DR. HACK TUKE AND THE "AFTER-CARE" ASSOCIATION.

It was natural that a physician whose family tradition—his great-grandfather was founder in 1792 of the famous "Retreat," York—and whose own specialty had brought him into close sympathy with the circumstances of mental invalids, should feel warm interest in their "after-care."

In a letter of Dr. Hack Tuke's, written in May, 1879, occur the words: "The subject has my hearty approval and sympathy, and if the Journal can be made the medium of any communication or appeal on the subject, I am sure my co-editors, as well as myself, would be pleased to afford the opportunity. Unless unavoidably prevented, I shall certainly be at the meeting." The meeting referred to was held on 5th June, in the same year, at the house of Dr. Bucknill—the *birth-place of the Association*—39, Wimpole Street. On that occasion the resolution was proposed by Dr. Lockhart Robertson, and seconded by Dr. Hack Tuke, "*That this meeting do form itself into an Association.*" Dr. Bucknill was invited to take the office of President, and the Rev. H. Hawkins that of Hon. Secretary. On the 27th November another meeting was held at Dr. Bucknill's house, when Dr. Hack Tuke seconded the motion "that the Earl of Shaftesbury be requested to act as the patron of the Association of After-Care." At the same time a resolution was proposed by Dr. Savage, and seconded by Dr. Claye Shaw, "That the object of this Association is to facilitate the readmission of female convalescents from lunatic asylums into social and domestic life." And it was resolved, Dr. Lockhart Robertson proposing and Dr. Hack Tuke seconding, "That it is not desirable at present to form a distinct home, but to carry out the above object by endeavouring to board-out convalescent patients in cottages or other houses."

Shortly afterwards Dr. Tuke was careful to note that the formation of a "Home" was not to be considered as *negatived*, but only in *abeyance*. He wrote: "I should not have seconded it if the words 'at present' were omitted. The resolution means that we must move step by step, and that we by no means close the door to forming a distinct home whenever a majority thinks the time has come to proceed with one." He had previously remarked, "*Festina lente* will have to be the motto of our Association for some time, I think, and eventually we may see our way to more heroic measures."

Early in December, 1879, the Earl of Shaftesbury accepted the office of President of the Association. In a communication received from him occur the words, "Your letter entitled 'After-Care' has deeply interested me. The subject has long been on my mind." At the first anniversary in 1880, held again in Wimpole Street, Dr. Tuke was present. A previous letter from the latter had referred to an unfavourable "prognosis" of the Society. "I much regret to hear so discouraging a report of the state of the health of our bantling, and when its excellent and sensible nurse . . . feels discouraged, I confess it is serious." He expressed his intention of attending the anniversary meeting at Dr. Andrew Clark's, if at home, in 1881, and was present in the ensuing year at Dr. Ogle's, on which occasion he was joined by Lord Shaftesbury in calling attention to the need of some house or room in which the Association's business could be transacted. Later on a query occurs in one of our late Chairman's letters, "Whether the time has not come for appointing a paid officer?" Lord Cottesloe kindly welcomed the Association at his house in Eaton Place in 1883. On this occasion Dr. Hack Tuke remarked that no progress was made, and supported the suggestion that a person should be appointed to promote the Association's work. The meeting in 1884 was held at the house of Lord Brabazon (afterwards Earl of Meath), 83, Lancaster Gate, when the Earl of Shaftesbury (for the last time) took the chair. Dr. Tuke proposed to refer the question of the institution of a "Home" to a special committee. In May, 1885, a bazaar in aid of the funds of the Association was held at the Kensington Town Hall, when Dr. Tuke was among those who ad-

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dressed the company. Later in the same year he spoke at a meeting held at Bethlem Royal Hospital, where also a second meeting was held in the autumn, when Dr. Tuke referred to the boarding-out system, which it might become desirable to utilize. It is to be noted that at this meeting a resolution was proposed by Dr. Norman Kerr, and seconded by Dr. Hack Tuke, "That Lord Brabazon be requested to accept the office of President," with which invitation his lordship eventually complied.

At a meeting in the autumn of 1886—Dr. Hack Tuke being present—Mr. H. Thornhill Roxby was unanimously elected secretary. From that date the Association entered upon a more active and fruitful stage of existence. 83, Lancaster Gate, by kind favour of the Earl and Countess of Meath, became the local habitation of the Society, and Dr. Tuke the permanent chairman of its monthly meetings. For this office he possessed excellent qualifications—tact, patience, courtesy, deference to the views of others while holding his own, and skilfulness in the guidance of the subject before the meeting. The punctual presence, kindly gravity, and apposite remarks of our late Chairman will long be remembered. His aid was also at the service of the Association on exceptional occasions, as when he formed one of a deputation to the late Cardinal Manning, in order to enlist his Eminence's sympathies on behalf of "After-care," especially of convalescents of the Roman Catholic faith; or as when he attended a meeting of visitors from London and neighbours of the Colney Hatch Asylum within the walls of that building. From time to time he visited the Society's temporary "Home" at Redhill, in which he was much interested.

Dr. Tuke's important connection with the "Journal of Mental Science" enabled him to render valuable service in making better known the requirements of "After-Care." Not only did the editors (of whom he was one) admit into its columns a paper bearing that title, but they appended to the article a special note calling attention to its contents. On other occasions, also, the Journal was rendered contributory to the advancement of the project. His correspondence must have been voluminous, yet his communications, though necessarily brief at times, were urbane and to the point. He presided for the last time at the Association's monthly meetings on Thursday, 14th February. The business was protracted, but the Chairman was still patiently pursuing it when the writer, little thinking it was a last farewell, took his leave. Those are pleasant lines connected with his memory—

> "But cheerful in the light around me thrown,
> Walking as one to pleasant service led;
> Doing God's will as if it were mine own,
> Yet trusting not in mine, but in His strength alone."—WHITTIER.

H. H.

LOUIS FLORENTIN CALMEIL.

The month of March, 1895, was a most fatal one to mental science. Two great alienists disappeared—Hack Tuke in England, Calmeil in France. Dr. Louis Florentin Calmeil had well-nigh reached his 97th year; he was born on the 9th of August, 1798, at Yvernay in Poitou. Sent as a pupil to the College of Poitiers, he began in the school of this town his medical studies. Anxious to obtain more extensive knowledge, he repaired to Paris and became a pupil of Rostan at the Salpêtrière. In the old and famous hospital he had the privilege of seeing the great Pinel and of attending the lectures of Esquirol. Ferrus was the assistant of Pinel, and Jean Pierre Falret, Félix Voisin, Georget, Trélat, and Leuret. Foville laboured with Calmeil under the direction of these illustrious masters. When Calmeil reached 24 years, he obtained the title of *interne* at Charenton, and lived there during 50 years. His first master in Charen-

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