THE

JOURNAL OF MENTAL SCIENCE

[*Published by Authority of the Royal Medico-Psychological Association.*]

SUPPLEMENT

SEPTEMBER, 1939.

THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION.

NINETY-EIGHTH ANNUAL MEETING.

THE NINETY-EIGHTH ANNUAL GENERAL MEETING was held at the Royal Pavilion, Brighton, on July 12, 13 and 14, 1939, the Chair being taken during the earlier proceedings by Dr. J. R. Gilmour, retiring President, and during the later sessions by Dr. A. Helen Boyle, the new President.

Wednesday, July 12.

MORNING SESSION.

Dr. J. R. GILMOUR in the Chair.

CIVIC WELCOME.

The MAYOR OF BRIGHTON (Councillor J. Talbot Nanson, J.P.), accompanied by a number of aldermen and councillors, attended to give the Association a civic welcome. He said that Brighton was the scene of innumerable conferences, most of them concerned with commercial and industrial aspects, but it was a peculiar pleasure to welcome one which was humanitarian in aim, and was concerned with the improvement of the lot of some of the most unfortunate of their fellow creatures.

On the motion of Dr. K. K. DRURY, a hearty vote of thanks was accorded to His Worship.

The Minutes of the previous Annual Meeting at Ilkley, were confirmed.

OBITUARY.

The PRESIDENT drew attention to the losses by death which the Association has sustained during the year. Among those who had passed from them were Dr. C. J. Shaw, Medical Superintendent at Lochgilphead, and subsequently at Montrose Royal Asylum, and Dr. T. B. P. Wilkinson, who was at Plymouth Mental Hospital. Recently the death had occurred of Havelock Ellis, who had been an Honorary Member for about fifteen years.

The members stood in silence.

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Election of Officers and Appointment of Committees.

On the motion of the President the election of the Officers of the Association for 1939–40 together with the re-appointment of the Committees was approved as follows:

President.—A. Helen A. Boyle, M.D., L.R.C.P.&S.Edin., L.F.P.S.Brux. Glas.
President-Elect.—Thomas C. Graves, B.Sc., M.D.Lond., F.R.C.S.
Ex-President.—John R. Gilmour, M.B., C.M., F.R.C.P.E.
Treasurer.—George William Smith, *O.B.E.*, M.B.
General Secretary.—W. Gordon Masefield, M.R.C.S., L.R.C.P., D.P.M.
Registrar.—H. G. L. Haynes, M.R.C.S., L.R.C.P.
Editors of Journal:
G. W. T. H. Fleming, M.R.C.S., L.R.C.P., D.P.M., Managing Editor.
Douglas McRae, M.D., F.R.C.P.E.
Alexander Walk, M.D., D.P.M.
Honorary Librarian.—James Richard Whitwell, M.B.

(*b*) That the Nominated Members of the Council for 1939–40 be:
Drs. E. P. Boyle, S. M. Coleman, A. E. Evans, J. E. Howie, J. H. MacDonald, R. G. McInnes, J. M. C. Speer, C. J. Thomas.

(*c*) That the Parliamentary Committee be re-appointed.

(*d*) That the Educational Committee be re-appointed.
Additions: Dr. R. G. McInnes, Dr. Duncan Macmillan.

(*e*) That the Research and Clinical Committee be re-appointed.
Retirements: Dr. Hunter Gillies, Dr. W. A. Potts.
Addition: Dr. R. G. McInnes.

(*f*) That the Library Committee be re-appointed.

(*g*) That the Mental Deficiency Committee be re-appointed.
Retirements: Drs. M. A. Archdale, W. R. Ashby, Norwood East, W. A. Potts.
Additions: Drs. J. S. Allen, T. Crowley, J. J. Mason, J. B. Methven, D. Prentice.

(*h*) That the Mental Nursing Advisory Committee (Official Members) be re-appointed as follows:
For England and Wales.—H. Dove Cormac, G. W. Smith, C. J. C. Earl, W. G. Masefield, S. Edgar Martin.
For Scotland.—W. M. McAlister, R. D. Hotchkis, T. C. Mackenzie, D. McRae, D. Ross.
For Northern Ireland.—F. J. Deane, D. Gardner, N. B. Graham, M. J. Nolan, J. Watson.
For Eire.—S. Blake, J. O'Conor Donelan, R. R. Leeper, P. Grace, C. J. McCarthy.

On a motion from the body of the hall, the name of Dr. T. B. Jones was added to the Mental Deficiency Committee.

Report of the Council.

The Council has to report that the number of members—ordinary, honorary and corresponding—as shown in the 1939 Year Book of the Association, was 1,036 as compared with 975 in the previous year.

The following table shows the membership during the past decade:

Members:	1929.	1930.	1931.	1932.	1933.	1934.	1935.	1936.	1937.	1938.
Ordinary	753	771	787	801	815	831	858	881	886	948
Honorary	35	36	36	37	37	36	36	37	39	37
Corresponding	31	40	46	45	43	45	48	51	50	51
	819	847	869	883	895	912	942	969	975	1,036

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The most important event of the year was the Inaugural Meeting of the Indian Division—the first Division to be founded outside Great Britain. Dr. C. J. Thomas represented the Council on this occasion and carried with him our good wishes for the future success of the Division. Dr. Thomas informs us that it was a very pleasant and interesting visit. Lt.-Col. C. Lodge-Patch, *M.C.*, L.R.C.P.&S., was elected Chairman of the Division, Dr. Banarsi Das, but for whose efforts the Division would never have been formed, was appointed Secretary. Lt.-Col. G. W. Will, R.A.M.C., Lt.-Col. J. E. Dhunjibhoy, I.M.S., and Major Moore Taylor were elected Representative Members of Council.

The centralization of the work of the Association has been in the minds of the Officers for some time past, and it was finally decided to transfer the Registrar's office to London. Unfortunately it was impossible to secure further accommodation at 11, Chandos Street, but a suite of offices was leased at No. 9, Cavendish Square, at the corner of Chandos Street. Two of these offices are occupied by the Registrar and his staff, and the third by the Research Bureau. The work of the Registrar is now in the capable hands of Dr. H. G. L. Haynes, who had many difficulties to contend with when taking office.

In February a joint meeting was held with the Medical Section of the British Psychological Society. The subject for the meeting was "Mental Nursing". The meeting, which was held at the British Medical Association House, was well attended.

Committees and Sub-Committees have been very active during the past twelve months, and the Council thanks Members for the continued interest they take in all matters relating to the Association.

The Research Bureau has supplied a vast amount of information to Medical Officers and a number of grants have been made.

At the request of the Sub-Committee to consider the problem of the Mental Nursing Service (appointed by the Inter-Departmental Committee on Nursing Services) the Association submitted a Memorandum of Evidence. Oral evidence was also given before the Sub-Committee by Drs. A. A. W. Petrie, H. G. L. Haynes and F. Douglas Turner.

At the suggestion of Sir Arthur Hall, and under his Chairmanship, a Conference was recently held at the Royal College of Physicians, with representatives of the General Nursing Council to consider the present position regarding the dual examinations.

Section 2(*d*) of the Matrimonial Causes Act continues to cause Medical Superintendents some anxiety. A letter jointly signed by the B.M.A., the National Council for Mental Hygiene, and this Association was sent to the Board of Control, asking the Board to consider amending legislation. The Council also appointed Dr. W. Brooks Keith and Dr. W. Gordon Masefield to attend a conference with representatives of the Mental Hospital Association to consider the question of fees of witnesses in petitions for divorce on the grounds of incurable unsoundness of mind.

On June 8, 1939, there was an Observation Visit to Great Barr Park Colony. Although, at the time of going to press, a full report had not been received, the Council understands that the visit was a great success, and extends its thanks to the Chairman, Committee and Medical Superintendent of Great Barr Park Colony for their generous hospitality.

Dr. A. E. Evans organized a Study Tour of Swiss Hospitals and Clinics last October. The Tour was most successful and the Council congratulates Dr. Evans on the admirable arrangements he made. Dr. Evans is now organizing a Study Tour of Mental Hospitals and Clinics in the United States, and we feel sure that this will be an equal success.

The Handbook Committee has been actively engaged in its task of rewriting the Handbooks. The Council appreciates the amount of work done by the Members of the Committee and the Contributors.

In November, 1938, Prof. D. K. Henderson, M.D., F.R.C.P.Edin., delivered the Maudsley Lecture entitled "A Re-valuation of Psychiatry". The Lecture was held in the Hall of the Royal Society of Tropical Medicine and Hygiene, and latecomers had difficulty in finding seating accommodation.

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Prof. E. Mapother, M.D., F.R.C.P.Lond., F.R.C.S.Eng., was elected Maudsley Lecturer for 1939.

The first Examination for the Certificate in Occupational Therapy was held in November and five candidates entered. Only two hospitals were recognized as Training Schools for this Certificate, but a number of applications for recognition have since been received.

The Council extends its thanks to the Members who acted as representatives of the Association on Committees and at Conferences. The Council fully appreciates the sacrifice of time and the trouble taken by these Members who give their services so generously for the benefit of the Association.

Obituary.

With deep regret the Council records the deaths of the following Members:

Honorary Member: Dr. William McDougall, Professor of Psychology, Duke University, Carolina, U.S.A.

Ordinary Members: Dr. J. W. Astley Cooper, Dr. W. J. Dodds (Member since 1879), Dr. A. R. Boyd, Dr. John Bain.

The SECRETARY (Dr. Masefield) read the Report and moved that it be adopted.

[**Agreed.**

REPORT OF THE TREASURER.

The TREASURER (Dr. G. W. Smith) submitted the Accounts and Balance-Sheet, which had been circulated. He said that in spite of an adverse balance on the year, the funds of the Association were in excellent condition. The investments stood at a rather enhanced figure, about £17,000 and there was a cash balance of £1,913. He moved that the Accounts and Balance-Sheet be adopted.

REPORT OF THE EDITORS.

The Editors beg to present their report for the year 1938.

The Journal has been issued on the 1st of the month as far as was possible.

The question of reducing the cost of production was gone into during the latter part of the year and quotations were obtained from Messrs. Adlards, Clowes, Eyre & Spottiswoode, and Bellows. Of these Messrs. Adlards were the lowest and they were instructed to continue printing the Journal. The effect of their reduction in price will not be apparent until the accounts for 1939 are presented. The previous high cost of production held until the November number. The net cost to the Association was 3*s.* 8*d.* per copy compared with 4*s.* 4*d.* in 1931.

Towards the end of the year the management of the Journal was re-arranged.

During the year there have been five issues with a total of 1,237 pages compared with 930 pages in 1931.

The Editors wish to thank all those who have so willingly helped the Journal by reviewing books and abstracting journals.

Cost of Journal, 1938–39.

1931. £ s. d.	1938. £ s. d.	*Debit.*	1939. £ s. d.	£ s. d.
	1,415 6 10	Printing, illustrations, paper, binding, reprints, postages, index, etc.	1,868 14 8	
	50 10 0	Publishers' fees . . .	50 7 0	
				1,919 1 8
1,311 15 6	1,465 16 10			

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£ s. d.	£ s. d.	Credit.	£ s. d.	£ s. d.
333 14 3	329 3 2	Sale of Journal, etc. .	375 18 9	
17 17 11	120 3 6	Advertisements . . .	101 4 0	
				477 2 9
351 12 2	449 6 8			
960 13 4	1,016 10 2	Net cost of Journal . .		1,441 18 11
4 4		Net cost per copy . .	3 8	
1 0 8	1 1 0	Cost per page . . .	1 3 3	
930	970	Size of Journal in pages .	1,237	
—	1,275	Number of copies printed per issue (6 issues)	1,325	

Dr. G. W. T. H. Fleming read the Report of the Editors and moved its adoption.

The President complimented the Editors upon the speed and punctuality with which the Journal was now being produced, and upon the success of the Journal during the year. ("Hear, hear.") [**Agreed.**

Report of Hon. Librarian.

Dr. J. R. Whitwell read the Report of the Hon. Librarian.

Report of the Library Committee.

Dr. C. F. F. McDowall reported that the Library had given satisfactory service to the members of the Association during the past year in lending, reading, reference and research. A certain number of new books have been purchased, forming a useful increase to the Library. During the year 554 books have been issued to members from the Library.

Dr. McDowall made application for a grant of £100.

The President congratulated Dr. Whitwell on the increased usefulness of the Library.

The motion to adopt the Hon. Librarian's Report with its attendant recommendation was agreed. [**Agreed.**

Report of Registrar.

Dr. H. G. L. Haynes read the Report of the Registrar, and added that the May examination of this year, which was not included in the substance of the Report, showed an increase of 400 candidates.

There was a total of 7,358 candidates for the 1938 Examinations. Of this number 4,465 were Preliminary and 2,893 Final. The candidates from Mental Deficiency Institutions numbered 1,270.

The details of the Preliminary Examination for the year 1938 were as follows:

Class of institution.	Entries.	Passes.	Percentage.
English County Mental Hospitals . . .	2,220	1,181	52·7
English Borough Mental Hospitals . . .	516	348	66·4
Registered Hospitals and Licensed Houses	202	121	59·9
Scottish Mental Hospitals	565	292	51·3
Irish Mental Hospitals	139	59	42·5
Mental Deficiency Section	823	476	57·8
Totals	4,465	2,477	55·5

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REVENUE ACCOUNT for the Year ending 31st December, 1938.

Dr. Expenditure.

1937.		£ s. d.	£ s. d.	£ s. d.
£ s. d.				
1,465 16 10	To Printing, Publication and Distribution of Journal		1,669 6 5	
2,781 14 9	„ Expenses of Examinations and Prizes		3,130 3 2	
440 9 10	„ Expenses of Annual, General and other Meetings		548 11	
	„ Loss on Study Tour		1 8 0	
	„ Library Expenses	50 0 0		
	„ *Less* Interest on £320 14*s.* 8*d.* 3½% New Zealand Stock, 1940	8 5 6		
101 9 3			41 14 6	
	„ *Expenses:* 11, Chandos Street, W. 1:			
330 0 0	Rent	330 0 0		
250 0 0	Salary	250 0 0		
15 8 8	Telephone	21 18 6		
24 8 0	Printing and Stationery	71 12 9		
4 4 0	*Repairs*	— — —		
47 14 1	Postages and Sundries	53 4 2		
			726 15 5	
13 13 0	„ Audit and Accountancy Charges		14 14 0	
155 16 3	„ Miscellaneous Expenses		246 3 8	
5,630 14 8				6,378 17 3
32 11 3	„ Depreciation of Furniture, Fixtures and Fittings			29 6 1
	„ *Balance, being Excess of Income over Expenditure for the year ending 31st December, 1937*			
63 0 6				— — —
£5,726 6 5				£6,408 3 4

Income. Cr.

1937.		£ s. d.	£ s. d.	£ s. d.
£ s. d.				
	By Interest on Investments (less Income Tax)		414 15 8	425 15 5
	„ Sale of Journal	375 18 9		329 3 2
	„ *Sale of Mott Memorial Volume*	— — —		2 16 9
	„ Royalties on Handbook and Manual	132 7 3		127 9 6
	„ Sale of Statistical Forms, etc.	3 11 2		3 1 1
	„ Advertisements in Journal	101 4 0		110 3 6
			612 1 2	
	„ Examination Receipts		3,782 3 5	3,485 2 6
	„ Members' Subscriptions		1,242 9 6	1,242 14 6
	„ Balance being Excess of Expenditure over Income for the year ending 31st December, 1938, carried to Capital Account (*see Balance-Sheet*)		355 13 7	— — —
			6,408 3 4	£5,726 5

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THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION.

BALANCE-SHEET as at 31st December, 1938.

Liabilities.

1937. £ s. d.		£ s. d.	£ s. d.	£ s. d.
	CREDITORS—			
423 12 7	Printing and Distribution of Journal		525 2 5	
248 5 0	Examiners' Fees		257 15 0	
1 11 6	Subscriptions received in advance		17 6 6	
222 7 9	Sundry		252 4 3	
895 16 10				1,052 8 2
	SPECIAL FUNDS INCOME AND EXPENDITURE ACCOUNTS—			
	Maudsley Bequest—			
	As per last Balance-Sheet	179 18 7		
	Add Excess of Income over Expenditure for year to date as per detailed Account	8 4 1	188 2 8	
179 18 7				
	The Gaskell Memorial Fund—			
	As per last Balance-Sheet	220 2 3		
	Add Excess of Income over Expenditure for year to date as per detailed Account	6 16 1		
220 2 3			226 18 4	
				415 1 0
	CAPITAL ACCOUNT—GENERAL FUND—			
	As per last Balance-Sheet		15,698 11 0	
	Less Excess of Income over Expenditure for year to date as per detailed Revenue Account		355 13 7	
15,698 11 0				15,342 17 5
	CAPITAL ACCOUNT—MAUDSLEY BEQUEST—			
2,086 5 10	As per last Balance-Sheet			2,086 5 10
£19,080 14 6				£18,896 12 5

Assets.

1937. £ s. d.		£ s. d.	£ s. d.	£ s. d.
	FURNITURE, FIXTURES AND FITTINGS, 11, CHANDOS STREET, LONDON, W. 1—			
	As per last Balance-Sheet	293 0 10		
	Less Depreciation	29 6 1		
293 0 10			263 14 9	
	LIBRARY—			
146 3 4	As per last Balance-Sheet		146 3 4	
	INVESTMENTS—			
	General Fund—			
£12,482 14 10	3½% Conversion Loan	10,470 15 2		
1,864 1 2	3½% War Loan	1,919 19 7		
634 8 3	New Zealand 3½% Stock 1940	564 12 6		
320 14 8	New Zealand 3½% Stock 1940 (Hack Tuke)	285 9 0		
103 7 2	Victoria 3% Stock 1929–49 (Dr. Paul)	56 6 6		
405 18 1	New South Wales 3½% Stock 1930–50	221 4 3		
213 18 1	Manchester Corporation 3½% Stock 1891	143 6 3		
386 0 0	London, Midland and Scottish Railway 4% Preference Stock	239 6 5		
		13,900 19 8		
	Maudsley Bequest—			
	£2,112 13 11 3½% War Loan	2,086 5 10		
			15,987 5 6	15,987 6
	Note.—The market value of the above Investments at the date of the Balance-Sheet amounted to £17,950 19*s.* 7*d.*			
	DEBTORS—			
	For Subscriptions	362 5 0		404 5 0
	Examination Fees less Expenses	60 15 10		555 15 10
	Sundry	353 0 8		392 7 6
			776 1 6	
				1,352 8 4
	"JOURNAL OF MENTAL SCIENCE"—			
	Cost of January, 1939, number carried forward		249 15 3	
	CASH			
	At Bank on Current Account	1,464 2 4		
	In Hand	9 9 9		
			1,473 12 1	1,301 16 6
			£18,896 12 5	£19,080 14 6

G. W. SMITH, *Hon. Treasurer.*

We have examined the above Balance-Sheet, dated 31st December, 1938, with the books and vouchers relating thereto. In our opinion the Balance-Sheet is properly drawn up so as to exhibit a true and correct view of the state of the affairs of the Association according to the best of our information and the explanations given to us and as shown by the books of the Association.

London Wall Buildings,
London Wall,
London, E.C. 2.
16th June, 1939.

(*Signed*) MYERS, DAVIES & CO.,
Chartered Accountants } *Auditors.*

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MAUDSLEY BEQUEST.

INCOME AND EXPENDITURE ACCOUNT for the Year ending 31st December, 1938.

1937.	Dr. Expenditure.	£ s. d.	£ s. d.
£ s. d.			
26 5 0	To Lecturer's Honorarium—Prof. D. K. Henderson ...	26 5 0	
13 4 3	„ Printing and Stationery ...	14 19 3	
3 9 8	„ Sundry Expenses	4 4 0	
			45 8 3
	„ Balance, being Excess of Income over Expenditure for the year ending 31st December, 1938... ...		8 4 1
12 9 11			
£55 8 10			£53 12 4

Income. Cr.	£ s. d.	1937. £ s. d.
By Interest on Investment (*less* Income Tax)	53 12 4	55 8 10
	£53 12 4	£55 8 10

THE GASKELL MEMORIAL FUND.

INCOME AND EXPENDITURE ACCOUNT for the Year ending 31st December, 1938.

1936.	Dr. Expenditure.	£ s. d.
£ s. d.		
6 6 3	To Examiners' Fees and Expenses ...	16 2 3
— — —	„ Prize	30 0 0
	„ Balance, being Excess of Income over Expenditure for the year ending 31st December, 1938	6 16 1
48 0 3		
£54 6 6		£52 18 4

Income. Cr.	£ s. d.	1936. £ s. d.
By Interest on Trustee Investments (*less* Income Tax) as follows:		
£370 0*s.* 0*d.* 3½ *per cent.* War Loan ...	9 8 0	9 14 0
£1,380 14*s.* 3*d.* New Zealand 3½ *per cent.* Stock, 1940...	35 12 9	36 10 10
£356 1*s.* 8*d.* Commonwealth of Australia 3 *per cent.*...	7 17 7	8 1 8
	£52 18 4	£54 6 6

The details of the Final Examination for the year 1938 were as follows :

Class of institution.	Entries.	Passes.	Distinctions.	Percentage of— Passes to entries.	Dists. to entries.	Dists. to passes.
English County Mental Hospitals	1,573	977	42	62·1	2·7	4·3
English Borough Mental Hospitals	331	233	20	70·4	6·0	8·5
Registered Hospitals and Licensed Houses	102	65	4	63·7	3·9	6·0
Scottish Mental Hospitals . .	330	203	6	61·5	1·8	3·0
Irish Mental Hospitals. . .	110	60	8	54·5	7·3	13·5
Mental Deficiency Section . .	447	257	22	57·5	4·9	8·5
Total . . .	2,893	1,795	102	62·4	3·5	5·6

The Campbell Clark Medal and Prize at the May, 1938, Examination was won by Trixie M. B. Padmanabha, of Devon Mental Hospital, with an aggregate of 186 marks and at the November, 1938, Examination by Frank Holden, of Smithdown Road Mental Hospital, and Josephine M. Burrow, of Wilts County Mental Hospital, who tied with 84% marks.

One candidate at the November, 1938, Final Examination was disqualified for collusion.

May, 1937, Examinations.

There were 4,726 entries for the May, 1939, Examination, of whom 1,180 were re-entries. For the Preliminary Examination there were 2,758 candidates and for the Final Examination, 1,968. Of these candidates 811 were from Mental Deficiency Institutions.

The analysis of the Examination is as follows :

Preliminary Examination.

Class of institution.	Entries.	Passes.	Percentage.
English County Mental Hospitals . .	1,344	668	49·7
English Borough Mental Hospitals . .	307	173	56·3
Registered Hospitals and Licensed Houses .	165	87	52·8
Scottish Mental Hospitals . . .	349	253	72·2
Irish Mental Hospitals	124	75	60·1
Mental Deficiency Institutions . . .	469	270	57·7
Total	2,758	1,526	55·3

Final Examination.

Class of institution.	Entries.	Passes.	Distinctions.	Percentage of— Passes to entries.	Dists. to entries.	Dists. to passes.
English County Mental Hospitals .	983	505	9	51·4	0·9	1·8
English Borough Mental Hospitals	187	127	3	67·4	1·6	2·4
Registered Hospitals and Licensed Houses	94	62	6	66·0	6·4	9·7
Scottish Mental Hospitals . .	265	240	8	81·0	2·7	3·3
Irish Mental Hospitals . .	97	66	6	68·0	6·2	8·0
Mental Deficiency Section . .	342	197	6	58·2	1·7	2·7
Total . . .	1,968	1,197	38	60·8	1·9	3·2

Occupational Therapy Examination.

5 candidates—4 passes.

§

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The Campbell Clark Medal and Prize was won by Mabel G. Scott, of Belfast Mental Hospital, with a percentage of 87 marks.

Five candidates entered for the Gaskell Gold Medal and Prize, and an award has been made. The Bronze Medal has also been awarded.

The PRESIDENT complimented all concerned on the smooth working of the arrangements, and the HON. SECRETARY also said that the Association should congratulate itself and particularly its Registrar on the way in which the change of work had been accomplished.

The Report of the Registrar was adopted. [**Agreed.**

EDUCATIONAL COMMITTEE: ANNUAL REPORT FOR 1938–9.

Dr. DRURY read the Report of the Educational Committee, and added a word of welcome to Lebanon Mental Hospital as one of the training centres.

During the past year four meetings have been held under the Chairmanship of Dr. Petrie. There has been an average attendance of 30 members.

At the invitation of Sir Arthur Hall, Chairman of the Mental Nursing Sub-Committee of the Athlone Committee, a delegation from the Association met a delegation from the General Nursing Council to discuss the question of the Association's Examinations in relation to those of the General Nursing Council.

Numerous points were discussed and questions answered, but all through the 3½ hours the conference lasted, the delegates of the G.N.C. showed an inflexible antagonism to the R.M.P.A. Examinations, basing their attitude on being the statutory body, despite the fact that the Chairman pointed out that there was no legal difficulty to the G.N.C. recognizing any examination they liked. The conference ended without any agreement, but the R.M.P.A.'s point of view was clearly put by their representatives.

The new Regulations and Rules have been in force for the last two Examinations. A few minor difficulties have been overcome by the goodwill and co-operation of all concerned.

The year has been marked by the large number of changes in the Examination Area Secretaryships, but your Committee have been fortunate in securing the services of willing helpers to undertake these onerous duties, the efficient handling of which make the running of the examinations so much easier.

It was agreed to allow each Area Secretary the sum of five guineas yearly to cover office expenses.

A report on the position of candidates for the D.P.M. from Mental Deficiency Colonies was drawn up and presented to Council.

Mental Nursing Section:

The Lebanon Mental Hospital has been recognized as a Training Centre.

Mental Deficiency Section:

The following have been recognized as Training Centres:

Leicester Frith (Leicester City Council).
St. Catherine's (Doncaster Borough Council).
Holbeach, Caister and Bourne (Lincoln County Council).
Bromham House (Bedfordshire and Northamptonshire Joint Board).

A special Sub-Committee report has been adopted recommending that Section A, suitably amended, should form the basis of the Mental Deficiency Nursing Certificate; also that Sections B, C and D, suitably amended, should form the basis of a new Certificate, to be called "The Certificate in the Training of Mental Defectives". The details of these changes are now being worked out.

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Occupational Therapy Section :

The first Examination for the Occupational Therapy Certificate was held this spring, when five candidates entered, four being successful. A special report from the Examiners has been received, and your Committee feel that certain modifications in the Regulations will be necessary, together with the preparation of necessary " Notes for Examiners ". These matters are receiving attention.

The following Mental Hospitals are now recognized as Training Centres for this Certificate :

North Riding (Clifton).
Chester (Upton).
Cardiff City.
Lancashire (Whittingham).
The Old Manor, Salisbury.

The PRESIDENT said that at a time when there were certain discussions going on about the position of the Association, the application of the Lebanon Hospital for its certificates had certainly been of advantage and they were very pleased to welcome Lebanon. [**Agreed.**

REPORT OF THE MENTAL DEFICIENCY COMMITTEE.

The Committee has met on four occasions during the year.

At the first Quarterly Meeting the subject discussed was " The Possibilities and Limitations of granting Licence to Patients at Mental Deficiency Institutions and Colonies ". Sir Laurence Brock, *C.B.*, opened the discussion.

The other subjects specially considered by the Committee during the last year are the following :

1. *Diploma in Psychological Medicine.*

The Committee prepared a report which contained recommendations designed to meet the difficulties at present experienced by Medical Officers in Mental Deficiency Institutions in qualifying for the Diploma in Psychological Medicine. The chief recommendations were :

(*a*) That residence in a Mental Deficiency Institution should be recognized as qualifying a candidate to sit the Examination.

(*b*) That alternative papers and oral examinations in Mental Deficiency should be set in the Final Examination.

The Council adopted the Report, and the Hon. Secretary forwarded the recommendations to the examining bodies in Great Britain and Ireland. The University of Edinburgh has intimated that its Examining Board has under consideration at present proposals much in agreement with the Association's recommendations. The University of Manchester has sent a reply indicating that its Examining Board cannot agree to the recommendations. The other examining bodies have not yet come to a decision on these representations.

2. *Final Nurses' Examination in Mental Deficiency.*

A Sub-Committee has been appointed to consider the following proposals, and how the syllabuses for the examination will have to be modified if the proposals are adopted :

(*a*) All candidates in order to be recognized as holding the Association's Certificate in Mental Deficiency for " Nurses " must pass Section A of the Final Examination.

(*b*) A new Examination shall be substituted for Sections B, C and D to meet the requirements of those candidates who wish to qualify as occupation trainers or instructors in mental deficiency institutions.

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3. *Recognition of Institutions as Training Schools for Nurses.*

The Committee feels it is desirable to elucidate the criteria that should be applied in the recognition of Institutions as Training Schools. This matter also has been referred to a Sub-Committee.

On June 8 an Observation Visit was made to Great Barr Park Colony, Walsall.

Dr. E. O. LEWIS read the Report and moved its adoption. [**Agreed**

REPORT OF THE RESEARCH AND CLINICAL COMMITTEE.

The Research and Clinical Committee begs to submit the following Report for the year ending July, 1939.

Meetings.

The Committee has met four times during the year, namely, on July 5, 1938, November 23, 1938, February 21, 1939 and May 22, 1939.

Pathology, Bacteriology and Bio-Chemistry Sub-Committee.

Three meetings have been held during the year, the chief feature of which has been the presentation of papers on some newer aspects of clinico-pathological research. A parallelism was drawn between body-weight changes and major clinical variations in mental disorder by Mr. Davies; an electric saw for pathological work was demonstrated by Dr. Shera; Dr. Evans introduced a discussion on the significance of recovery in long-standing psychoses; and Dr. Carse showed some interesting changes in leucocyte counts occurring shortly after cardiazol and other treatments. All meetings were well attended, and members showed a lively interest in the discussions. Membership has increased, and now numbers 39.

Drs. F. A. Pickworth and K. K. Drury continue as Hon. Secretaries, and the representative members on the main Committee are Drs. D. N. Parfitt, M. J. McGrath, G. R. A. de M. Rudolf and W. R. Ashby.

Papers and Discussions Sub-Committee.

During the year 1938–39 three meetings of the Sub-Committee have been held on the occasions of the Quarterly Meetings in November, February and May.

The following subjects were arranged for the Quarterly Meetings in London: In February, 1939, a paper "The Present Status and Functions of the Child Guidance Movement" was given by Dr. D. R. MacCalman, Lecturer in Psychology at Aberdeen University. In May, 1939, a discussion on Recreational Therapy was arranged. In the Psychiatry Section, Dr. McCowan, Dr. Speer and Dr. Bailey read short papers; and in the Mental Deficiency Section, Dr. Curran and Dr. Burke. Active discussion followed, especially on the subject of folk-dancing, which seemed to stimulate most interest.

Consideration of the Annual Meeting programme was begun in November, and the Sub-Committee hopes that the outcome of its efforts to provide a Symposium of papers on Epilepsy will have met with approval. We were unable to obtain guest speakers from the United States. Prof. Golla kindly wrote to Prof. Penfield and Prof. Lennox, and also to Dr. Gibbs. The occasion of the Neurological Congress in Copenhagen at the end of August prevented their acceptance. We have, however, four guest speakers, namely Dr. E. A. Carmichael, National Hospital, London; Dr. Graves Peirce, Chief M.O., L.M.S.R.; Mr. Norman M. Dott, Neurological Surgeon to the Edinburgh Royal Infirmary; and Mr. Grey Walter of the Burden Institute, Bristol.

To Dr. Helen Boyle we are indebted for her provision of the speakers at the first session of papers on Early Treatment. This programme promises to be of interest, and is certain to be appreciated. Dr. Twiston Davies is our guest contributor, and Sir Hubert Bond has kindly consented to sum up the papers.

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The same arrangements as last year regarding the timing of the papers and signals, etc., have been made, and it is hoped that these will work smoothly. An epidiascope will be available, and contributors have been notified. Short intervals, with or without refreshment, have been introduced this year at each session.

The Committee is also grateful to Dr. McCartan for much help in the arrangements provided at Haywards Heath, and to many others for advice and assistance during the past nine months of preparation.

Dr. W. M. Ford Robertson continues as Hon. Secretary, and the representative members on the main Committee are Drs. L. C. Cook and E. S. Hewitt.

Psychopathology Sub-Committee.

A meeting was held on February 21, 1939, at 11, Chandos Street, W. 1, when it was recommended that a " Discussion Group " should be formed along the lines of an unofficial organization at present in being; that this Group should meet periodically at 11, Chandos Street, and that arrangements should be made to engage a room for that purpose. It was recommended that the Secretary should get in touch with those likely to be interested. Regarding non-members, it was recommended that visitors should be allowed, but that those who attended regularly would be expected to become members of the R.M.P.A. It was pointed out that many of the members of this Sub-Committee are no longer likely to take an active part in its proceedings. It was recommended that new members should be co-opted at a later date.

Dr. S. M. Coleman is Hon. Secretary, but as yet there are no other representative members on the main Committee.

Clinical Psychiatry Sub-Committee.

During the year, three meetings of the Sub-Committee were held, namely, in November, February and July. At the November meeting a paper was read by Dr. S. A. MacKeith, entitled " Observations on Traumatic Psychasthenia ". The meeting was attended by 26 members, and the paper gave rise to a very lively discussion.

The Sub-Committee have also dealt with the subject of Classification of Mental Disorder in particular with the schedule approved by Council and submitted to the Board of Control by the General Secretary in October last.

The question of the establishment of Psychiatric Clinics at University centres has received consideration.

The four members elected to serve on the main Committee are: Drs. W. D. Nicol, W. McCartan, J. McInnes and D. N. Parfitt. Dr. Ström-Olsen continues as Secretary.

Study Tours Sub-Committee

A most successful tour to Switzerland was arranged by Dr. Evans last November, and if the international position is satisfactory, a tour of the psychiatric units in the U.S.A. will take place this October.

Dr. A. E. Evans continues as Secretary, and Drs. Kate Fraser and C. Bower were elected representatives on the main Committee.

Research Bureau.

This Committee, under the able guidance of Prof. Golla, has continued very active throughout the year. A large number of medical officers have received abstracts and references on various branches of research, and several grants have been given to medical officers for attendance at research centres, with a view to furthering their investigations.

P. K. McCowan, *Hon. Secretary.*

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REPORT OF THE PARLIAMENTARY COMMITTEE.

Four meetings of the Parliamentary Committee have been held during the year.

The Criminal Justice Bill has been discussed, and at the July meeting it was agreed to form a Sub-Committee of the Parliamentary Committee with power to co-opt additional members in order to give further consideration to the Bill.

The HON. SECRETARY explained that there was no Report from the Mental Nursing Advisory Committee because no meeting had been held for some years now, but it was as a matter of principle a good thing to keep this Committee in being.

HANDBOOK COMMITTEE, REPORT FOR 1938–9.

During the year twelve meetings have been held under the Chairmanship of Dr. Petrie. Good progress has been made, and the contents of the new edition of the Red Book are nearly complete.

Dr. DRURY read the Report of the Handbook Committee, and moved its adoption. [**Agreed.**

On the Report of the Recruitment and Training of Mental Hospital Nurses Committee, the HON. SECRETARY said that as the representative of the Association on the Sub-Committee of the Athlone Committee he had continued to attend meetings. The Sub-Committee was nearing the report stage. The Secretary of the Educational Committee had already reported that representatives of the Association had met representatives of the General Nursing Council in conference last month. There was a lengthy argument on each side, but little progress was made with regard to the dual examinations. That was all one could report at the moment.

OTHER MOTIONS.

On the motion of the PRESIDENT, seconded by Dr. R. B. CAMPBELL, the usual grant to the President was unanimously voted.

On the motion of the PRESIDENT, it was agreed that the dates of the Quarterly General Meetings should be November 8, 1939, and February 8 and May 10, 1940.

The HON. SECRETARY explained that these dates were on different days of the week to meet the convenience of members to whom one fixed day in the week might be inconvenient.

ELECTION OF HONORARY, CORRESPONDING AND ORDINARY MEMBERS.

The following were elected Honorary, Corresponding and Ordinary Members. Dr. Robertson and Dr. Russell acting as scrutineers.

Honorary Member.

WILLIAM A. POTTS, M.A.Camb., M.D.Edin.&Birm., M.R.C.S., L.R.C.P.Lond., 231, Hagley Road, Edgbaston, Birmingham.
Proposed by Drs. J. R. Gilmour, H. G. L. Haynes, M. A. Collins, Thos. S. Good, S. Edgar Martin, W. Gordon Masefield.

Ordinary Members.

CHARLTON, ERNEST PETER HERRIES, M.B., B.S., Assistant Medical Officer Bexley Hospital (L.C.C.), Bexley, Kent.
Proposed by Drs. G. Clark, D. Shaw and L. C. Cook.

CARSON, JAMES, M.B., Ch.B., D.P.M., Senior Assistant Medical Officer, Brighton County Borough Mental Hospital, Haywards Heath, Sussex.
Proposed by Drs. W. McCartan, F. H. Guppy and W. Ford Robertson.

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HODGE, RALPH SESSIONS, M.R.C.S.Eng., L.R.C.P.Lond., Hon. Medical Psychologist, West End Hospital for Nervous Diseases; Hon. Physician, Crewkerne Hospital; The Abbey, Crewkerne, Somerset.

Proposed by Drs. A. Helen Boyle, J. R. Whitwell and W. Gordon Masefield.

NEVIN, SAMUEL, B.Sc., M.D., M.R.C.P.Lond., Director of the Central Pathological Laboratory and Pathologist to the London County Council's Mental Health Service; Professor of Mental Pathology, University of London; 11, Upper Wimpole Street, London, W. 1.

Proposed by Drs. R. M. Stewart, T. Lindsay and W. Gordon Masefield.

WATTERSON, DONALD JAMES, B.A., M.B., B.Ch., D.P.M., Assistant Medical Officer, Banstead Hospital (L.C.C.); Beech Lodge, Effingham, Surrey.

Proposed by Drs. A. Meyer, E. Guttmann and A. Kennedy.

BLEADEN, FRANK AUTRIDGE, M.R.C.S., L.R.C.P., D.P.M., Assistant Medical Officer, Brighton County Borough Mental Hospital, Haywards Heath, Sussex.

Proposed by Drs. W. McCartan, J. R. Whitwell and W. Gordon Masefield.

HAGGAR, NORMAN JAMES, M.R.C.S.Eng., L.R.C.P.Lond., Assistant Medical Officer, Bucks County Mental Hospital, Stone, Aylesbury.

Proposed by Drs. I. Skottowe, E. Booth and S. R. Tattersall.

HOBSON, JACK ABBOTT, B.Sc., M.B., Ch.B., D.P.M., Assistant Physician, Woodside Hospital, Muswell Hill, N. 10.

Proposed by Drs. N. Harris, H. A. Palmer and R. M. Macfarlane.

MAYER-GROSS, W., M.B., Ch.B., Crichton Royal, Dumfries.

Proposed by Drs. W. Gordon Masefield, G. W. Smith and A. Walk.

STOCKINGS, GEORGE TAYLEUR, M.B., B.S., M.R.C.S., L.R.C.P., D.P.M., Assistant Medical Officer, Warlingham Park Hospital, Upper Warlingham, Surrey.

Proposed by Drs. T. P. Rees, K. C. Bailey and W. H. Shepley.

COMPLIMENTARY MOTIONS AND ANNOUNCEMENTS.

The PRESIDENT, in the name of the Association, congratulated Dr. Donald Ross on being made a Member of the Order of the British Empire.

Dr. HAYNES reported that there were five candidates for the Gaskell Gold Medal and Prize, and the examiners had divided the award between Dr. Eliot Slater, of the Maudsley Hospital, and Dr. Jack Hobson, of Woodside Hospital for Functional Nervous Disorders. There was one candidate for the Bronze Medal and Prize, namely, Dr. J. Tayleur Stockings, and it was awarded to him.

The HON. SECRETARY stated that the Campbell Clark Medal had been won by Mabel Scott, of Belfast.

FEES FOR MEDICAL WITNESSES IN MATRIMONIAL CASES.

The HON. SECRETARY referred to the matter of fees for medical witnesses under the Matrimonial Causes Act. An informal conference had taken place between two representatives of the Association and the Chairman and Vice-Chairman of the Mental Hospitals Association, and certain recommendations were agreed to, which he read out in detail and promised should be circulated to members. The recommendations had been endorsed by the Council on the previous day, and a further resolution was agreed to that a letter should be sent to the Mental Hospitals Association stating that in the view of the Council expert medical witnesses should retain the fees.

Some discussion took place as to whether the recommendations should be the subject of a special circular to members or should merely be communicated to members by way of the Journal.

The decision on this point was left in the hands of the officers.

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This concluded the morning session, and after an interval, members were escorted round the Royal Pavilion in charge of Mr. Roberts, who generously gave an interesting talk on its history.

Afternoon Session.

The Annual General Meeting was resumed at the Royal Pavilion on the afternoon of July 12, Dr. Gilmour again taking the Chair during the opening proceedings.

Vote of Thanks to Officers and Council.

Dr. W. R. Dawson, as one of the senior ex-Presidents of the Association, proposed a vote of thanks to the outgoing Officers and Council for their services during the past year. At the morning session something had been gathered as to the hard work they had been doing. One development which must have involved an enormous amount of work was the inaugural meeting of the Indian Division, the first Division to be founded outside Great Britain. It was believed that this might be the beginning of very important departures. Again, the study tour of the Swiss hospitals and clinics had been a great success, and had proved a most valuable method of instructing members here as to what was going on in other countries. More commonplace, but none the less valuable, was the re-writing of the Handbooks. There was also the first examination for the certificate in occupational therapy which would, he hoped, spread even more widely.

To one of the officials of the Association he desired to draw particular attention, namely, Miss Higgins, their Secretary in London. The amount of good work that she got through and the obliging and tactful manner in which she did it, also her readiness always to help even in matters which did not perhaps altogether fall within the strict limits of her secretarial duties, was the admiration of them all. He wished to draw particular attention to her work, and to thank her, as one of the officials, in the name of all the members. (Applause.)

The vote of thanks was heartily accorded.

Dr. Gilmour thanked Dr. Dawson on behalf of those included in the vote. He was glad that Miss Higgins's name had been mentioned, because he too had occasion to feel under a great obligation to their permanent officials. That feeling of how greatly he had been helped by all concerned would accompany him into his retirement from office.

Induction of New President.

The retiring President then inducted Dr. Helen Boyle into the Chair and invested her with the badge of office. Dr. Gilmour said that this was a notable occasion—the induction of the first Lady President. He wished that the task had fallen to someone more eloquent than himself. Certainly the occasion was an inspiring one. The Association had for a long time recognized the value to the community of the services of its women members, and some of them had looked forward to the present occasion as an opportunity to give expression to that sense of appreciation. As medical superintendents and officers, as members of the Board of Control, and in the realm of psychiatry generally they had done most valuable work. Dr. Boyle herself had given great service to the Association. Trained at Claybury by one of their Past-Presidents, Sir Robert Armstrong-Jones, she recognized the necessity for early treatment, and the Lady Chichester Hospital at Hove was a standing memorial to this aim and object of her life's work. She had done pioneer service and had carried out a piece of work which was a pattern and guide to all other hospitals. She had spent her life wholeheartedly in that work. There was no need for him to speak of her personal qualities, her knowledge and helpfulness and her spirit of service. "Service before Self" had been her great motto.

Dr. Helen Boyle, in taking the Chair, said that her first duty was to invest Dr. Gilmour with the Past-Presidential Badge. It had been a delightful year under his Presidency, and they hoped to have his co-operation for many years to come.

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Presentation of Foreign Delegates.

The Hon. Secretary presented to the President the foreign delegates and other distinguished visitors.

Dr. Noel Péron, of France, said with what pleasure he came again to the Annual Meeting as representative of the French Societies interested in this subject. He recalled that thirty years ago he was accustomed, like the youngsters of many French families in those days, to come to Brighton in the holidays, where he learned conversational English. The south of England for him at that time contained only two towns—Brighton and London. It was a great pleasure to come back to England and to Sussex and to live over again the days of his youth.

Dr. Jacques de Busscher, of the Belgian Neurological Society, spoke of his pleasure in visiting England again and making the acquaintance of members of the Association. For him it was a case of what they called in psychiatry the mechanism of repetition compulsion. He thanked them for welcoming him with so much indulgence. He was glad to be in this assembly and to hear the papers and discussions, though he could not forget that elsewhere they were burning books, and that though he came as the representative of a free country he did not know but that in a very short time he would be compelled to come as an outcast and a refugee. He greeted his hosts as free citizens of a country which would remain the bulwark of individual freedom without which no study and no research were possible.

Dr. Groeneveld, of Holland, said also that it was a great pleasure to him to be invited as the representative of the Dutch Society for Psychiatry. His familiarity with the English language was not sufficient to permit him to make a long speech, but he was sure that the friendship and the ideas which such a meeting had to offer would be very productive.

Prof. D. K. Henderson was introduced as representing the American Association in place of Dr. Ruggles, who was unavoidably detained. He said he had just received a letter from the United States asking him to act in that capacity, and he felt great pleasure in doing so.

Presentation of Medals and Prizes for 1939.

The President stated that the Gaskell Gold Medal and Prize had been divided between Dr. Eliot Slater and Dr. Jack Hobson.

Dr. Hobson was present and received his award at the hands of the President. Dr. Slater was not able to attend.

The President also presented the Bronze Medal and Prize to Dr. J. Tayleur Stockings.

Presidential Address.

Dr. Helen Boyle then delivered her address from the Chair, the title being, **"Watchman, What of the Night?"** (see p. 859).

Vote of Thanks.

Sir Robert Armstrong-Jones, in proposing a vote of thanks, said: As a rule there is no discussion on the President's Address, but as the President has already said, it is a very debatable address, though an *ex cathedra* statement made with authority. I shall begin my few words by saying that the Royal Medico-Psychological Association is a great society. That is not a platitude. I ought to know, for I happen to have been the Secretary of the Association for about ten years. It has existed for nearly a century, and has included in its membership—which, as we heard this morning, is now 1,036—the leaders of thought in psychological medicine as well as others who are practical physicians and some who are teachers in pathology and psychology, about whom Dr. Boyle had told us this afternoon.

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This is the first occasion on which a woman has presided over our deliberations I know there is a tendency to do away with the distinctions between the sexes—I am not going to say anything more about that. But we have had the pleasure of hearing from our first woman President an address of outstanding interest. Dr. Boyle is an expert of the highest repute, who has devoted her life to this subject. We have had from her a fascinating review of the early treatment, and I only wish I had the eloquence to comment fittingly upon that part of the address. I am privileged to claim an intimate friendship and association with our new President. I was the first medical superintendent to be appointed by the first London County Council to open their first asylum at Claybury, then the *dernier cri*, though now I suppose regarded in some quarters as a back number. Dr. Boyle was one of the first women medical officers to be appointed by the L.C.C. in their mental health service. I have had the opportunity of witnessing her sympathy, her devotion in the relief of mental illness, her skill, her kindness to the staff, which was universally appreciated, and her loyalty to myself, which was most ungrudging. There is one other quality which I may mention as adding to our President's endowment, that most useful of mental attributes—a sense of humour. When I received the announcement of the title of the address: "Watchman, What of the Night?" I suspected an invitation to an obstetrical or gynæcological congress, and I offered an immediate remonstrance to the secretarial autocracy on having changed the title selected by the orator; but I was informed afterwards that it was her own wish, it was just the amusing whimsicality of the President herself. There is no doubt that a sense of humour is the best solvent of difficult situations. It is certainly a most useful antidote to mental depression.

With a full knowledge of the subject of her chosen study, mental and nervous diseases, and a determination to improve the mental health of the community, Dr. Boyle became one of the keenest supporters of the voluntary reception of early cases of mental and nervous disease into hospitals. From a knowledge of the work of Maudsley, Duke, Rayner, Savage, Percy Smith, and several others, she had a conviction, firm and outspoken, that this was not only possible and desirable, but also necessary. Her unceasing advocacy based on practical experience led to the foundation of this pioneer home, the Lady Chichester Hospital, and ultimately to the legislation which culminated in the Mental Treatment Act, 1930. I was very much struck this morning by the fact that the Mayor of Brighton was here to open this meeting. It shows the great esteem in which Dr. Boyle and her work are held by the municipality. It is not surprising that this pioneer home should be at Brighton, the most pleasantly varied health resort on the south coast, with a mild climate, miles of magnificent promenade, splendid buildings, such as this historic one (the Royal Pavilion) in which we meet, and the best educational facilities. Brighton is a centre from which beams of health and hope should radiate throughout the country.

To-day Dr. Boyle has the satisfaction of knowing that there are more than 10,000 voluntary patients cared for in the mental hospitals and nursing homes of this country. On January 1—I obtained these figures from the Board of Control a day or two ago—there were 4,743 males and 5,554 females under voluntary control. It is the most marvellous legal change within my recollection.

For her services to British psychiatry Dr. Boyle has been elected to the highest honour it is possible for her fellow-workers to bestow on her. We thank her for her address—stimulating, crisp, definite, clear, humorous as well, and we hope that she will have a happy and successful year of office. She can rely upon our most cordial support.

The vote of thanks was accorded with acclamation, and Dr. Boyle expressed her acknowledgment. After the adjournment of the meeting a reception was held, by the kind invitation of the President, at the Lady Chichester Hospital, Hove.

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Thursday, July 13.

FIRST SESSION.

Held at the Brighton County Borough Mental Hospital, Haywards Heath.

The PRESIDENT (Dr. HELEN BOYLE) in the Chair.

EARLY TREATMENT FOR MENTAL AND NERVOUS DISORDERS: CO-OPERATION BETWEEN GENERAL MEDICAL PRACTITIONER, CLINIC, BOARDING-OUT, GENERAL, SPECIAL AND MENTAL HOSPITALS.

Papers:

"**The Value of Mental Hospital Participation in Early Treatment,**" by Dr. W. J. T. KIMBER, Hill End Hospital and Clinic, St. Albans (see p. 871).

"**Co-operation Between Skin and Nervous Clinics at a General Hospital,**" by Dr. J. H. TWISTON DAVIES, Hon. Dermatologist, Royal Sussex County Hospital, Brighton (see p. 877), and Dr. LAMORNA HINGSTON, Hon. Physician, The Lady Chichester Hospital, Hove (see p. 882).

"**Some Practical Considerations in Relation to In-Patient and Out-Patient Treatment in the Psycho-neuroses,**" by Dr. J. FLIND, Physician for Psychological Medicine, Metropolitan Hospital, London (see p. 886).

"**Treatment and Accommodation for the Psycho-neuroses,**" by Dr. NOEL G. HARRIS, Physician in Charge, Woodside Hospital for Functional Nervous Disorders, London (see p. 892).

The Conference adjourned for luncheon, by the kind invitation of the Chairman and Committee of the Brighton County Borough Mental Hospital. The Mayor of Brighton (Councillor J. Talbot Nanson, *J.P.*) proposed the health of the Association, and welcomed the members to the hospital. Prof. D. K. Henderson responded, and after brief accounts of the hospital and its work had been given by Dr. W. McCartan, Medical Superintendent, and Alderman Thompson, Chairman of the Committee, the members were conducted on a short tour of the Hospital and its environs.

SECOND SESSION.

The PRESIDENT in the Chair.

A SYMPOSIUM ON EPILEPSY: BIOCHEMISTRY OF EPILEPSY.

Papers:

"**Some Observations on the Sympathetic Nervous System,**" by Dr. E. A. CARMICHAEL, National Hospital, Queen Square, London (abstract, see p. 902). (Dr. Carmichael's paper was illustrated by lantern slides.)

"**Studies of Water Metabolism in Essential Epilepsy,**" by G. D. GREVILLE and Dr. TUDOR S. G. JONES, Biochemical Department, Runwell Hospital (abstract, see p. 903). (Both these papers were illustrated by slides.)

"**On the Mechanismt of Convulsive Phenomena with Reference to the Effects of Cerebral Vasodilator Drugs,**" by Dr. D. J. WATTERSON (Central Pathological Laboratory, The Maudsley Hospital, London (see p. 94).

The Conference then adjourned for tea, where they were joined by the ladies, at the invitation of the Committee of the Hospital.

RECEPTION AND DANCE.

A Reception and Dance was held at the Royal Pavilion by kind invitation of the Mayor and Corporation of Brighton.

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Friday, July 14.

THIRD SESSION.

The PRESIDENT in the Chair.

PHYSIOPATHOLOGY OF EPILEPSY.

Papers:

"**A Short Review on the Histology of Epilepsy,**" by Dr. A. MEYER, Central Laboratory, Maudsley Hospital (see p. 927). (Dr. Meyer's paper was illustrated by slides.)

"**Demonstration of Electro-Encephalography,**" by Mr. W. GREY WALTER, M.A., Burden Neurological Institute, Bristol. (Mr. Grey Walter's paper was illustrated by slides.) (See p. 932.)

At the end of his remarks Mr. Grey Walter demonstrated the technique of electro-encephalography with the aid of two patients, one a girl, aged 14, and the other a young man.

Prof. GOLLA, of whom the little girl was a patient, gave a brief account of her history. He said there was very little to say about the case, but there had been one or two interesting facts, one being the efficacy of the new drug, epanutin. This little girl was having fits with such frequency that sometimes she was in an almost continuous state of epilepsy when she was seen in Maida Vale Hospital. She had the usual course of luminal, pushed as far as possible. The mental age was seven or eight years below what it should be. She was transferred to epanutin and since then she had had only one fit. She had become bright and vivacious and took an interest in her school work, and was improving day by day. A great deal of damage had been effected, so they could not hope for too much. She would prove of interest to those who proposed to speak on the use of the new drug.

The other patient was one of Dr. W. McCartan's and was a patient at the Brighton County Borough Mental Hospital at Hayward's Heath. Dr. MCCARTAN said this man arrived as a temporary patient last October, and was desperately ill. The condition was eventually controlled, but he continued to have very frequent fits despite the fact that he was taking 4–5 gr. bromide and 2 gr. luminal. Mr. Grey Walter saw him in January and reported that he had a prominent delta focus in the frontal region. As soon as they received that report the patient was put on sodium diphenyl hydantoinate (epanutin) and he immediately improved. He was given ·3 grm. at first and his fits were reduced very much indeed and within a fortnight he was put on ·46 grm. Before that he had been having several severe fits each week; since then he had not had a single fit.

Later in the discussion Dr. MCCARTAN added with regard to his patient that he had been on the dose of bromide and luminal for several months without it affecting the fits. It was not surprising that as a result there was a good deal of acne, he was drowsy, thoroughly bad-tempered and unpleasant, and very retarded. When he was changed to epanutin the picture altered completely; he was a little subnormal mentally, but a very nice lad and appreciated his state before and was sensitive about it. If the drug could control the fits to enable the patient to keep his faculties instead of making him drowsy and lethargic, as they had been doing for the last eighty years since bromide was brought in, a very great advance would have been made.

Paper:

"**The Surgical Aspects of Epilepsy,**" by Mr. NORMAN M. DOTT, Neurological Surgeon, Royal Infirmary, Edinburgh.

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FOURTH SESSION.

The Royal Pavilion, Brighton.

The PRESIDENT in the Chair.

SOCIOLOGICAL ASPECTS OF EPILEPSY.

Papers:

"Epileptics and the Community," by Dr. J. TYLOR FOX, Lingfield Epileptic Colony, Surrey (see p. 940).

"The Problem of the Epileptic in Industry," by Dr. G. E. GRAVES PEIRCE, Medical Officer of L.M.S. Railway, London (see p. 953).

"The Use of Sodium Diphenyl Hydanoinate (Epanutin)," by Drs. W. MCCARTAN and J. CARSON, Brighton Borough Mental Hospital, Haywards Heath (see p. 965).

Papers:

"Report on Five Years' Use of Prominal as Routine Treatment for Epileptics," by Dr. GUY MILLMAN, Cell Barnes Colony, St. Albans (see p. 971).

"Sodium Diphenyl Hydantoinate in the Treatment of Epilepsy: Preliminary Observations in Severe Cases," by Dr. I. FROST, Friern Hospital, New Southgate, London (see p. 976).

VOTE OF THANKS.

Dr. GORDON MASEFIELD (Hon. Secretary) said he had a very essential and pleasant duty to perform in proposing a vote of thanks for the hospitality they had received during the Annual Meeting. Before he went into detail he would like to pay a tribute to their immediate Past-President, Dr. Gilmour. He was sorry he was not present, but all who had seen him preside over their affairs during the past year with that quiet dignity of his own had been very much impressed by it. Those who had been closest to him had been impressed by the courage he had shown, because he had been a sick man during the past year, but he had never allowed this disability to interfere with his devotion to the Association and its work. They owed Dr. Gilmour a very high tribute and meed of praise for the wonderful work he had done during his Presidency. (Applause.)

Coming to hospitality, naturally the first to be mentioned would be the Mayor of Brighton and Corporation. The Mayor had shown a particular interest in their work and the Association's visit to Brighton. He had been a shining example to some members of the Association in the fact—not generally known—that he was present at the whole of the previous afternoon's session, which was highly technical, and although there were armchairs Dr. Masefield was sure the Mayor kept awake.

The Association owed it to the Mayor that they were holding their meetings in the Royal Pavilion; and they were sincerely grateful to him for the reception and dance he and the Mayoress had given them. The Mayor was in the limelight, but when all these things were really looked into there was usually somebody less in the limelight who had rendered valuable service; and in this instance it was Mr. Lowry, the Mayor's Secretary, and those who had to do with the arrangements for the meeting knew how much he had done for them.

Then came Alderman Thompson and the Committee of the Brighton County Borough Mental Hospital, who allowed them to hold the meetings at the Hospital yesterday and extended their wonderful hospitality during the day. There were over 150 at lunch and many more to the tea later in the day. That took a lot of organizing, but nothing was spared for their comfort and also for their enlightenment. In this connection he would like to mention the Clerk and Steward of the Hospital and pay tribute to him. It was not their custom to thank their own members, otherwise mention would have to be made of Dr. McCartan, the Medical Superintendent.

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Dr. Masefield knew that members would wish to accord a hearty vote of thanks to Mr. Roberts for the trouble and time he expended in giving them a historical account of the Royal Pavilion.

Then there was The Lady Chichester Hospital and the delightful view the members had of it. Again he was not paying a tribute to the President, but behind Dr. Boyle was the Matron and her staff who carried out many of the detailed arrangements which made it possible for the Association to enjoy the visit there so much.

The Association would wish to express its grateful thanks to Mr. and Mrs. Harrison, who allowed the ladies to see their beautiful home, Swanborough Manor, and its grounds.

Finally, the speaker wanted to say a word about the "team manager", Dr. Ford Robertson, and his wonderful team of speakers. How much work was entailed in bringing the sessions to fruition he left his hearers to guess. Dr. Ford Robertson had also acted as umpire, and had given quite a lot of them "out", but none of the speakers had been "bowled out".

Just one further word, Dr. Ford Robertson informed him that great thanks were due to Major Jupp, the Director of the Royal Pavilion, for the help he had given in connection with the electrical work which was necessary for the demonstration and the showing of slides.

Dr. Masefield had great pleasure in proposing a very hearty vote of thanks to all those who had given such ample hospitality. (Applause.)

Dr. GROENEVELD (Holland) wished to express on behalf of the Dutch Society for Psychiatry and Neurology his hearty thanks for the opportunity of being present. The Belgian and French delegates had asked him to speak on their behalf and give their thanks also for the hospitality they had enjoyed. He wished to give a quotation which seemed to him characteristic of the British people, British mentality and British hospitality. Shakespeare said of a man that his life was gentle and the elements so mixed in him that another might stand and say to all the world "This was a man". They had learned that gentle was not weak, and that nature was human as well.

The PRESIDENT made a brief acknowledgment and the proceedings terminated.

ANNUAL DINNER.

The Annual Dinner of the Association was held at the Royal Pavilion, Brighton, on Wednesday, July 12, 1939, with the President, Dr. A. Helen Boyle, M.D., in the Chair. A large number of members and guests were present and music was provided during the dinner by the band of H.M. Royal Marines, Chatham Division, by kind permission of Brigadier A. L. Forster, *D.S.O.*

OFFICIAL GUESTS AND GUESTS OF THE PRESIDENT.

Lady Rawson, Dr. Broadbent, Dr. Donald Hall and Mrs. D. Hall, P. Barter, Esq., the Right Rev. the Lord Bishop of Chichester and Mrs. A. Bell, the Bishop of Lewes and Mrs. Hordern, Lady Eva de Paravicini, Dr. Parry, Miss Tanner (Headmistress of Roedean College; President of Headmistresses' Association), K. Giepel, Esq., Dr. Lamorna Hingston, Miss Lindsey, the Mayor and Mayoress of Brighton, the Mayor and Mayoress of Hove, the Borough Treasurer and Mrs. Bunn, Captain W. J. Hutchinson (Chief Constable), Sir Laurence Brock, *C.B.*, Dr. Noel Péron (representing Société de Neurologie de Paris; Société Médico-Psychologique, Paris; Congrès des Medécins Aliénistes de Neurologistes), Dr. Jacques de Busscher (representing Société Belge de Neurologie), Dr. A. Groeneveld (representing Nederlandsche Vereeniging voor Psychiatrie en Neurologie), Alderman S. C. T. Thompson (Chairman, Brighton County Borough Mental Hospital) and Mrs. Thompson, Miss Ruth Darwin, *C.B.E.*, Miss Boyle, Dr. Helen Greene, Mr. H. D. Roberts, *M.B.E.*, Miss Blanche Fair, the Rev. W. W. March (Chaplain to Bishop of Chichester), Colonel Hodgson, *C.M.G.*, and Miss Hodgson, Miss Gordon Holmes, G. Aitchison, Esq. (Editor, *Brighton & Hove Herald*), Sir Maurice Amos, *K.B.E.*, Lady Elizabeth Pelham, Mrs. Anson, Miss Jones, Mr. and Mrs. Grey Walter, G. W. Beresford, Esq., *O.B.E.*, F.R.C.S., Miss Stopford.

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