published an approach might be made to the appropriate Government Departments with a view to codifying and rationalizing the laws and regulations on patients' civil status and financial affairs.

The subject of rents charged for Medical Superintendents' houses was considered and it was agreed that the greatly increased charges made by some Regional Hospital Boards should be referred for consideration by the Standing Joint Committee with the B.M.A. and the Joint Consultants' Committee, and that a direct approach should be made to the Ministry of Health.

The subject for the November Papers Session will be, "The Principles of Medical Administration in Mental Hospitals", and at the February Meeting both sessions will be on "The Practical Application of Psychotherapy".

The Study Tours Sub-Committee is arranging for a Tour of this country by Swiss Psychiatrists in the Spring of 1957. There will be no Study Tour abroad next year, but there may be a Tour of Scotland in the following year.

The Council recorded with pleasure their congratulations to the Hon. Librarian, Dr. Walk, on the continuing high standard of the Association's Library.

The Standing Joint Committee of this Association and the B.M.A. Psychological Medicine Group has considered and endorsed the Association's recommendations on the subject of incentives to younger psychiatrists to train to become Physician Superintendents.

A report was received from the Association's representatives who had been appointed to meet the Society of Medical Officers of Health, and it stated that a wide measure of agreement had been reached as to the common interest of the two bodies in the province of Mental Health. In particular it was felt by the Council that the subject of Social Work in the field of Mental Health was an appropriate one for a joint discussion between the two bodies and it was decided to propose this to the Society of Medical Officers of Health.

The Council considered a resolution from the Mental Deficiency Section on the subject of the Board of Control Circular on the question of licensing of Mental Defectives from Mental Deficiency Hospitals. It was noted with satisfaction that it had been arranged for Mental Deficiency Section Representatives to meet Dr. Rees Thomas later on in the week in order to discuss the points made in the Circular.

The conditions of service for Teachers of the Mentally Handicapped were carefully considered, but it was felt that the Council was not the appropriate authority to initiate the re-opening of discussions on this subject.

The Council took notice of the following Conferences:

11 August. The European League of Mental Hygiene, Annual Meeting in West Berlin. Dr. Wilson has kindly agreed to represent the Association on this occasion.

12–17 August. World Federation of Mental Health, 9th Annual Meeting in West Berlin. The Council agreed to ask Dr. Wilson if she would kindly act as the Association's representative.

30 August–4 September. The Society of Alienists and Neurologists of France, 54th Annual Meeting at Bordeaux. The Council would be glad to hear of members who wish to attend this meeting with a view to their being appointed the Association's delegate.

The dates for the May Meeting, 1957, were fixed for 1 and 2 May.

REPORTS OF SECTIONS

Research and Clinical Section

The Section Executive Committee met twice during the year, and Open Meetings were arranged by the two Section Sub-Committees; at the Clinical Psychiatry Meeting,

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Dr. Reiss and the late Dr. Sands spoke on "Some Recent Developments in Psycho-Endocrinology", and at the meeting arranged by the Pathology Sub-Committee the papers and speakers were as follows: "Stereotaxic Ablation of Anterior and Dorso-Medial Nuclei of the Thalamus" (Drs. Brierley and Beck), "The Rhinencephalon and Emotional Behaviour" (Dr. Woods), "Conditions for Thyrogenic Actions on the Brain Metabolism" (Dr. Reiss), and "Endocrinological Aspects of the Action of Morphine" (Dr. A. McCoubrey).

The Geriatric Sub-Committee has been considering the report on the Course and Outcome of Mental Disorders in Old Age.

A new Sub-Committee of the Executive Committee has been set up, which will be known as the Genetics Sub-Committee. Dr. Mayer-Gross is Chairman and Dr. Eliot Slater is Secretary. The Committee has begun work on a project to consider the association between blood groups and mental disease.

Mental Deficiency Section

The Section held four Meetings during last year. At the July Meeting in Dublin members visited the Hospital of St. John of God at Blackrock, at the kind invitation of the Brothers of St. John of God.

The paper at the November Meeting was given by Dr. K. Bobath, and was devoted to the "Neurophysiology of Cerebral Palsy". Dr. Bobath spoke with special reference to early diagnosis and treatment, and showed a film of his work.

At the February Quarterly Meeting Dr. Noel Burke read a paper on "Criticisms of Mental Deficiency Practice expressed in the evidence to the Royal Commission", evaluating these and discussing improvements that could be introduced. The paper was followed by an animated discussion.

The Annual General Meeting was held at Little Plumstead Hospital, by kind invitation of Dr. J. V. Morris, the Hospital Management Committee, and the East Anglian Regional Hospital Board. The members had an opportunity of seeing the very progressive designs of low-grade wards evolved at Little Plumstead, and then heard a paper by Dr. J. V. Morris on "Habit Training with Low Grade Patients". The Section was very hospitably entertained at lunch and tea. A discussion was held on the Memorandum of the Teachers of the Mentally Handicapped, a report of which was forwarded to the Council of the Association. The Section also passed a resolution expressing its concern at the recent circular of the Board of Control on the discharge of patients from licence.

Psychotherapy and Social Psychiatry Section

In response to several requests received from Members for an increased number of scientific meetings, the Section has arranged monthly meetings in London. These are being held in London for one year in the first instance, and if the attempt is successful similar activities will be extended to the provinces. The present series of papers has been given under the general title of "The Mental Hospital as a Therapeutic Community".

During the past year a questionnaire was sent to mental hospitals all over the country to find out what facilities existed for the teaching and practice of psychotherapy. From replies received, it emerged that certain Regions were anxious to have such facilities increased, and the Executive Committee is going to submit to the Council a request for appropriate action.

Child Psychiatry Section

The Section held four meetings during the year. In July, 1955, the Section visited St. John of God Hospital, Dublin, and the newly-opened Child Psychiatric Centre at Rathgar, Dublin. Dr. J. J. Stack, Medical Director, spoke on their plans for the child psychiatric service for Dublin. In November, 1955, Dr. K. Cameron gave the Chairman's address, entitled "Past and Present Trends in Child Psychiatry". In

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February, 1956, Dr. C. Haffner read a paper on "The Clinical Evaluation of Chlorpromazine in Child Psychiatry". In May, 1956, the Child Psychiatry Committee of the Scottish Division made arrangements for a meeting at Craig Dunain Hospital, Inverness. Dr. Margaret Methven opened a discussion on "Parent Therapy".

The Executive Committee met regularly throughout the year; memoranda entitled "The Training of the Consultant Child Psychiatrist", and "The Provision of Psychiatric Services for Children and Adolescents" were approved by the Section, published by the Council of the R.M.P.A. and forwarded to interested bodies. The Executive Committee also started to study matters relating to in-patient accommodation for child and adolescent patients.

The Report of the Council was adopted.

(*b*) Treasurer

The Treasurer, Dr. Thos. Tennent, reported as follows:

The income of the Association during the past year amounted to £9,174 and the expenditure was £6,074. This shows a decrease in expenditure compared with the preceding year of £688.

The investments of the Association stand in the Accounts at £22,082—their market value on 31 December, 1955, was £20,130.

The Report of the Treasurer was adopted.

(*c*) Editor-in-Chief and Journal Committee

Dr. Walk said that, as Members already knew, Dr. Fleming had been prevented by illness from attending the Meeting, and it had not been possible for him to prepare a formal report; he had, however, submitted a financial statement which showed a most satisfactory state of affairs. The total cost of producing the *Journal* had fallen by over £500 and revenue from sales and advertisements had increased by over £400, so that the net cost to the Association had been reduced from £2,127 in 1954 to £1,183 in 1955, and the net cost per copy and per page were lower than in 1938. Advertising was being placed in the hands of a new firm, G. & M. Press Ltd.

The third volume of "Recent Progress in Psychiatry" was in hand and two chapters were now ready for the printers.

The Report was adopted.

(*d*) Registrar

The Registrar, Dr. Sargant, reported as follows:

Two Maudsley Bequest Lecture Courses were held before the November and February Quarterly Meetings. At the November Course each of the eight lectures was devoted to the diagnosis or treatment of selected mental disorders. This proved an outstandingly popular course, and over 400 applications for tickets were received. At the February Course the subject was "Legal Psychiatry" and again there was a very good attendance. We are, as always, most grateful to the speakers at these courses, and to the Royal Society of Medicine for permitting us to use the Barnes Hall.

There were two entries for the Gaskell Medal and Prize examination and one for the Bronze Medal and Prize, but in both cases the examiners were unable to recommend that an award should be made.

The Report was adopted.

(*e*) Librarian and Library Committee

The Report of the Hon. Librarian, Dr. Walk, was as follows:

Since the last Annual Meeting there have been three meetings of the Library Committee. Issues of books show an increase compared with last year, the number

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THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

BALANCE SHEET, 31 DECEMBER, 1955

1954 £		£ s. d.	£ s. d.
	The General Fund:		
	Creditors:		
783	Journal Account	686 10 9	
242	Sundry	100 17 1	
100	Burlingame Prize Account, unexpended	— — —	
			787 7 10
1,125	Capital Fund:		
	As at 31 December, 1954	23,230 12 1	
	Add Excess of Income over Expenditure for the Year	3,099 4 9	
	Premium on Defence Bonds converted	3 7 0	
		26,333 3 10	
	Registrar's Account:		
23,231	*Add* Excess of Income over Expenditure	13 0 0	
			26,346 3 10
	Special Funds:		
	Maudsley Bequest:		
	Income Account as at 31 December, 1954	661 10 11	
	Less Excess of Expenditure over Income	93 4 9	
662			568 6 2
2,086	Capital Fund		2,086 5 10
	Gaskell Memorial Fund:		
833	Income Account as at 31 December, 1954	833 3 9	
	Add Excess of Income over Expenditure	13 10 1	
			846 13 10
2,126	Capital Fund		2,125 18 3
30,063	Carried forward		32,760 15 9

1954 £		£ s. d.	£ s. d.
	The General Fund:		
105	Furniture, Fixtures and Fittings as at 31 December, 1954	105 4 0	
	Additions to 31 December, 1955 ..	18 1 6	
		123 5 6	
	Less Depreciation	12 6 6	
			110 19 0
—	The Library		146 3 4
	Sundry Debtors:		
110	Subscriptions	58 5 6	
761	Registrar's Account	173 11 8	
1,415	*Journal* Account	1,871 0 5	
96	11 Chandos Street	102 19 4	
15	Income Tax Claim	9 19 0	
278	Recent Progress in Psychiatry ..	248 0 3	
253	Handbook	78 12 11	
2,928			2,542 9 1
2,708	Lloyds Bank Ltd.		2,224 13 10
33	Cash in Hand		27 5 9
	Investments at Cost:		
	£12,482/14/10 3½% Conversion Loan	10,470 15 2	
	£1,864/1/2 3½% War Loan	1,919 19 7	
	£213/18/1 Manchester Corporation 3% Guaranteed Stock	143 6 3	
	£329/15/9 British Transport 3% Guaranteed Stock	239 6 5	
	£255/0/0 3% Defence Bonds 1978/88	255 0 0	
	£399/3/0 British Electricity 3½% Stock	400 0 0	
	£3,140/0/0 3½% Defence Bonds ..	3,140 0 0	
	£2,509/9/5 British Gas 4% Guaranteed Stock	2,500 0 0	
	£3,304/2/11 3% Savings Bonds 1960/70	3,013 13 3	
18,582			22,082 0 8
	Market Value at 31 December, 1955, £20,130/0/0		
24,356	Carried forward		27,133 11 8

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30,063	Brought forward		32,760 15 9	24,356	Brought forward			27,133 11 8	
					Special Funds:				
					Maudsley Bequest				
662					Lloyds Bank Ltd. Deposit Account..			568 6 2	
					Investment—£2,112/13/11 3½% War Loan Market Value, 31st December,				
2,086					1955 £1,624/0/0			2,086 5 10	
					Gaskell Memorial Fund:				
816					Lloyds Bank Ltd. Deposit Account ..	842 0 4			
17					Income Tax Claim Account	4 13 6			
								846 13 10	
					Investments:				
					£370/0/0 3½% War Loan	370 0 0			
					£356/1/8 Commonwealth of Australia 3% Stock 1955/58	356 1 8			
					£1,392/2/8 British Gas 4% Guaranteed Stock 1969/72	1,399 16 7			
2,126								2,125 18 3	
					Market Value at 31 December, 1955, £1,906/0/0				
£30,063			£32,760 15 9	£30,063				£32,760 15 9	

We have examined the above Balance Sheet and annexed Accounts with the Books and Vouchers. In our opinion the Balance Sheet gives a true and fair view of the state of the affairs of the Association at date thereof and the Accounts properly disclose the Income and Expenditure for the period under review. We have received all the information and explanations required by us.

REGENT HOUSE,
45 SHEEP STREET, NORTHAMPTON.
5 April, 1956.

A. C. PALMER & Co.,
Chartered Accountants.

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THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

INCOME AND EXPENDITURE ACCOUNT, FOR THE YEAR ENDED 31 DECEMBER, 1955

EXPENDITURE

1954		£ s. d.	£ s. d.
£			
3,846	Printing, Publishing and Distribution of Journal		3,319 14 10
123	Expenses of Annual General and other Meetings		106 6 0
421	Library Expenses		200 6 2
4,390			3,626 7 0
	Expenses—11 Chandos Street:		
400	Rent	400 0 0	
975	Salaries and National Insurance	1,062 8 5	
33	Telephone	25 7 11	
52	Printing and Stationery	57 15 9	
18	Electric Light and Gas	16 1 4	
9	Water	8 16 8	
86	Rates	86 5 0	
243	Postages and Sundries	279 9 4	
1,816			1,936 4 5
68	Audit and Accountancy Charges		68 5 0
476	Miscellaneous Expenses		431 9 0
12	Depreciation on Furniture, Fixtures and Fittings		12 6 6
795	Surplus to Capital Account		3,099 4 9
£7,557			£9,173 16 8

INCOME

1954		£ s. d.	£ s. d.
£			
709	Interest on Investments		786 19 7
	Sales:		
1,544	*Journal* and Year Book	1,746 11 8	
21	M.D. Manuals, etc.	12 8 0	
175	Advertisements	398 8 0	
1,740			2,157 7 8
—	Handbook		565 6 5
4,967	Members' Subscriptions		5,318 18 8
141	Lecture Course		199 1 0
—	The Library, at valuation as shown on Balance Sheet		146 3 4
£7,557			£9,173 16 8

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THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

MAUDSLEY BEQUEST

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER, 1955

1954	EXPENDITURE	£ s. d.	1954	INCOME	£ s. d.
£			£		
88	Lecture Course and Fees	81 0 0	74	Interest on Investments	73 18 10
12	Use of Room	32 11 0	10	Bank Interest	14 5 6
26	Advertising	21 3 6	68	Balance being Excess of Expenditure over Income ..	93 4 9
26	Stationery and Sundry Expenses	46 14 7			
£152		£181 9 1	£152		£181 9 1

GASKELL MEMORIAL FUND

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER, 1955

1954	EXPENDITURE	£ s. d.	1954	INCOME	£ s. d.
£			£		
—	Prizes and Medals	58 17 6	55	Interest on Investments	74 13 0
21	Examination Fees—Expenses	25 3 0	11	Bank Interest	18 4 1
62	Balance being Excess of Income over Expenditure ..	13 10 1	17	Income Tax Claim	4 13 6
£83		£97 10 7	£83		£97 10 7

REGISTRAR'S ACCOUNT

1954	EXPENDITURE	£ s. d.	1954	INCOME	£ s. d.
£			£		
396	Expenses	23 6 0	495	Receipts	36 6 0
99	Balance being Excess of Income over Expenditure ..	13 0 0			
£495		£36 6 0	£495		£36 6 0

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issued being just under 700. The Librarian joined in the collective protest which was made earlier this year against the increased postal charges which constitute an additional burden on scientific and literary research.

New shelves have been fitted in the front library, and the available wall space is now being used to the maximum extent.

During 1955, 120 books were added, and since January, 1956, about 65 more. The increased interest now being taken in psychiatric history is reflected in the keener competition for 18th- and early 19th-century works. Through the help of one of the Librarian's patients it has been possible to provide typed copies of important works of this period, including among others Monro's "Remarks on Dr. Battie's Treatise", and Thomas Arnold's "Observations on the Management of the Insane and the Importance of Humane and Kind Treatment". Among actual volumes of historical interest acquired during the year are Daquin's "Philosophie de la Folie", 1804, and Amard's "Traite Analytique de la Folie", 1807, as well as works by Voisin, Leuret, Prichard and Spurzheim.

At the conclusion of 10 years in office your Librarian would like to thank the Association for the continued support and encouragement given him in this very pleasurable work.

The Report was adopted.

(*f*) Education Committee

The Hon. Secretary, Dr. O. W. S. FitzGerald, reported as follows:

A Special Meeting of the Committee in 1955 considered the present-day position of nurse training, and agreed to set up a Sub-Committee to enquire fully into the matter.

At the subsequent Meeting in November, 1955, the following were appointed to serve on the Sub-Committee on nursing: Drs. J. Dunne, N. Harris, N. Burke, T. P. Rees, W. Sargant, A. Walk, L. C. Cook, C. B. Robinson, P. K. McCowan, O. W. S. FitzGerald, with J. C. Sawle Thomas as observer for the Psychological Medicine group of the British Medical Association.

At the Quarterly Meeting in May, 1956, the Sub-Committee presented a report in which a number of substantial changes in the training schemes for psychiatric nurses were recommended. At the same Meeting it was made known that the General Nursing Council for England and Wales were about to publish their own revised training scheme for mental nurses. The Committee anticipated that there would be general agreement between the General Nursing Council and the Association as to the principal reforms which were desirable, but, none the less, wished to go ahead with the publication of its own recommendations, since they were addressed to all the examining bodies in addition to the General Nursing Council for England and Wales.

Another Sub-Committee, comprised of Drs. N. Harris, N. Burke, A. B. Munro and W. Sargant, was appointed in November, 1955, to enquire into the practicability of creating a Higher Diploma in Mental Nursing, as was recommended in the Association's report of November, 1954, on the Shortage of Mental Nurses. Subsequently this Sub-Committee reported that, in response to an enquiry, the following bodies had expressed themselves as being broadly in favour of the Association providing a Higher Diploma: the Royal College of Nursing, the Trustees of the King Edward's Fund, the London University, the Regional Nursing Officers of the North-West Metropolitan and South-West Metropolitan Boards and Association of Regional Nursing Officers, the Association of Chief Male Nurses, the Mental Matrons' Association and the Ministry of Health. The General Nursing Council, however, felt that the creation of a Higher Diploma at this stage might detract from the success of a new training scheme and that it would be better to ensure that the ordinary training was improved upon before we instituted a higher certificate or diploma. Having regard to the attitudes of the aforementioned interested bodies, the Committee recommended that the

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Association should proceed with its intention to provide a higher certificate in mental nursing, but that no further action should be taken to implement the decision until the new training scheme proposed by the General Nursing Council could be taken into consideration.

At the Meeting in November, 1955, Dr. Jonathan Gould presented the first report of the recently formed Sub-Committee on Films. The Committee throughout the year concerned itself mainly with collecting information on scientific films and devising ways of making that information readily available to interested members. The Committee expressed its appreciation of the help given to the Sub-Committee by Dr. R. C. MacKeith, the Vice-President of the Scientific Film Association. Arrangements have been made for a meeting this year on the theme of "Novelty and Difficulties in the Use of Films in Psychiatric Education".

At the Quarterly Meeting of February, 1956, a Sub-Committee comprised of Drs. J. Gould, E. Strauss, Mildred Creak, O. W. S. FitzGerald, R. G. McInnes, A. B. Monro, T. P. Rees, W. Sargant, was instituted to investigate the possibility of the Association undertaking training in Eclectic Psychotherapy as one of its educational activities. The Sub-Committee has submitted to the most recent meeting of the Education Committee a report setting out the case for training young psychiatrists in the Eclectic approach to Psychotherapy, together with suggestions as to how such training might be encouraged or sponsored by the Association. This report will be considered by Council at the November, 1956, Meeting.

At the February Meeting the Committee recommended Council to send representatives to a Conference which was being convened by Lord Feversham, Chairman of the National Association for Mental Health, to discuss a matter of mutual concern, namely, the lack of any formal training for mental welfare officers. This Conference was not convened, but Dr. Noel Harris, acting as the representative of the Association, in company with Lord Feversham, interviewed the Minister of Health to plead for some action on the part of the Minister in providing training for mental welfare officers. The Minister, however, could promise no prompt action, as he was waiting the report of a Working Party which he had recently set up to consider the possibility of having a general grade of social worker. Council then referred back for consideration by the Education Committee the question as to what was the case for training a mental health worker with some specialized training, as distinct from the general purpose social worker whose possible role was under consideration by the Younghusband Working Party. This question proved to be of equal interest to the Parliamentary Committee, so the officers of both Committees met, with the result that a letter of enquiry about mental health social services was addressed to the Medical Superintendents of all mental hospitals and mental deficiency hospitals in England and Wales, and other members specially concerned with the problem. The information thus obtained will, it is anticipated, provide material for much future discussion.

The Report was adopted.

(*g*) Parliamentary Committee

The Hon. Secretary of the Parliamentary Committee, Dr. Walk, reported as follows:

The Committee have held their usual four meetings during the year, and at each of these the reports on Parliamentary proceedings supplied by the Parliamentary Agent and summarized by the Secretary have been considered. The interest of Members of Parliament in mental health matters is providing an ever-increasing number of questions and adjournment debates, and this year the focus has been less on building programmes and more on such matters as mental nursing, the fate of hospital farms, food and cost of maintenance, handicapped and maladjusted children and the use of observation wards.

The report of the Guillebaud Committee was considered at two of the Committee's meetings and various recommendations were made to Council which were

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accepted and are included in the Council's Report. In this connection information has been collected as to medical and psychiatric membership of R.H.B.s and H.M.C.s, and at yesterday's meeting recommendations were made to Council in reply to the Ministry's request for the Association's views.

The Report of the Royal Commission on Marriage and Divorce has also been considered, and a summary has been prepared setting out the recommendations of psychiatric import and noting their implications. Any further legislation resulting from the Report will be carefully watched.

Action was taken on the Ministry of Health Circular concerning accidents in hospitals, and a satisfactory solution was reached. Correspondence was also undertaken on the subject of mental patients' allowances and benefits, and an expectation was raised that the present anomalies would be removed; this, however, has since been disappointed, and it may be that a fresh approach will be necessary.

Preliminary work has been undertaken in conjunction with the officers of the Education Committee in preparing evidence to be given by the Association to the Working Party on Social Workers, and the Council have accepted a joint recommendation that a special committee should be appointed to continue the work and submit a memorandum of evidence.

At yesterday's meeting there was a very full discussion on the Board of Control's Circular concerning mental defective patients on licence. There was a free exchange of views, and Dr. Rees Thomas gave a very informative explanation of the circumstances which had led to the issue of the Circular. The discussion was preparatory to consideration by the Council of the resolution on the subject passed by the Mental Deficiency Section.

Other matters considered at yesterday's meeting on which recommendations were made to Council have been fully referred to by the General Secretary in his report of the Council's proceedings.

The Report was adopted.

(*h*) Papers and Discussions Committee

The Hon. Secretary, Dr. L. C. Cook, reported as follows:

Four meetings of the Committee were held during the year, with an average attendance of 10 members. Arrangements for the following meetings were made:

(1) *November, 1955.* "Clinical Applications of Electro-Encephalography in Psychiatry."

(2) *February, 1956.* Four papers on "Tranquillizing Drugs in Psychiatry", with special reference to Chlorpromazine and Reserpine.

(3) *May, 1956.* Arranged in conjunction with the Scottish Papers and Discussions Committee:
"The Minnesota Multiphasic Personality Tests";
"A Sociological Survey of Mental Health Problems in the North of Scotland";
"Aspects of Psychiatric Illness in Women in the Involutional Age Group";
"Psychosomatic Aspects of Hypertension".

(4) *July, 1956.* Two sessions, each of four short papers followed by discussion on the mental hospital patient's life. The morning session to be entitled "Open Doors in Mental Hospitals", and the afternoon session "The Patient's Twenty-four Hour Day".

The programmes have covered a wide and varied field, and the meetings were usually crowded.

The Council accepted the proposal of an *Ad Hoc* Committee to alter the structure of the Annual Meetings, so as to give more time to papers and discussions.

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At this meeting two discussions were held yesterday on "The Scope and Limitations of Hypnosis" (morning), and "Common Marital Problems in Psychiatric Practice" (afternoon). The whole of Friday is to be devoted to sectional meetings, and a full programme, which looks very attractive, has been arranged.

The Study Tours Sub-Committee has suffered a severe loss in the resignation of the Hon. Secretary, Dr. Isabel Wilson. Few who have not actually taken part in these tours can realize the enormous amount of detailed work, together with exceptional qualities of personality that are necessary to make these tours successful, and which Dr. Wilson has supplied with apparently effortless ease. I think we are fortunate in getting Dr. E. S. Stern, who has been a regular member of the tours, to take over from Dr. Wilson. A very successful study tour to Holland took place in September, 1955.

The Report was adopted.

Reports of Special Committees

There was no Report to be submitted under this item.

Other Business

The usual grant to the President during his year of office was approved.

The following dates for Quarterly Meetings were approved:

15 and 16 November, 1956 (London).

13 and 14 February, 1957 (London).

1 and 2 May, 1957 (Barrow Gurney Hospital, Bristol).

The appropriate officers were authorized to fix the date for the Annual Meeting, 1957, which would be held at Littlemore Hospital, Oxford.

Elections

The Candidates for Honorary, Corresponding and Ordinary Membership, whose names were set out on the Agenda, were duly elected.

Honorary

The Rt. Hon. Lord Adrian, *O.M.*, M.A., M.D., F.R.C.P., F.R.S., Master of Trinity College, Cambridge.

Proposed by Professor John Dunne, Drs. Thos. Tennent, R. W. Armstrong, Noel Harris, T. P. Rees and A. Walk.

Corresponding

Robert H. Felix, M.D., M.P.H., F.A.C.P., Director, National Institute of Mental Health, National Institutes of Health, United States Public Health Service, Bethesda 14, Maryland, U.S.A.

Proposed by Drs. Thos. Tennent, R. W. Armstrong, T. P. Rees and Noel Harris.

R. Finley Gayle, Jr., M.D., Professor and Chairman of the Department of Psychiatry and Neurology, Medical College of Virginia, Richmond, Virginia, U.S.A. Immediate Past President, American Psychiatric Association.

Proposed by Drs. Thos. Tennent, R. W. Armstrong, T. P. Rees and Noel Harris.

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University Professor of Psychiatry, DR. MED. JAROSLAV STUCHLIK, Prague 2, Legerova 8, Czechoslovakia.

Proposed by Drs. Thos. Tennent, R. W. Armstrong, Noel Harris and J. R. Rees.

ORDINARY

LAKE, FRANK, M.B., Ch.B., D.T.M., D.P.M., Registrar in Psychiatry, Scalebor Park Hospital, Burley-in-Wharfedale, near Leeds.

Proposed by Drs. E. J. Harrison, J. Valentine and J. H. Kahn.

MCWALTER, HARRY SCOTT, B.Sc., M.B., Ch.B., D.P.H., Registrar in Psychiatry, Cherry Knowle Hospital, Ryhope, near Sunderland.

Proposed by Drs. A. Gillis, C. F. Lascelles and S. J. Frewin.

NEVILLE-SMITH, CHRISTOPHER HUGH, B.M., B.Ch., D.P.M., D.C.H., Senior Registrar (Children), Department of Psychiatry, University of Leeds.

Proposed by Drs. Mary Burbury, Agnes Collins and A. Walk.

O'DOWDA, PAULETTE, M.B., Ch.B., Junior Medical Officer, Powick Hospital, Worcester.

Proposed by Drs. R. A. Sandison, J. D. Currie and B. G. Fleming.

RAYMOND, MICHAEL JAMES, M.R.C.P.E., D.P.M., Senior Registrar in Psychiatry, St. George's Hospital, S.W.1.

Proposed by Drs. D. Curran, Isobel Crotty, and Sir Paul Mallinson.

SARKAR, JAGADISH CHANDRA, M.Sc., M.B., B.S.(Calcutta), Specialist in Psychiatry, Army Medical Corps, 148 General Hospital, c/o 56 A.P.O., New Delhi.

Proposed by Drs. D. L. N. Murti Rao, Nagendraneth De and N. G. Chakraborty.

SHEPHERD, ERIC WILLIAM, M.B., B.S., M.R.C.S., L.R.C.P., D.P.M., Assistant Psychiatrist and Deputy Physician Superintendent, Leavesden Hospital, Herts.; Clinical Assistant, New End Hospital, Hampstead.

Proposed by Drs. R. G. Blake Marsh, R. W. Armstrong and A. Walk.

SHERRET, DAVID, M.B., Ch.B., D.P.M., Senior Medical Officer, Glengall Mental Hospital, Ayr.

Proposed by Drs. P. G. McGrath, H. J. B. Miller and R. W. Armstrong.

TANNER, JAMES MOURILYAN, M.B., B.S., M.D.Penna, Ph.D., D.P.M., Lecturer in Child Health, Institute of Child Health, Great Ormond Street, London, W.C.1.

Proposed by Professor J. Elkes, Drs. W. Mayer-Gross and D. Richter.

WALLIS, GEOFFREY GARFIT, M.B., B.S., M.R.C.S., L.R.C.P., D.P.M., Surgeon Commander, Royal Navy; Senior Specialist in Neuro-Psychiatry, Royal Naval Hospital, Haslar, Gosport.

Proposed by Drs. J. McQuillan, R. Phillipson and D. C. V. Stewart.

WILLIAMS, CYRIL EDDY, M.B., Ch.B., Senior Registrar, Fountain Hospital, Tooting, London, S.W.17.

Proposed by Drs. L. T. Hilliard, R. W. Armstrong and A. Walk.

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Candidature approved by Council, 16 May, 1956:

JERI, RAUL, M.D., Head of the Department of Psychiatry of the Hospital de Policia, Lima, Peru.

Proposed by Drs. J. R. Rees, E. Slater and A. J. Oldham.

At the conclusion of the morning session Dr. J. R. Rees gave a most interesting impromptu talk on the work of the World Federation for Mental Health, stressing in particular its work in the preventive field, and quoting examples of work done in Holland, Thailand, Pakistan, Hong Kong, Latin America, the U.S.A. and the Philippines.

The Association and guests were entertained to Luncheon at Warlingham Park at the kind invitation of the Management Committee, whose Chairman, Alderman Lock Kendell, in his speech of welcome, expressed the pleasure of the whole hospital at receiving the Association on the occasion of its One Hundred and Fifteenth Annual Meeting, and said how pleased and proud they all were that their Physician Superintendent, Dr. T. P. Rees, had been chosen as President for the ensuing year.

Afternoon Session

VOTE OF THANKS TO OFFICERS AND COUNCIL

Dr. R. K. FREUDENBERG said that it was a privilege to speak on behalf of all Members and extend their thanks to the Officers and Council for their work on behalf of the Association throughout the year which had just been completed. He could not mention the names of all those who had given so much of their time to help with the running of the Association's affairs, but he would like to pay tribute to the efficiency of the General Secretary and the shrewdness of the Treasurer, and to assure them and all their colleagues of the gratitude of their fellow Members.

In seconding the vote of thanks, Dr. J. D. W. PEARCE said he would like to record the gratitude of all Members to the Hon. Librarian, Dr. A. Walk. The Association was indeed fortunate to have so learned and knowledgeable a Librarian, who, with unfailing helpfulness, was able to solve the most recondite problems.

The vote of thanks was accorded with acclamation.

INDUCTION OF NEW PRESIDENT

PROFESSOR DUNNE vacated the Chair in favour of the new President, Dr. T. P. Rees. He invested Dr. Rees with the Presidential Badge and wished him a happy and successful year as the Association's President.

DR. REES took the chair, thanked Professor Dunne for his remarks, and invested him with the Past Presidential Badge, congratulating him on the completion of a most successful year of office.

The following delegates were presented to the President:

Dr. Noel Peron, representing the French Neurological Society, the Congrès des Médecins Aliénistes et Neurologistes de France, and the French Medico-Psychological Society.

Dr. Yves Porc'her, representing the French League of Mental Hygiene.

Dr. A. P. Noyes, representing the American Psychiatric Association.

Dr. H. Rademaekers, representing the Belgian Neurological Society.

Dr. J. Finn Larsen, representing Dansk Psykiatrisk Selskab.

The following visitors from overseas were also presented:

The Hon. Harry Shapiro, Minister of Health, Commonwealth of Pennsylvania.

Dr. John E. Davis, Medical Director, Commonwealth of Pennsylvania.

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Dr. Otto Feldmann, Director of Mental Health, Ministry of Health, Israel.

Dr. Westerman Holstijn, Corresponding Member from Holland.

The Honorary and Corresponding Members elected in the morning found it impossible to be present personally to receive their parchments, and it was therefore agreed that these should be forwarded to them, and that the congratulations of all Members should be conveyed to them.

The GENERAL SECRETARY announced that, as Members already knew, Dr. J. R. Rees would give the Maudsley Lecture in November, 1956, and that Sir Wilfrid Le Gros Clark had kindly consented to give the Lecture in November, 1957.

PRESIDENTIAL ADDRESS

The President then delivered his address, entitled:

"Back to Moral Treatment"

VOTE OF THANKS TO THE PRESIDENT

DR. NOEL HARRIS, in moving the vote of thanks for the President's most interesting address, paid tribute to his courage and his tolerance which had led to the very fine achievements at the hospital which the Association was now visiting. He said that on this important day he would like also to congratulate Mrs. Rees, who had been a constant help to her husband in his pioneer work.

DR. T. F. MAIN said that Dr. Rees' address had shown that, whilst his work was based on the solid foundations of all that was best in past traditions of mental hospital work, he had not been content merely to follow established custom, but had made his own personal contribution by adventurously adopting the concept of the hospital as a therapeutic community—a theory whose successful translation into practice members had seen for themselves during their visit to Warlingham Park. Dr. Main then formally seconded the vote of thanks which was carried with acclamation.

GENERAL VOTE OF THANKS

The GENERAL SECRETARY said that he welcomed the new arrangement of the Annual Meeting programme, as it gave him an opportunity to express the thanks of Members for all the hospitality that they had enjoyed, at a time when a large number of Members were assembled and could endorse the thanks which he expressed on their behalf. He thanked Alderman Lock Kendell and the Hospital Management Committee for entertaining the Association to luncheon and tea on this day of the Annual Meeting, and said that he would also like to thank especially all those behind the scenes who had worked so hard to ensure the success of this very enjoyable occasion. The Members of Council wished to thank Dr. Rees for entertaining them to dinner on the previous night, and the wives of Council Members were deeply appreciative of Mrs. Rees' kindness in arranging the Theatre Party to see the Festival Ballet, which those fortunate enough to attend had greatly enjoyed. If he might look forward to events that were still to come, he would like to thank Mrs. Rees and Messrs. Harrods Ltd., for arranging the Coffee Party for the wives of all Members, an event to which they looked forward with keen anticipation. A new innovation was the Sections Day on the last day of the Meeting, and to all those who would act as hosts on that day he expressed the thanks of all Members; that is to the Chairmen, Management Committees and Physician Superintendents of the following hospitals: Netherne (Research and Clinical Section), the Cassel (Psychotherapy and Social Psychiatry Section), and St. Lawrence's (Mental Deficiency Section). The Child Psychiatry Section would be entertained by the Board of Governors of Bethlem Royal and the Maudsley, and by the Mayor of Croydon to whom he also expressed thanks. It was a real pleasure to record the Association's gratitude to all those who had done so much to make this such a memorable Meeting, both on the scientific and social side.

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The General Secretary's vote of thanks was endorsed by the warm acclamation of all those present, and this concluded the day's proceedings. Members were then entertained to tea. At the end of the day many Members took advantage of the invitation to visit Champions Place, the annexe to Warlingham Park Hospital at Limpsfield Chart, Surrey.

Thursday, 19 July

Papers—at 11 Chandos Street, Cavendish Square, London, W.1

Morning Session

"Open Doors in Mental Hospitals"

Speakers:

Drs. E. S. Stern, Duncan Macmillan, G. M. Bell and Joshua Carse.

Afternoon Session

"The Patient's Twenty-four Hour Day"

Speakers:

Drs. G. Somerville, D. H. Clark, A. K. Macrae and L. C. Cook.

During the morning the wives of Members were entertained to a Coffee Party by Messrs. Harrods Ltd. Miss Jean Grey gave them a talk on "Beauty Belongs to You", and those who attended were very appreciative of all that was done to make this a most pleasant and friendly social occasion.

Annual Dinner

The Annual Dinner was held at Grosvenor House, and was followed by dancing. The President, Dr. T. P. Rees, was in the Chair.

The Hon. W. S. Maclay, proposing "The Guests", said that the Association was particularly glad to welcome Miss Patricia Hornsby-Smith, Parliamentary Secretary to the Ministry of Health, whose sincere interest in Mental Health was of great encouragement to those working in this field. She had devoted much time to visiting Mental Hospitals and to learning to understand the problems of those who ran them, and he wanted her to know how much Members appreciated this. To her, to the President of the Royal College of Gynaecologists and Obstetricians, to Mr. Harry Shapiro, Minister of Health for the Commonwealth of Pennsylvania, and to the rest of the Association's guests, whom he enumerated, he extended a warm welcome on behalf of all Members.

Mr. Christopher Mayhew, M.P., replying for the guests, spoke of the opportunities which lay ahead of psychiatrists during the coming decades, when the increasing recognition of the importance of psychological factors would change hitherto accepted attitudes in many spheres of life, including that of international affairs.

Miss Patricia Hornsby-Smith, who proposed the toast of "The Royal Medico-Psychological Association", spoke of the Association's valuable work both in treatment and prevention, which had done much to prevent the divorce of Psychiatry from General Medicine. She mentioned the Evidence given by the Association to the Royal Commission on Mental Illness and Mental Deficiency, to the Guillebaud Committee, the Piercey Committee, the Departmental Committee on Homosexuality and Prostitution and others, and said that this work, carried out by the Association in its collective capacity, had been of inestimable value. She praised the work done by the Association's members in the face of shortage of beds and limited funds, and said that it was very largely due to their efforts that, despite all drawbacks, Britain led the world in the humane treatment of the mentally sick. There was now a more positive

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approach to treatment in this field, and the trend was towards early treatment resulting in early discharge. The Ministry would continue to work with the Association's members to wipe out from the public mind any thought of stigma attaching to mental illness. There still remained much to be done, but for the considerable progress which had already been made the country owed a very real debt of gratitude to members of the Royal Medico-Psychological Association.

DR. REES, in his reply, thanked Miss Hornsby-Smith, and spoke of the high rise in admissions to mental hospitals during the past twenty-five years. He stressed the importance of the psychiatrist's preventive work in the community, which might eventually obviate the need for bigger and better mental hospitals.

FRIDAY, 20 JULY

Under the new arrangements for the Annual Meeting the whole of this day was given over to the Sections, and programmes for their Members were arranged as follows:

RESEARCH AND CLINICAL SECTION

In the morning an Open Meeting arranged by the Pathology Sub-Committee took place at 11 Chandos Street, and papers given were as follows:

(*a*) **"Biochemical Investigations in Mongolism"**
Dr. J. Stern.

(*b*) **"Cortical Lesions in Mental Deficiency"**
Dr. L. Crome.

(*c*) **"Endocrine Concomitants of Schizophrenia"**
Authors: Drs. T. E. Ball, W. W. Kay, M. Reiss, and the late D. Sands.

In the afternoon the Section Committees held meetings at 11 Chandos Street, and these included a Discussion on **"Methods of Collaboration in a Research Project into the Relation of Mental Illness and Blood Groups"**, arranged by the Genetics Sub-Committee.

By kind invitation of the Management Committee and Physician Superintendent of Netherne Hospital, Members of the Section were invited to tea at the hospital and the following paper was given:

"Psychological Disturbances in Oxford Undergraduates"

By Dr. S. J. G. Spencer.

CHILD PSYCHIATRY SECTION

In the morning Members visited the Adolescent Unit of Bethlem Royal Hospital, where they were given an introductory talk by Drs. K. Cameron and W. Warren. They then visited the Adolescent Wards and afterwards took part in a discussion. Members were entertained to luncheon by kind invitation of the Board of Governors of the Bethlem Royal Hospital and the Maudsley Hospital.

In the afternoon the Section Meeting was held at Croydon Town Hall and papers were read as follows:

Dr. S. L. Wright, Medical Officer of Health, Croydon, on **"The Prevention of Mental Ill-Health"**.

Dr. A. Zanker, Psychiatrist, Croydon Child Guidance Clinic and Warlingham Park Hospital, on **"The Psychiatrist and the Health Visitor"**.

Miss L. E. Oakley, Superintendent Health Visitor, Croydon, on **"The Health Visitor and the Psychiatrist"**.

The Section Meeting was followed by a Reception and Tea by kind invitation of the Mayor of Croydon.

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Psychotherapy and Social Psychiatry Section

An all-day meeting was held at the Cassel Hospital, and during the day the following papers were read:

"The Problem of Hospitalization of Neurosis"
By Dr. T. F. Main.

"The Nursing of Neurotic Patients"
By Miss Weddell (Matron of the Cassel Hospital).

"The Significance of the Hospital Setting in Group Psychotherapy"
By Dr. Norman Cohen.

"Migraine and Depression"
By Dr. L. H. Rubinstein.

Members were given an opportunity to tour the hospital, and at the kind invitation of the Hospital Management Committee and Physician Superintendent they were entertained to luncheon, tea and aperitifs.

Mental Deficiency Section

Members of this Section were given an opportunity of hearing the papers on Mental Deficiency which were included in the morning programme of the Research and Clinical Section, and afterwards they visited St. Lawrence's Hospital, Caterham, at the kind invitation of the Management Committee and the Physician Superintendent. After luncheon, and inspection of the hospital, the following paper was given:

"Statistical Trends in Mental Deficiency Hospital Practice"
By Dr. B. W. Richards,

and this was followed by tea.

SCOTTISH DIVISION

The Spring Meeting of the Scottish Division was held at Gartloch Mental Hospital, Gartcosh, on Friday, 30 March, 1956.

Forty-three Members were present.

1. The Minutes of the last Meeting were confirmed.

2. *Election of Office Bearers:*

The following Office Bearers were elected:

Chairman: Dr. E. J. C. Hewitt.

Hon. Divisional Secretary: Dr. G. M. Bell.

Assistant Hon. Divisional Secretary: Dr. M. M. Whittet.

Junior Representative on Council: Dr. Alan C. Tait.

It was pointed out by the Secretary that Dr. McHarg was ineligible for re-election and the Division agreed in the special circumstances that Dr. Tait's name be approved without the normal preliminaries.

Election of Committee of Management. In addition to the election of the Chairmen and Secretaries of Sub-Committees, Dr. H. B. Craigie, Dr. H. I. Clapham and Dr. James MacPherson were elected members of the Committee of Management.

3. *Election of Ordinary Members.*

The following were unanimously elected:

Gray, Sarah Kirkpatrick Ruth, M.B., Ch.B., Registrar, Royal Edinburgh Hospital.

Proposed by Drs. T. A. Munro, Elizabeth Robertson, Betty Magill.

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