Emotion Regulation and Parenting

Emotion Regulation and Parenting provides a state-of-the-art account of research conducted on emotion regulation in parenting. After describing the conceptual foundations of parenthood and emotion regulation, the book reviews the influence of parents' emotion regulation on parenting, how and to what extent emotion regulation influences child development, and cross-cultural perspectives on emotion regulation and highlights current and future directions. Drawing on contributions from renowned experts from all over the world, chapters cover the most important topics at the intersection of parenting and emotion regulation. Essentials are explored, as well as current, topical, and controversial issues, pointing both to what is known and what requires further research. This title is part of the Flip it Open Programme and may also be available Open Access. Check our website Cambridge Core for details.

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