The relationship between the premenstrual syndrome and the known premenstrual excess of female suicidal attempts is perhaps complex. Further research is needed to elucidate it.

C. M. Tonks.

Department of Psychiatry,
St. Mary's Hospital,
Praed Street, London, W.2.

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AN ADJURATION ON 'ADJUVANTS'

Dear Sir,

'Adjuvant'—forsooth! Now we know from the list of contents headings of your December issue that you really believe you edit the '*British Journal of Pharmaco-psychiatry*'! We, the 'adjuvant therapists', may be a motley crew of neurosurgeons, behaviour therapists, analysts and occupational therapists, but with only our scalpels, training schedules, couches and raffia we should be able to rescue most of our patients from the machinations of you druggists! Adjuvants of the world arise—we have nothing to lose but our humanity!

D. A. Pond.

Department of Psychiatry,
The London Hospital Medical College,
Turner Street,
London, E.1.

[Point made.—Ed.]

CHLORPROMAZINE METABOLISM IN CHRONIC SCHIZOPHRENICS

Dear Sir,

The paper by Sved *et al.* (1) serves as a further reminder of the need for the monitoring of drugs used in psychiatry. We would however urge great caution in accepting the conclusions which the authors draw regarding resistance to chlorpromazine therapy. We fear a *non sequitur*.

It has already been suggested elsewhere (2) that absorption of unchanged chlorpromazine may be a significant factor in producing a satisfactory clinical response. In this case the presence of metabolites in the urine would be of little significance in judging the therapeutic status of any dosage regime.

Gerald Samuel and Graham Mould.

Newby Cottage,
Crouch House Road,
Edenbridge, Kent.

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2. Curry, S. H., Lewis, D. M., and Samuel, G. (1971). *Brit. med. J.*, *i*, 671–2.

THE N.A.M.H. 'GUIDELINES'

Dear Sir,

The correspondence in the *Journal* on the topic of the N.A.M.H. 'Guidelines' makes me wonder whether the Joint Working Party would not perform its task in the most satisfactory way if it would supervise the making of a cartoon film showing how violent patients should be managed.

Staff have to be trained before they come to the wards and it would be a pity if only mental nurses were to be taught how to restrain a violent patient, because the two most aggressive patients I can remember were a drunk in a Casualty Department and a patient in epileptic furor in a medical ward of a General Hospital.

A twenty-minute film would be more instructive than a twenty-page guideline. Cartoons are better visual aids than actors in this field, not only because it is easier to emphasize the general principles of management but also because in the illustrations the steam can be taken out of rather traumatic situations.

Rudolph Payne.

Little Plumstead Hospital,
Norfolk NOR 52Z.

ERRATUM

We regret that there was an error in the paper, 'On the Arousal State-Dependent Recall of "Subconscious" Experience: Stateboundness' by R. Fischer and G. M. Landon, in the February issue (pp. 159–72). 'Satori' in Fig. 1 and in the second paragraph of the accompanying caption should read 'Zezen'.

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