# *Acronyms*

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|---|---|
| ACP-UK | Association of Clinical Psychologists UK |
| ACT | Acceptance and Commitment Therapy |
| ASPD | Antisocial Personality Disorder |
| BACP | British Association for Counselling and Psychotherapy |
| BPS | British Psychological Society |
| CAMHS | Child and Adolescent Mental Health Services |
| CAPA | Choice and Partnership Approach |
| CAT | Cognitive Analytic Therapy |
| CBT | Cognitive Behavioural Therapy |
| CMHT | Community Mental Health Team |
| CORE | Clinical Outcomes in Routine Evaluation |
| CQUIN | Commissioning for Quality and Innovation |
| DBT | Dialectical Behaviour Therapy |
| DClinPsy | Doctorate in Clinical Psychology |
| DCoP | Division of Counselling Psychology |
| DCP | Division of Clinical Psychology |
| DHP | Division of Health Psychology |
| DNA | Did Not Attend [a therapy appointment] |
| DSM | *Diagnostic and Statistical Manual for Mental Disorders* |
| DSPD | Dangerous and Severe Personality Disorder |
| EBM | Evidence-Based Medicine |
| GP | General [Medical] Practitioner |
| HCPC | Health and Care Professions Council |
| HEAT | Hospital Efficiency and Access Targets |
| IAPT | Improving Access to Psychological Therapies |
| ICD | *International Classification of Diseases* |
| LDP | Local Delivery Plan [Standards] |
| MHA | Mental Health Act [of England and Wales] |
| NHS | National Health Service |
| NICE | National Institute for Health and Care Excellence |



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| NIMHE | National Institute for Mental Health in England |
| PHQ-9 | Patient Health Questionnaire [nine-item version] |
| PTMF | *Power Threat Meaning Framework* |
| PWP | Psychological Wellbeing Practitioner |
| RCPsych | Royal College of Psychiatrists |
| RCT | Randomised Controlled Trial |
| SLA | Service Level Agreement |
| SSRI | Selective Serotonin Reuptake Inhibitor |
| TNA | Treatment Needs Assessment |
| UKCP | United Kingdom Council for Psychotherapy |

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