MACKEY, KENNETH HALFORD, M.B., B.S., D.P.M., Associate Student at the Tavistock Clinic; 1 Grove-dale Road, London, N.19.
Proposed by Drs. J. D. Sutherland, D. C. Wallbridge, R. H. Gosling.

MACLACHLAN, THOMAS KAY, M.B., Ch.B., M.R.C.P.E., Registrar, Maudsley Hospital, Denmark Hill, London, S.E.5.
Proposed by Drs. J. G. Hamilton, L. K. Hemsi, R. V. Gillan.

MANSOUR, NASRAT TAWFIQ LUFTI, M.B., Ch.B., Clinical Assistant, Springfield Hospital, London, S.W.17.
Proposed by Drs. I. C. Lodge Patch, K. H. Anderson, H. C. Beccle.

MINDHAM, RICHARD HUGH SHIELS, M.B., B.S., M.R.C.P., D.C.H., Senior House Officer, York Clinic, Guy's Hospital, S.E.1.
Proposed by Drs. D. Stafford-Clark, M. S. Perinpanayagam, J. G. Edwards.

MINTON, NATHANIEL DAVID, M.R.C.S., L.R.C.P., Registrar, Goodmayes Hospital, Ilford, Essex.
Proposed by Drs. R. C. Gledhill, Eva Waller, J. E. M. A. Glancy.

PICTON-JONES, JENNIFER, M.B., B.S., Registrar, Warlingham Park Hospital, Warlingham, Surrey.
Proposed by Drs. J. D. W. Fisher, A. R. May, C. E. Salter.

RAHMAN, REZAUR, M.B., B.S., Student, Institute of Psychiatry, Maudsley Hospital, Denmark Hill, London, S.E.5.
Proposed by Drs. R. Gillan, L. K. Hemsi, B. M. Barraclough.

SAKINOFSKY, ISAAC, M.D., D.P.M., Senior Registrar, Maudsley Hospital, Denmark Hill, London, S.E.5.
Proposed by Drs. S. H. Foulkes, M. G. Gelder, E. Moran.

SAMUEL, RAHAMIN BENJAMIN, M.B., B.S., Registrar, Long Grove Hospital, Epsom, Surrey.
Proposed by Drs. A. B. Monro, L. J. Clein, A. A. Black.

SANDERSON, ALAN LINDSAY, M.B., B.S., M.R.C.P., D.P.M., Senior Registrar, St. Olave's Hospital, London, S.E.16.
Proposed by Drs. A. J. Oldham, R. F. Hobson, I. M. Marks.

SCHIFF, ANTHONY ADAM, M.R.C.S., L.R.C.P., Senior House Officer, Goodmayes Hospital, Ilford, Essex.
Proposed by Drs. B. Gordon, G. J. Goldberg, J. E. M. A. Glancy.

TAMMES, BRUIN, M.B., Ch.B., Registrar, Napsbury Hospital, near St. Albans, Herts.
Proposed by Drs. A. M. Edwards, J. H. Patterson, G. S. Gladstone.

WARD, DERMOT JOSEPH, L.R.C.P.&S.I., D.P.M., Long Grove Hospital, Epsom.
Proposed by Drs. L. J. Clein, H. H. Steadman, H. Conitzer.

YUEN, SZE MING, M.B., B.S., D.P.M., Registrar, Warlingham Park Hospital, Warlingham, Surrey.
Proposed by Drs. C. E. Salter, E. Shammas, A. R. May.

Drs. Russell Barton, Richard Fox and Anthony Whitehead then read papers on **"Why the numbers of beds are falling"**, an analysis of the rapid reduction of beds at Severalls Hospital from 1,822 in 1957, to 1,184 in 1965.

In this stimulating and interesting paper, Dr. Barton analysed the factors, historical and current, responsible for the fall in the psychiatric population of Severalls Hospital. This was followed by a close statistical analysis of the trend and a description of the facilities for rehabilitation by Dr. Richard Fox, while Dr. Anthony Whitehead paid special attention to geriatric problems.

A description of the operation of Section 29 of the Mental Health Act was then read by Dr. Hardie.

An intense and searching discussion followed these papers in which many members of the audience took part. In particular the rehabilitation services of Severalls Hospital were enquired into and psycho-geriatric problems further discussed. In his reply, Dr. Russell Barton emphasized the importance of the unit firm system and of the necessity for psychiatrists to work in both community and hospital environment.

In conclusion, Dr. S. W. Hardwick expressed his thanks to the speakers for their most stimulating paper. Dr. L. C. Cook, in seconding the vote of thanks, praised the work done by the staff of Severalls and expressed the hope that the lessons learned would prove to be of interest and practical use to the attending audience.

SOUTH-WESTERN DIVISION

THE AUTUMN MEETING of the South-Western Division was held at Moorhaven Hospital, Ivybridge, Devon, on Thursday, 8th October, 1964, by kind invitation of the Hospital Management Committee and Dr. Francis Pilkington, Physician Superintendent.

During the forenoon, members were shown round the Hospital. At lunch, members and guests were welcomed by Mr. John Trahair, Chairman of the Hospital Management Committee. The Divisional Chairman, Dr. A. J. Galbraith, in replying, thanked him, Dr. Pilkington and the Hospital Management Committee for their cordial hospitality.

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Members then proceeded to the Nuffield Clinic in Plymouth for the afternoon meeting, and all were most impressed with this new comprehensive Community Mental Health Centre, which they were conducted round later in the afternoon.

Before the Meeting began, the Chairman commented on the sad loss the Division and the Association had sustained in the death of Dr. W. S. Maclay, the previous Divisional Chairman and President-Elect of the Association, and he asked members and guests to stand in respect.

The Chairman welcomed Councillor Mrs. Osborn, Chairman of the Nuffield Clinic Management Committee, and Mr. John Trahair, Chairman of the Moorhaven Hospital Management Committee.

Report of the Divisional Committee of Management

The Divisional Secretary reported that the Committee had met before lunch.

(*a*) They suggested that the following nominations be submitted for Hospital Boards:
South Western: Professor D. Russell Davis and Dr. Francis Pilkington; *Welsh:* Dr. J. P. Spillane and Dr. T. P. Riordan.

(*b*) Their nominations for Divisional Office-bearers would be circulated to members before the Spring Meeting in accordance with Bye-law 34(1).

(*c*) Surgeon Commander G. G. Wallis was due to retire from the Committee and was not eligible for re-election and Dr. J. B. Gordon Russell had taken up a new appointment in Australia. It was recommended that Colonel Desmond Murphy, Dr. B. Mandelbrote and Dr. A. Flood be invited to serve on the Committee.

(*d*) The Proceedings of the last two meetings of Council were discussed.
The Committee expressed continued concern at the drift of Psychiatric Social Workers from the Hospital Service to the Local Health Authorities and trusted that every possible means would be taken to persuade the Ministry to rectify this situation.

(*e*) The Secretary was asked to draw Members' attention to Bye-Law 75 which states that all papers read at General, Section and Divisional Meetings shall be the property of the Association and shall not be published elsewhere than in the *British Journal of Psychiatry* without the previous consent of the Editor-in-Chief. Council considered that this Bye-Law had outlived its useful life and that the Editor-in-Chief should be allowed to make his consent automatic. From now on such consent should be taken as being given in advance.

(*f*) The Committee considered it advisable that all psychiatric hospitals be asked to approach a department of anaesthesia to organize short courses of training in anaesthetic techniques related to E.C.T. with special reference to resuscitation procedures.

(*g*) A circular from Council relating to the use of Section 30(2) of the Mental Health Act was discussed. It was hoped that all members, where necessary, would bring this matter to the attention of their Hospital Management Committees.

(*h*) It was decided to approach Dr. Lindsay Walker to ask if he could accommodate the Spring, 1965, meeting at Gloucester early in April.

The report of the Divisional Committee of Management was approved by the meeting.

Election of Candidates to Ordinary Membership

The following Candidates were elected to Ordinary Membership:

CLARKE, JOHN, M.D., D.P.M., Consultant Psychiatrist, Herefordshire Group of Hospitals; "Rosebank", Canon Pyon, Herefordshire.

DAVIES, RICHARD GLANVILLE, M.R.C.S., L.R.C.P., Officer Commanding, Royal Victoria Hospital, Netley.

EDWARDS, HUGH, M.B., B.S., M.R.C.S., L.R.C.P., Senior House Officer, Whitchurch Hospital, Cardiff.

HARCOMBE, JOHN SAMUEL RICHMOND, B.M., B.Ch., 15 Salisbury Road, Cosham, Hampshire.

HARRIS, ANTHONY DUDLEY, M.R.C.S., L.R.C.P., D.P.M., Senior Registrar, Littlemore Hospital, Oxford.

INCEMAN, HUBERT, M.B., B.S., M.R.C.S., L.R.C.P., Senior Medical Officer, Bradwell Grove Hospital, Burford, Oxon.

SARKAR, PARESH NATH., M.B., B.S., Junior Medical Officer, Powick Hospital, Worcester.

SCOTT-BROWN, ALASTAIR WILLIAM, M.B., Ch.B., Medical Officer, Royal Victoria Hospital, Netley.

TARLO, LEONARD, B.A., M.B., B.Ch., B.A.O., D.P.M., Consultant Psychiatrist, Mid-Worcestershire Group of Hospitals; 55 Tagwell Road, Droitwich.

THOMAS, EBENEZER FRANCIS, M.R.C.S., L.R.C.P., D.P.M., Senior Medical Officer, Maindiff Court Hospital, Abergavenny.

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Thornber, Doreen Rosemary, M.B., B.S., Junior Medical Officer, St. James's Hospital, Portsmouth.

Tilling, Keith John, M.B., B.S., D.P.M., Senior Medical Officer, Fair Mile Hospital, Wallingford, Berkshire.

Torrance, Lionel Stanley, M.B., Ch.B., L.M., D.P.M., Senior Medical Officer, H.M. Prison, Winchester.

Wood, John, M.B., Ch.B., Registrar, Moorhaven, Hospital, Ivybridge, S. Devon.

Papers and Discussion

The Functions of a Comprehensive Community Mental Health Centre and a Review of the First Twelve Months' Work at the Plymouth Nuffield Clinic.

Dr. Francis Pilkington first gave a short history of the development of the Nuffield Clinic project, the concept of which began as a method of overcoming the separation of the family doctor, hospital services and local health authorities.

The building was designed to provide an integrated centre for a psychiatric social work service for adults, a day hospital for psychiatric patients, a therapeutic social club, consulting rooms for individual psychotherapy, and a child guidance clinic in a separate part of the same building. It would act as a focal point for all the community mental health services and a meeting place for discussion into the wider range of mental health problems.

The building was completed in January, 1963, received its first patients in February and was formally opened by the Minister of Health in April, 1963.

The Nuffield Trust Grant included a sum for research, and this was being used to carry out an evaluation of the effect of the work of the Centre over a three-year period. The Medical Research Council were undertaking the epidemiological aspects of this study.

The Nuffield Clinic was managed by a Joint Management Committee consisting of three hospital representatives and three from the Local Authorities. Dr. Pilkington stressed that this was essential for the proper functioning and development of the Clinic.

Dr. Kenneth Weeks presented a picture of the Centre in its first year in action. He was assisted by various members of the clinical team whom he introduced in turn. He said that the aims of such Community Centres had been well summarized by the World Health Organization, and included the prevention, early detection and treatment of psychiatric disorders and social maladjustments; the organization of after-care and social rehabilitation; and a centre for the training of allied personnel and for public information.

The adult day hospital at the Nuffield Clinic could deal with a daily attendance of 50–60 patients; 169 patients had been referred in the first year, 50 from out-patient departments, 75 on discharge from the psychiatric hospital and 35 from Psychiatric Social Workers and Mental Welfare Officers.

Mr. David Loman, the Charge Nurse, spoke on the nursing aspects and how these differed from those of the hospital. The role of the nurse was a very wide one, with an emphasis on the social aspects. All types of psychiatric patient had been accepted, with the exception of the subnormal. All the nurses had made visits to patients' homes and the male staff nurse spent one whole day per week on community after-care. A certain number of patients were allotted to each nurse. Shaving and bathing facilities were available daily for geriatric and deteriorated patients.

Miss Wicks, the Head Occupational Therapist, gave an account of the full and varied occupational, recreational and social programme. The group of elderly patients benefited greatly from support and companionship. For housewives, there were regular shopping trips for selected cases, hairdressing facilities, dressmaking and cookery sessions. Activities for the male patients included woodwork, some upholstery and industrial work. This latter had been found to be specially valuable for the elderly. Social Club activities were organized by a patients' committee. Various trips were organized, some of which were educational.

Dr. Weeks discussed the work of the Mental Welfare Officers and introduced Dr. Norman Matthewson, the Medical Officer in Charge of the Plymouth Mental Health Department, who gave an account of the part he played in the Community Mental Health programme.

Miss Chamney, a Hospital Psychiatric Social Worker, commented on the role of the P.S.W. and Mr. Holwell described the very comprehensive record system which was kept.

The Staff of the Children's Section comprised one Psychiatrist, one Psychologist, and two P.S.W.s, one of whom, Miss Anderson, then reviewed the advantages of the Child Guidance Clinic being situated in the same building and the benefits of the close liaison with other workers in the field.

Miss Hassell, of the Medical Research Council, gave an account of the research project attempting to evaluate the functioning of the Centre. The various items under study were (*a*) the effect of the Day Centre on long-stay population of Moorhaven

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Hospital, (*b*) the length of stay of all patients admitted to Moorhaven and whether the average length of stay was being affected by the Centre, (*c*) a survey of what happened to the patient after discharge, and his future contacts with the psychiatric services, and (*d*) a review of patients attending the out-patient clinics to ascertain if there were any changes in the type of referral and in the treatment recommended.

Dr. Weeks then gave a brief summary and enumerated other work carried out in 1963 not previously mentioned. This was mainly concerned with the field of prevention and involved contacts with and teaching of a wide variety of social agencies.

Dr. O. S. Fitzgerald, in proposing a vote of thanks to the various speakers, remarked that the fact that this large sum of money had been so readily donated by the Nuffield Trust was a tribute to Dr. Pilkington's standing and reputation in psychiatry. The method of presentation was very impressive, and illustrated so well the team approach. The vote of thanks was seconded by Dr. S. MacKeith.

NORTHERN AND MIDLAND DIVISION

THE AUTUMN MEETING of the Northern and Midland Division held at Moston Hospital, Chester, on Wednesday, 14th October, 1964, by kind invitation of the Hospital Management Committee.

The Meeting began with a tour of inspection of the hospital, after which the business session was held.

It was reported that Dr. Hugh L. Freeman had agreed to represent the Division on the Psychotherapy and Social Psychiatry Section Executive.

Report of the Divisional Committee of Management

The Divisional Committee of Management had met on the previous evening. It was reported that a letter had been received from Dr. Monro regarding the recommendation of the Northern and Midland Division (Item 6 in the Minutes) that the names of Regional representatives on Merit Awards should be known to all consultants of each Region. Dr. Monro indicated that this point had been carefully considered by Council at its meeting in November, 1963, and that although Dr. Monro would be fully prepared to place the resolution to Council again, he asked that further consideration be given to the matter. Full discussion took place and it was decided not to press for the matter to be sent to Council at this stage, but that the important point at issue was that the Regional representatives should be fully conversant with the work and progress of all consultants of an individual Region. The Secretary was asked to write to Dr. Monro to enquire as to the present method of transmission of such information and to suggest more positive methods whereby communications in this regard could be improved.

The question of election of Officers and Bye-Law 34 was fully discussed and it was decided that, in future, all elections of members and Officers would take place at the Spring Meeting and the Secretary was asked to arrange this. The Committee reviewed all existing Officers and, as all were eligible for re-election, agreed to nominate them for the ensuing year 1965/66.

The Divisional Representative on Council presented a summary of Council's discussions and decisions at the Annual Meeting.

Election of Candidates to Ordinary Membership

The following were elected:

ADELSTEIN, ABRAHAM MANIE, M.D., D.P.M., Lecturer, Department of Social and Preventive Medicine, University of Manchester.
Proposed by Drs. J. Hoenig, G. Hopkinson, G. Sedman.

ALLEN, CLIFFORD EDWARD, M.D., M.R.C.S., L.R.C.P., D.P.M., Honorary Consultant Psychiatrist, Dreadnought Seamen's Hospital; 39 Whitchurch Road, Chester.
Proposed by Drs. J. Flind, W. L. Neustatter, J. C. M. Wilkinson.

BAKER, HAZEL BERTHA, M.B., B.S., M.R.C.S., L.R.C.P., D.P.M., Senior Medical Officer, Staffordshire Child Guidance Clinic; Rockville, Oakhurst, Lichfield.
Proposed by Drs. J. L. Clegg, Eleanor Rolston, M. R. Morton.

COTTER, ROBERT, M.B., Ch.B., D.P.M., 73 Endborne Road, Orrell Lane, Liverpool.
Proposed by Drs. S. Falk, J. T. Elliott, A. Walk.

CUNNINGHAM, ROBERT CAMPBELL, M.B., Ch.B., D.P.H., D.P.M., D.P.A., Medical Superintendent and Consultant Psychiatrist, Royal Albert Hospital, Lancaster.
Proposed by Drs. W. Graham, E. W. Anderson, G. Hopkinson.

DAWES, ALFRED JOSEPH, M.B., B.S., M.R.C.S., L.R.C.P., Clinical Psychiatrist, The Central Hospital, Warwick.
Proposed by Drs. C. Tetlow, E. S. Stern, K. R. Thomas.

DUFFY, JOHN PETER, M.B., Ch.B., M.R.C.P.E., Registrar, Department of Psychological Medicine, Newcastle General Hospital, Newcastle-upon-Tyne.
Proposed by Drs. D. W. K. Kay, J. L. Gibbons, K. Schapira.

DUNN, WILLIAM, M.D., D.P.M., Medical Superintendent, Aycliffe Hospital, Darlington.
Proposed by Drs. J. C. Little, G. E. Duggan-Keen, T. M. Cuthbert.

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