Emotion Regulation and Parenting

Emotion Regulation and Parenting provides a state-of-the-art account of research conducted on emotion regulation in parenting. After describing the conceptual foundations of parenthood and emotion regulation, the book reviews the influence of parents' emotion regulation on parenting, how and to what extent emotion regulation influences child development, and cross-cultural perspectives on emotion regulation and highlights current and future directions. Drawing on contributions from renowned experts from all over the world, chapters cover the most important topics at the intersection of parenting and emotion regulation. Essentials are explored, as well as current, topical, and controversial issues, pointing both to what is known and what requires further research. This title is part of the Flip it Open Programme and may also be available Open Access. Check our website Cambridge Core for details.

ISABELLE ROSKAM is a professor of developmental, parenting and gender psychology, Université catholique de Louvain, Belgium. She is the author of more than 100 peer-reviewed books and book chapters on child behavior and emotions, parenting, and parental burnout and is associate editor of family and child psychology journals. She is co-leader of the International Investigation on Parental Burnout.

JAMES J. GROSS is the Ernest R. Hilgard Professor of Psychology at Stanford University, USA, where he directs the Stanford Psychophysiology Laboratory. His research focuses on emotion regulation, and he has over 600 publications, which have been cited over 200,000 times.

MOÏRA MIKOLAJCZAK is a professor of emotion and medical psychology at Université catholique de Louvain, Belgium. She is a leading figure in the field of parental burnout and the author of more than 150 scientific publications and of several acclaimed books. Her research is regularly featured in the media.

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Emotion Regulation and Parenting

Edited by

Isabelle Roskam

Université catholique de Louvain, Belgium

James J. Gross

Stanford University

Moïra Mikolajczak

Université catholique de Louvain, Belgium

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