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New from CPD eLearning

CPDeLearning

The online resource for mental health professionals

CPD eLearning (formerly CPD Online) is a resource provided by the Royal College of Psychiatrists for mental health professionals, housed on our new eLearning Hub.

CPD eLearning offers a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health. During the pandemic, there will be no limit on eLearning that can be counted for CPD; it will be possible for ALL 50 CREDITS to be obtained in this way. Access to the modules is through annual subscription, but we also offer a series of free modules and podcasts for you to trial first.

For more information, visit CPD eLearning on the eLearning Hub: https://elearninghub.rcpsych.ac.uk

BJPsych Advances and CPD eLearning work together to produce regular joint commissions to enhance learning for mental health professionals.

View related CPD eLearning content

Recent modules and podcasts

Podcast Social prescribing

As part of the Royal College of Psychiatrists' Sustainability Series, this podcast is a discussion between CPD eLearning's Trainee Editor, Dr Nadia Imran, and the Royal College of Psychiatrist's lead on social prescribing, Dr Katherine Kennet. **CPD credits:** 0.5

Module Improving access, experience and outcomes for people living with dementia from ethnic minority communities

Reports show that people from ethnic minority communities are less likely to get an early or 'timely' diagnosis, access to treatment or receive support when diagnosed. This module is designed to help improve the access to, experience of and outcomes from dementia care in England in order to close the health inequalities gap. **CPD credits:** 2

Module An introduction to evolutionary psychiatry

This module aims to introduce the concept of evolutionary psychiatry and its fundamental principles and practical applications before signposting you to further resources to increase your knowledge of this exciting approach. **CPD credits:** 1

Module Recovery narrative in clinical practice

This module will help you to develop a comprehensive understanding of what recovery narrative is, its role in clinical practice, and the potential benefits for patients. It will also familiarise you with the key debates around public recovery narratives and suggests alternative tools for when recovery narrative is not appropriate. **CPD credits:** 1

Podcast Autism and mental health

In this podcast the Royal College of Psychiatrist's Autism Champion, Dr Conor Davidson, explores the relationship between autism and mental health conditions. He does so in conversation with Dr James Cusack, Chief Executive of the UK's leading autism research and campaigning charity and autistic himself, and Dr Dheeraj Rai, Associate Professor and a consultant psychiatrist at Bristol's adult autism services. **CPD credits:** 0.5

Podcast Coping, resilience and surviving trauma

In this podcast Dr Raj Persaud talks to Dr Vajrin Malin about the immediate psychological impact of a sudden physical trauma, the importance of having goals and a sense of purpose when faced with challenges and how trainee doctors who may be struggling to cope with stress or trauma can be supported. **CPD credits:** 0.5

Other recently published CPD eLearning podcasts (each worth 0.5 CPD credits and freely accessible) include:

- Mental health in Ukraine
- The psychology of the Ukrainian soldier
- The impact of COVID-19 on maternal mental health
- Are you ignorant about the pandemic?
- Lost in thought: can intellect save you in a pandemic?
- The psychology behind mathematical modelling of epidemics
- Managing alcohol withdrawal in acute in-patient psychiatry
- Coping with the 'pointless suffering' of COVID-19
- Re-reading Camus's 'The Plague' in pandemic times
- Obedience to authority – lessons from Milgram applied to COVID-19
- Mental Health Tribunals: response to the COVID-19 emergency
- How do we lead effectively through the COVID-19 pandemic?
- Working with patients remotely
- Ethical considerations arising from COVID-19
- COVID-19: Isolation and loneliness – is there a 'social cure'?
- Psychosocial response to epidemics – lessons from Ebola applied to COVID-19
- Surviving the trauma: post-traumatic stress disorder in relation to COVID-19
- The psychology of the virus 'super-spreader'
- The psychology of coping with quarantine
- The psychology and psychiatry of pandemics.

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