Meeting; that day it had not closed until nearly 2 o'clock.

In view of the sad news regarding Dr. Rambaut's state of health, the Council had decided to ask Dr. Norman Phillips, his deputy at St. Andrews, to carry on in the interim as Acting Registrar.

The Special Sub-Committee appointed by the Educational Committee to consider the question of the conduct of examinations had submitted a report, and it had been decided to send a copy of it to the heads of all training schools for their observations, so that the matter might come up for discussion again at the February meeting.

The Handbook Sub-Committee reported that good progress was being made with the new editions.

The Research and Clinical Committee reported with great satisfaction that Prof. Golla's negotiations with the Rockefeller Institute had resulted in the sum of £1,775, extending over a period of three years, being granted towards the creation and maintenance of a research bureau, that sum to be administered by this Association. The grateful thanks of the Council were accorded to Prof. Golla for this extraordinarily useful and fine work on behalf of the Association.

The Research and Clinical Committee brought forward a resolution that the Boards of Control, in both England and Wales and in Scotland, be approached to ascertain what conditions prevail in various areas with regard to the setting up of psychiatric units in connection with universities and local authorities, and a deputation to the two Boards was envisaged.

On the recommendation of the Parliamentary Committee it was resolved to take counsel's opinion as to the amount of protection afforded by their committee to officials with regard to the treatment of patients in mental institutions against legal action arising out of their employment.

It was reported that a letter had been received from the Ministry of Health on the subject of nominations to serve in connection with the General Nursing Council. Dr. Collins had been the delegate of the Association for some time past, and he was asked to allow his name to go forward. If it was found that he was unable to take up the position, Dr. Saxty Good was recommended as the second name.

At the request of the Mental Hospitals Association, Dr. Menzies, Dr. Collins and Dr. Worth—if the latter would allow his name to go forward—were elected to attend the Joint Conference of the Mental Hospitals' Officers Association and the Mental Hospital Workers' Union on questions connected with the Asylums Officers' Superannuation Act, 1909.

It was reported that a letter had been received on the question of the inadequacy

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in numbers of medical officers in mental hospitals, arising out of a speech made by the Chairman of the Board of Control at the annual meeting of the Mental Hospitals Association, and the Council were asked to put forward the names of five members of the Association to attend a conference with the Mental Hospitals Association on this subject. The names of Dr. Duncan, Dr. Petrie, Dr. Brooks Keith, Dr. Fleming and Sir Hubert Bond were put forward, but there was a little doubt whether Sir Hubert Bond could see his way to take part, in which case the Hon. General Secretary (Dr. Masefield) would fill the gap.

A Joint Committee had been formed on the question of the recruitment and training of mental hospital nurses. This concerned the Mental Hospitals Association and the Mental Hospital and Institutional Workers' Union, and this Association had been asked to take part with them and to appoint three members. Dr. Petrie, Dr. Drury and Dr. Masefield were nominated.

Election of New Members.

The President appointed as scrutineers for the ballot Dr. Ford-Robertson and Dr. T. Lindsay.

The following were unanimously elected members of the Association:

Bonnell, Jane, M.Sc., A.I.C., M.R.C.S., L.R.C.P., Medical Officer, Royal Eastern Counties Institution, Colchester.
Proposed by Drs. F. Douglas Turner, E. J. Fitzgerald and E. Benjacar.

Child, John Peto, B.M., B.Ch.Oxon., M.R.C.P., Assistant Medical Officer, West Park Hospital, Epsom.
Proposed by Drs. Norcliffe Roberts, J. S. Harris and J. S. Lloyd.

Frost, Isaac, B.Sc., M.B., B.S.Lond., M.R.C.S., L.R.C.P., D.P.M., Assistant Medical Officer, Friern Hospital, New Southgate, N. 11.
Proposed by Drs. J. R. Whitwell, J. B. Strafford Lewis and A. Walk.

Laughland, William Walker, M.B., Ch.B., Capt. I.M.S., Medical Superintendent, Yeravda Mental Hospital, Poona.
Proposed by Drs. K. K. Drury, D. Prentice and W. Gordon Masefield.

Rao, S. Venkata Subba, M.D., D.P.M., Superintendent, Government Mental Hospital, Kilpauk, Madras.
Proposed by Drs. H. S. Hensman, W. Gordon Masefield and R. M. Macfarlane.

Thorley, Arnold Stanley, M.B., B.S., M.R.C.S., L.R.C.P., D.P.M., Assistant Medical Officer, Friern Hospital, New Southgate, N. 11.
Proposed by Drs. J. Brander, G. L. Cutts and T. Tennent.

Wilson, Alexander Hogarth, M.B., Ch.B., D.P.M., First Assistant Medical Officer, Darenth Park, Dartford.
Proposed by Drs. J. K. C. Laing, W. Robinson and B. Cates.

Also the following candidates, whose names had appeared on the Agenda of the Autumn Meeting of the South-Eastern Division, but whose election had been postponed pending consideration of their eligibility by the Council:

Meyer, Alfred, M.D.Bonn, Assistant to the Pathologist, L.C.C. Central Pathological Laboratory, Maudsley Hospital, Denmark Hill, S.E. 5.
Proposed by Drs. Golla, Walk and Macfarlane.

Freudenberg, Rudolf, M.D.Freiburg, Advisory Physician to Moorcroft House, Hillingdon, Uxbridge, Middlesex.
Proposed by Drs. R. J. Stilwell, G. W. B. James and A. Tandy Cannon.

Paper and Discussion.

"The Control of Dysentery by Prophylactic Inoculation," by Dr. K. C. L. Paddle, *M.C.*, Medical Superintendent, Botleys Park Colony, Surrey C.C. (see p. 134).

The President, in calling upon Dr. Paddle, said that it was only fair to point out that the paper should have been read at the Annual Meeting at Ayr, but was crowded out. The paper was considered to be too important to be discussed

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when there was such a short time available. Dr. Paddle had been kind enough to agree to its postponement to this meeting.

The Maudsley Lecture.

The Eighteenth Maudsley Lecture was delivered in the Barnes Hall of the Royal Society of Medicine on Thursday, November 25, 1937, by Prof. F. L. Golla, M.A., M.B., B.Ch., F.R.C.P.

The Chair was taken, in the absence of the President, by Sir Hubert Bond.

The Chairman apologized for the absence of the President, who had been obliged to return to Ayr. He referred to Prof. Golla's work as Director of the L.C.C. Central Pathological Laboratory, and to the way in which members were continually indebted to him for constant help, guidance, direction and suggestion.

Prof. Golla then delivered the lecture, entitled "**Science and Psychiatry**" (see p. 4).

The Chairman said that although it did not fall to him to express the members' thanks, it was permitted to him, as the unexpected occupant of the chair, to express his own thanks for an unforgettable lecture. As one of those well on in life it was pleasant for him to hear one like Prof. Golla ready to uphold the teaching of some of their forbears, who forbade us to look upon mental disorder as a thing affecting but a part of a person. Their old teachers used to tell them that the insane man was insane from head to foot. Prof. Golla might have been iconoclastic, but if he had, then with every act of destruction he had given something to be put in its stead.

Dr. John Brander, in proposing a vote of thanks to the lecturer, said that he did so with very real feeling, because he was one of those who had been privileged to have contact with Prof. Golla for a good many years now; he was one of those who had learned to regard him as physician, scientist, philosopher, and a very human man, one who was always ready to assist others to make their contribution to the sum of knowledge. He was not unwilling, sometimes, to discourage and restrain when unwarrantable theories were forthcoming; that was all to the good, and was inseparable from his outlook. He, the speaker, fancied that some present might feel, as he did, that they had been in the past playing with the broken arcs of the personality, and Prof. Golla had been trying to help them to envisage the perfect round.

He was sure that the lecture offered to all of them a tremendous incentive to review their outlook and their approach to their fellow men, whether normal or abnormal, and for that he was sure everybody must be as grateful as he was.

He would also like to remind them that whilst Prof. Golla had looked down upon them from the heights of Olympus that afternoon, he yet had a very practical understanding of the needs of psychiatry, and only recently he had secured very practical assistance for further research in psychiatry. For that, also, they were very grateful to him.

So for Prof. Golla's lecture, for all that he had done in the past for psychiatry, and for the stimulation he had given them to-day for further effort, he wished to propose the heartiest vote of thanks.

The vote was carried by acclamation, and Prof. Golla briefly returned thanks.

SOUTH-EASTERN DIVISION.

The Autumn Meeting of the South-Eastern Division of the Royal Medico-Psychological Association was held by the courtesy of Drs. R. J. Stilwell and G. W. B. James, at Moorcroft House, Hillingdon, Middlesex, on Wednesday, October 13, 1937.

In the forenoon members inspected Moorcroft House and grounds, and visited the Occupational Centre, while a small party visited Hayes Park.

The Divisional Committee of Management met at 1.15 p.m.

Members and their guests were entertained to luncheon.

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