To the Editors of "THE JOURNAL OF MENTAL SCIENCE."

SIRS,—A recent number of "Truth" quoted an opinion as having been given verbally to the Editor by a specialist in insanity who had written a book on Asylum Management.

As I am the author of the only book published with this title, the opinion in question has naturally been attributed to me. Will you allow me to state that I am not the specialist referred to, that I did not give the opinion, and that I am not personally acquainted with anyone on the staff of "Truth?"

Yours, &c.,

CHAS. MERCIER.

REST AND EXERCISE.

Dr. Batty Tuke sums up his conclusions in regard to the treatment he advocates in certain cases of nervous and mental disease as follows:—"My belief is that the success of treatment by rest (which, it may be freely submitted, is founded on Weir Mitchell's system, with, however, considerable modification) has depended, first, on the opportunity given by rest for the storing up of energy, and for the slight call made on the system for the restoration of waste; second, on stimulus from without having been reduced to a minimum; and, thirdly, on the action of therapeutic agents having been assisted by rest. It appears to me that the sum of these conditions has conduced to reduction of the primary morbid action, to procuring rest to the cell and arrest of the degradation of its processes, and, where such morbid processes have occurred to any extent, to restoration of constituents and reconstruction of the nervous arc.

"I only referred to early idiopathic cases in addressing the members of the Medico-Psychological Association. I may say, however, that I have applied the same system, with certain therapeutic modifications, to many other forms of insanity with satisfactory results—as regards percentage of recoveries and rapidity of cure. Time did not serve to go into further particulars, and, for the purposes of that discussion, it was unnecessary, for I am willing to take my stand on the particular class of case then adduced."

EXAMINATION FOR THE CERTIFICATE IN PSYCHOLOGICAL MEDICINE.

The following candidates were successful at the examination held on the 18th July, 1895:—

ENGLAND.

Examined at Bethlem Hospital, London: Henry E. Blandford, George W. F. Macnaughton, James Ferdinand Rudall.

SCOTLAND.

Examined at the Royal Asylum, Edinburgh: David Orr, David James Graham, Walter H. Cox, William James Penfold, Alexander Henry Edwards, Thomas Yeates, Thomas Grainger.

Examined at the Royal Asylum, Aberdeen: Richard A. Coles, C. A. Barclay Laing, James F. Philip.

IRELAND.

Examined at St. Patrick's Hospital, Dublin: Henry Marcus Eustace.

The following were the written questions:—

1. Describe an attack of *petit mal*, and point out the dangers to which patients suffering from this malady are subject.

2. Describe Alcoholic Insanity, and mention how it resembles and differs from General Paralysis.

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