BRITISH JOURNAL OF PSYCHIATRY
NEWS AND NOTES
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THE ROYAL COLLEGE OF PSYCHIATRISTS

THIRD ANNUAL MEETING

The Third Annual Meeting of the College was held in London on 2, 3 and 4 July 1974.

Scientific Meetings

On 2 July the scientific programme was organized by the Tavistock Centre, where the meetings were held. Dr. R. GOSLING introduced members to the various units comprising the Centre. Two pairs of linked papers followed: (a) *The Assessment of* (i) *Individual Patients*, Dr. D. Malan, (ii) *A Family*, Dr. W. Rostron; and (b) *Supporting the Caregivers* (i) *In the Community: General Practitioners and Allied Professional Workers*, Dr. A. Brook, and (ii) *In an Institution: Medical and Nursing Staff in a Small Hospital for Terminal Care*, Dr. C. M. Parkes. A number of small discussion groups then considered these papers.

After lunch those attending split up into Special Interest groups: (a) *The concept of primary prevention and its practicality;* (b) *Evaluation of psychotherapy;* (c) *Groups: different tasks and techniques;* (d) *Family therapy;* (e) *Family role play;* (f) *Treatment of a psychiatric problem in a non-psychiatric setting: a social agency for marital disorders;* (g) *Counselling as a frontline mental health service;* (h) *The first session of a therapeutic engagement with an adolescent;* (i) *Training programmes for psychiatric registrars;* (j) *Dynamic thinking and Eastern culture;* (k) *Training/research methods with general practitioners;* (l) *Consulting roles—e.g. to children's institutions;* (m) *Consulting roles—e.g. psychotherapeutic contribution to general practice.*

The proceedings ended with a plenary session reviewing the day's discussions. The meetings were very well attended and thanks were expressed by the PRESIDENT, SIR MARTIN ROTH, for the high standard of the scientific content and for the hospitality extended by the Tavistock Centre, Dr. R. Gosling, and his staff.

On the afternoon of Wednesday, 3 July, Professor J. ANGST delivered the Guest Lecture: *The Discrimination Between Unipolar and Bipolar Affective Psychoses.*

On Thursday, 4 July, parallel sessions were devoted to *Prospects in Social and Community Psychiatry* and *The Psychiatry of Old Age.* In the morning Profession J. E. COOPER chaired the session on Social and Community Psychiatry at which the following papers were presented: *Epidemiology and Research*, Professor J. K. Wing; *Community Services*, Dr. J. L. T. Birley; *Preventive Psychiatry*, Dr. T. F. Main. The following papers were read at the session on The Psychiatry of Old Age which was chaired by Sir MARTIN ROTH: *The Examination of Loneliness in Elderly Community Residents*, Dr. K. Bergmann; *A Joint Psychogeriatric*

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Assessment Unit; its work and its results, Dr. G. E. Langley; *Pseudo-dementia, Depression, and Dementia in the Elderly*, Dr. Felix Post.

In the afternoon there were the following papers: (a) Chairman: Sir MARTIN ROTH: *Sleep Deprivation Therapy in Psychotic Depression—A Replication Study*, Dr. Bhanji and Dr. Alec Roy; *Laminectomy or Psychotherapy?* Dr. R. W. Tibbetts; *Long-term Sequelae of Severe Neurosis*, Dr. A. C. P. Sims; *The Homeless Psychotic in London: Tomorrow's Scandal?* Dr. D. Tidmarsh; *The Response of Depressives to Drug Treatment*, Professor Max Hamilton; and (b) Chairman: Professor W. LINFORD REES: *Deafness in the Psychoses of Later Life*, Dr. A. F. Cooper; *Hormonal Status of Patients with Anorexia Nervosa*, Professor Crisp; *Common Phobias: A Twin Study*, Dr. John Price; *Drug Interaction, Plasma Levels, and Enzyme Induction: Psychopharmacological Implications*, Dr. G. Silverman; *Parents of Battered Babies: A Controlled Study*, Dr. Selwyn Smith (Birmingham).

At the meeting of the Psychotherapy Specialist Section Dr. S. CROWN presented a paper entitled 'Eclecticism, Operationism, Behaviour Engineering and Psychotherapy'. Dr. R. FRAMROSE read a paper entitled 'The First Seventy Admissions to an Adolescent Unit in Edinburgh' at the meeting of the Child Psychiatry Specialist Section.

The General Meeting

The President, Professor Sir MARTIN ROTH, in the Chair.

The Minutes of the previous meeting held in Cardiff on 10, 11 and 12 July 1973 and published in *News and Notes*, Supplement to the *British Journal of Psychiatry*, November 1973, were approved and signed.

Obituary

The Registrar, Dr. MORRIS MARKOWE announced with regret the death of the following members during the preceding year:

ANDRATSCHKE, BERTHA, formerly Physician, The Cassel Hospital.

BECKETT, PETER GORDON STEWART, Professor of Psychiatry, St. Patrick's Hospital, Dublin.

BERGIN, JOHN THOMAS, Blackrock, Co. Dublin.

BOLLAND, JOHN, Consultant Psychiatrist and Medical Director, Child Guidance Training Centre, London.

CLAPHAM, HARRY ISAAC, Consultant Psychiatrist, Dept. of Psychological Medicine, Southern General Hospital, Glasgow.

FOOTE, ERIC STANLEY, Consultant Psychiatrist, Herrison Hospital, Dorchester.

FROSSARD, PHILIP, formerly Consultant Psychiatrist, British Hospital for Functional Nervous Disorders.

GIBSON, JOHN GEORGE, Professor in Psychiatry, The Queen's University of Belfast.

GRAHAM, WILLIAM, formerly of Royal Albert Hospital, Lancaster.

HANNAH, LAURENCE GORDON WILLIAM JOHNSTON, Chelmsley Hospital, Marston Green, Birmingham.

HARMER, DENYS MACDONALD IRVING, late of Stewart Hospital, Palmerstown, Sunmount State School, New York, U.S.A.

HARRIS, JAMES ARMSTRONG, 5 Upper Harley Street, London.

HEYWORTH, WILLIAM ARNOLD, Consultant Psychiatrist, Kingsway Hospital, Derby.

HILTON, ANDREW MARTIN BLYTH, Bury St. Edmunds.

JOFFE, WALTER GERALD, Senior Lecturer in Psychiatry, Middlesex Hospital.

KOTLOWSKI, KAZIMIERZ, Department of Psychiatry, Lancaster Hospital, St. John, New Brunswick, Canada.

LING, THOMAS M., Nedlands, Western Australia, sometime Director, Roffey Park Rehabilitation Centre.

MACDONALD, IAN ALISTAIR, Medical Superintendent, Highcroft Hall Hospital, Erdington, Birmingham.

MCKNIGHT, AUBREY LIONEL, Heath Farm, Kitebrook, Moreton-in-Marsh, Glos.

MUNRO, LOIS MARY, formerly Director, London Clinic for Psycho-analysis.

REITER, PAUL (Corresponding Fellow), late Superintendent, Kommune Hospitalet, Copenhagen, Denmark.

ROSENBERG, LOTTE, Consultant Psychiatrist, Southampton Child Guidance Clinic.

RUB, ABDUR, Exe Vale Hospital, Exminster, Devon.

STEINERT, REUBEN RALPH, Consultant Psychiatrist, Winwick Hospital, Lancs.

YELLOWLEES, DAVID, formerly Director, Lansdowne Clinic, Glasgow.

YEN, LILY MARY VERONICA, North Vancouver, British Columbia, Canada.

The following Reports had been circulated:

Annual Report of Council

OFFICERS

Following the Annual Meeting in July 1973 the following Honorary Officers took office:

President: Professor Sir MARTIN ROTH

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Vice-Presidents:	Professor W. Linford Rees
	Dr. T. F. Main
Registrar:	Dr. M. Markowe
Treasurer:	Dr. W. Warren
Dean:	Professor K. Rawnsley
Editor:	Dr. E. H. Hare
Librarian:	Dr. D. Leigh
Sub-Deans:	Dr. T. H. Bewley
	Dr. A. Shapiro

Members of the College

The Court of Electors has been considering the last of the appeals for Foundation Fellowship and Foundation Membership and during the year a large number of new Members have been elected following success at the M.R.C.Psych. Examination. At the time of going to press the current membership figures are as follows:

Honorary Fellows	34
Fellows	710
Members	3,160
Affiliates	980
Inceptors	172
Corresponding Fellows	51
Corresponding Associates	93
Total	5,200

Membership Examination

The figures for Examination entries until May 1974 are as follows:

Preliminary Test

Date	Entered	Sat	Passed
November 1971	11	10	5
March 1972	14	13	9
October 1972	49	47	32
March 1973	101	87	58
September 1973	119	181	107
March 1974	224	201	94

Membership Examination

Date	Entered	Sat	Passed
March 1972	343	323	228
November 1972	491	432	306
May 1973	506	445	304
November 1973	263	215	129
May 1974	224	194	Not available at time of going to press

During the year a number of modifications have been made in the Examination. In May 1974 a multiple choice question paper replaced one of the essay type papers; training in disciplines other than psychiatry is now, in approved circumstances, recognized as part of the three-year training required of candidates for the Examination; and arrangements are now being made to allow for a research option in the Examination. A paper giving a detailed analysis of the results of the first three Membership Examinations (the transitional period) written by Professor Trethowan and Dr. Christine Hassall has appeared in *News and Notes*, and a specimen M.C.Q. for the Preliminary Test is also being published; Professor Trethowan is starting work on his research project into examination techniques.

In co-operation with the Education Committee the Court of Electors has also published a revised Memorandum on Educational Programmes for Trainees in Psychiatry.

Accreditation

One of the most important tasks undertaken by the Court of Electors has been the launching of a systematic programme of visits to hospitals applying to the College for Accreditation for purposes of general professional training for the Membership Examination. Visitors were appointed from among Fellows and Members nominated by the Regional Divisions, including trainees who had recently passed the Membership Examination. Following a pilot visit to four hospitals during the summer of 1973 the first round of visits has now taken place. Recommendations made by the Central Panel, the convenors of each Regional Panel, have been approved by the Court of Electors and communicated to the hospitals and units concerned. The programme of visits, which operates on a three-year cycle, continues and it is anticipated that the exercise will prove helpful and constructive both to those visited, trainers and trainees, and to the College, and that the standard of training throughout the country will be raised as a result of these visits.

College Headquarters

The tireless work of the Appeal and Building Committee under the chairmanship of the President seems likely to result, by the time this Report appears, in the successful acquisition of an eminently suitable property in Belgravia as the new home of the College and plans are in preparation for the transfer of the College headquarters.

The College is greatly indebted to a number of extremely generous and vigorous sponsors, led by

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Lord Goodman, without whose help and support this achievement would have been impossible.

The Council and the Executive and Finance Committee

Council has met on three occasions and the Executive and Finance Committee nine times since the last Annual Report and a great deal of work has been processed, often with the expert advice of the Standing Committees and Specialist Sections.

Following discussions in various committees of the College and at Quarterly Meetings the following telegram was sent to the President of the All-Union Society of Psychiatrists of the U.S.S.R., and copies to other national societies, as was also the subsequent Resolution passed at the November Quarterly Meeting.

Telegram:

'The Royal College of Psychiatrists is concerned at the reports it has received about the alleged *abuse of psychiatry* in the management of individuals who take up a position of political dissent.

Accusations have been levelled at psychiatrists in various countries and we appreciate that reports on such matters are liable to some distortion, particularly when they are transmitted by individuals unfamiliar with psychiatric practice. Nevertheless for human and scientific reasons and in order to redeem the good name of psychiatry the world over we consider it a matter of urgent necessity that practical steps should be taken in the immediate future. We would like, therefore, to ask colleagues in learned bodies in a number of countries, including your own, to join with us in the investigation of individual instances of alleged abuse. We have in mind an impartial commission of inquiry by a broadly based group of psychiatrists of high repute, drawn from a number of countries. In the long-term task of looking at the wider ethical problems in this field, we are prepared to co-operate with any action taken by international organizations.

Martin Roth,
President,
Royal College of Psychiatrists.'

Resolution:

'The Royal College of Psychiatrists deplores the current use of psychiatry in the Soviet Union for the purpose of political repression and condemns the activities of doctors who lend themselves to this work.'

A Special Committee of Council prepared a Memorandum of Evidence which, after approval by Council, was submitted to the Sub-Committee of the Standing Mental Health Advisory Committee on *The Role of the Psychologist in the Health Service* (Trethowan Committee), and this was followed by additional comments from the Child Psychiatry Section.

This evidence had been required at short notice and was prepared somewhat hurriedly, and at a subsequent meeting Council felt that the subject had not been done full justice; a new Special Committee, with wide representation, was therefore convened and has now submitted evidence on the new Consultative Document which was published by the Trethowan Committee.

Special Committees of Council also submitted evidence on a number of matters to Departmental and other Committees, including the Committee of Inquiry into the *Regulation of the Medical Profession*; on *Security* in National Health Service Hospitals; and on *Battered Wives*. Other matters considered and approved by Council are mentioned elsewhere in this Report. Further consideration has been given to subjects referred to and reported last year; these include *Hospital Complaints Procedure* (Davies Committee); the *Abortion Act* (Lane Committee); and *Mentally Abnormal Offenders* (Butler Committee).

At the end of last year the College, in consultation with the Divisions, submitted nominations for Area Health Authorities and Regional Health Authorities, and members of the College are reminded of the importance of ensuring the maximum representation of psychiatry at District level.

An Ethical Committee, with wide representation, has been set up by Council to consider, in principle, a wide range of ethical problems which might be referred to it, and to consider the likely effects of certain practices.

Standing Committees

The Standing Committees have again been very busy and have produced a great amount of evidence and advice for various bodies, often acting through Joint Working Parties with other Committees and the Sections.

The *Public Policy Committee* (Chairman: Dr. T. M. Cuthbert; Secretary: Dr. B. Ward) has again been very active, and has sifted through a mass of documentation. Matters considered include: Mental Health Enquiry Forms; Salary scales for Adult Training Centres for the mentally handicapped; Voting rights of psychiatric patients; NHS Reorganization and Medical Advisory machinery and the report of the Working Party on Collaboration arrangements for the London area, driving licences and mental disorders, hospital complaints procedure, the remedial professions; Civil liability and compensation for personal injury and NHS superannuation.

The *Education Committee* (Chairman: Professor K. Rawnsley; Secretary: Dr. T. H. Bewley) has

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again accomplished much work through its sub-committees. The Trainees Working Party has now got off the ground and has representatives from all the Regional Divisions and Specialist Sections.

The Manpower Sub-Committee has produced a number of memoranda for submission to the Central Manpower Committee, including 'Norms' for Medical Staffing of Psychiatric Services: (i) Adult Psychiatry; (ii) Mental Handicap; (iii) Child Psychiatry, and Recruitment into Shortage Specialties.

Questionnaires sent to all consultants and to non-consultants about the retention of a non-consultant ('Medical Assistant') grade are being analysed.

The Clinical Tutors Sub-Committee has also been very active and is currently preparing reading lists and a Handbook for Clinical Tutors. A questionnaire has also been circulated to all Clinical Tutors as a result of which it is hoped to regularize the position of Tutors throughout the country, probably by the introduction of some form of College recognition.

The Nursing Sub-Committee prepared comments for the Asa Briggs Committee on Nursing and for the DHSS on the Management of Violence in Hospitals.

The *Research Committee* (Chairman: Professor J. K. Wing; Secretary: Professor D. Goldberg) will be submitting proposals to Council in relation to the College's future role in Research. In the meantime, feasibility studies are being conducted about the possible assessment of the present practice in the country concerning psycho-surgery and, jointly with the Psychotherapy Section, an enquiry concerned with psychological and social treatments.

Work has started on drawing up a Research Register.

The *Programmes and Meetings Committee* (Chairman: Professor K. Rawnsley; Secretary: Dr. C. M. B. Pare) has organized the College Meetings throughout the year. This July, one day meetings are for the first time being held in parallel in order to meet a demand for a greater scientific content in the Annual Meeting.

The Annual Meeting in July 1973 was held in Cardiff, and a great debt of gratitude is owed to Professor K. Rawnsley who organized the meeting, to the Welsh National School of Medicine and the University Hospital of Wales, and to the many local people who were such generous hosts to the College at a number of very successful and enjoyable functions. The meeting ended with a reception given by the Welsh Division to the visiting members of the College and a scientific meeting organized by the Division. The President gave an address entitled 'Sexual Deviation: Medical Disorder or Another Way of Life?' and Professor Kiloh of the University of New South Wales delivered a guest lecture entitled 'Psychiatry among the Australian Aborigines'. Other sessions were devoted to mental deficiency topics, a Review of the Mental Health Act and a selection of Scientific papers.

In November 1973 there was a symposium on Psychiatric Training in the NHS, with particular reference to overseas graduates, and papers were given on forensic topics. The Maudsley Lecture had to be cancelled at short notice because of the inability of the Lecturer to be present, and a series of papers on varied scientific topics took its place; the Committee is particularly grateful to those speakers who stood in at this late stage.

In February 1974 Dr. Jose Jancar delivered the Eighth Blake Marsh Lecture, entitled 'Neurocutaneous Disorders and Mental Functioning'. The rest of the Quarterly Meeting was devoted to Maudsley Bequest lectures.

In April 1974 the College met in Southampton at the invitation of the University and of Professor J. L. Gibbons to whom gratitude and thanks are expressed for a very successful and profitable meeting. One session was devoted to a symposium on Postgraduate Education in the NHS, another to topics in Forensic Psychiatry, and another to an Evaluation of Psychiatric Services. The final afternoon was devoted to papers on research projects.

Reports of these College Meetings have appeared in detail elsewhere.

The *Library*, under the guidance of Dr. Denis Leigh, has continued to provide a personal and postal service, although its activities have been limited by lack of space and staff. It is hoped that with the move to new premises the functions of the Library will be reviewed and increased.

The *British Journal of Psychiatry* continues to grow in scope and status, and again with the move to new and larger premises it is hoped to expand the College's activities in this sphere. In addition to the *Journal* and to *News and Notes*, which appear regularly and punctually during the year, further Special Publications are in the course of preparation. 'Contemporary Psychiatry: Collected Reviews from the *British Journal of Hospital Medicine*' is being prepared by Dr. B. Barraclough and Dr. J. T. Silverstone.

At this time of growth and change it is also interesting to note that the *Journal* has now been in existence for 120 years, having been first published in 1853 as *The Asylum Journal*. It then came out at six-weekly intervals, each issue consisting of 16 pages, price 6d. (but supplied free to members of the Association on payment of postage).

The Sections

The *Child Psychiatry Section* and its Executive Committee have met regularly throughout the year.

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Memoranda have been prepared and submitted to Council for approval and onward transmission to the appropriate Departmental Committees on Child Guidance, Child Psychiatric Services, and Child Health Services. A report differing in some respects from that first produced by the College was submitted to the Sub-Committee on the Role of Psychologists in the NHS, and comments were also sent to the Committee (Briggs) on Nursing. The Annual Study-weekend was held in Brighton in September 1973 and various aspects of treatment and care and of the relation of child psychiatry to other sub-specialties and disciplines were discussed. Open meetings were held in October, December, February and April; members of the Section had an opportunity to express views on the various Departmental draft documents and hear scientific papers.

In February 1974 Dr. P. H. Connell delivered the Chairman's Address 'No Room at the Inn', and this was followed by the Section's Annual Dinner. In April Mr. Ron Whatmore read a paper entitled 'Methods of Measuring the Quality of Care in Residential Units for Mentally Handicapped Children'.

The Forensic Psychiatry Section advised on the evidence submitted to the Butler Committee on the Management of Mentally Abnormal Offenders, the Aarvold Committee on the discharge of patients under restriction and the Committee on Security in NHS Psychiatric Hospitals. A Working Party is considering the Forensic Psychiatry Nursing Service. In May a group of members of the Section visited Grendon Prison and a meeting is being organized in Liverpool in the autumn. In November Dr. Peter Scott organized a meeting at the Institute of Psychiatry. Members of the Section presented papers at a number of College Meetings.

Monthly meetings of the *Psychotherapy Section* have been held throughout the year. The topics related to individual, group and family therapy and their application to various forms of psychiatric disorder. In November 1973 Dr. I. S. Kreeger presented the Chairman's Address on 'Problems in the Development of a Relevant Psychotherapeutic Language'. Among matters considered by the Executive Committee have been manpower needs for psychotherapy, psychotherapy training, and proposed legislation to control the practice of non-medical psychotherapy.

In November the *Mental Deficiency Section* met at Stoke Park Hospital. Papers on the Treatment of Trichuris Infestation and on an Assessment Unit for the Mentally Handicapped were read by Dr. J. Boyce and Dr. Yvonne Wiley. In October the Section was largely responsible for the organization of the Lionel Penrose Memorial Meeting at which eminent speakers delivered papers on subjects allied to the work of the late Professor Penrose. The Executive Committee has considered many matters, including the Mental Health Act, psychiatric services in Scotland, the role and responsibilities of Consultants in mental handicap, the training of specialists in mental deficiency, and training of staff for Centres for the Mentally Handicapped and their salary scales.

A Joint Working Party of the *Mental Deficiency and Child Psychiatry Sections* has been set up by Council to consider matters of mutual interest.

The Divisions

The Divisions have continued to increase their scope during the year, and in addition to local activities which they have arranged they are taking a growing part in the work of the College. Since reorganization the Welsh Division has gradually been taking on more responsibility for direct contact with the Welsh Office; the Scottish and Irish Divisions have for many years advised their respective Health Departments.

In December 1973 the Chairmen of the Divisions and Sections met the President and other Officers in London and there was a very useful exchange of information and discussions on matters of mutual concern including problems of recruitment into psychiatry and psychiatric representation.

The Divisions have been consulted on a number of subjects during the year and have nominated members to serve on various bodies.

In particular the work being done by representatives on the Accreditation visiting panels is especially important. Advice is also being sought from the Divisions about machinery which might be introduced to help with the submission of a 'College List' to the Distinction Awards Committee.

Liaison

Liaison with many other bodies has continued and grown.

The Joint Committee with the Royal College of Physicians has met on several occasions, and in the autumn there is to be a Conference of all bodies interested in the D.P.M. Examinations; this is being organized by the Association of University Teachers at the request of the Joint Committee. The Joint Working Party between the Education Committee and the Royal College of General Practitioners recently produced a memorandum on the Psychiatric Training of General Practitioners which is to be used as the basis for discussion by the new Joint Committee to be established between the two Colleges. Liaison with the Royal College of Nursing through the Nursing Sub-Committee continues.

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The proceedings of the Joint Conference with the DHSS and the Follow-up Meeting on Providing a Comprehensive District Psychiatric Service have now been published and it is hoped that there will be a further meeting early next year to discuss matters relevant to the psychogeriatrics service; the Group for the Psychiatry of Old Age will be actively concerned with this. Regular discussions have taken place with representatives of the DHSS on manpower problems and also problems arising from re-organization.

The Joint Committee on Higher Psychiatric Training (The Royal College of Psychiatrists and the Association of University Teachers of Psychiatry) has done a lot of work, particularly through its five Specialist Advisory Sub-Committees (General Psychiatry, Psychotherapy, Forensic Psychiatry, Mental Deficiency, Child and Adolescent Psychiatry); it is currently preparing recommendations for recognition of higher (post-Membership) psychiatric training and hopes to issue its first Report before the end of the year.

Continuing liaison has been fostered by the College's membership of and representation on many national and international bodies. Again, the President has travelled widely and has represented the College at many meetings throughout the world.

Thanks

Each year this Report (and formerly that of the Royal Medico-Psychological Association) expresses its thanks to the many people who in many capacities have given generous help and support voluntarily to the College. With the College's expanding activities this is an ever growing community.

This year we owe a very special debt of gratitude to the small group of generous and energetic sponsors without whose help and support we would not have our present hope of acquiring our new headquarters as the centre for our future activities.

As always, the Officers have worked untiringly and with great expertise on our behalf and our thanks are expressed to the Treasurer, Dr. Wilfrid Warren, the Registrar, Dr. Morris Markowe, the Dean, Professor Kenneth Rawnsley, the Editor, Dr. Edward Hare, the Librarian, Dr. Denis Leigh, and to the Sub-Deans, Dr. Alexander Shapiro and Dr. Thomas Bewley, and the Associate Editor, Dr. Alexander Walk, and the team of Assistant Editors. A special debt of gratitude is also due to the President, Sir Martin Roth, and the Vice-Presidents, Professor W. Linford Rees and Dr. Tom Main.

Many other people made enormous contributions to the work of the College and these include the Chairman, Secretaries and members of the many and various committees, the Specialist Sections and Regional Divisions and Groups and also to their wives and Secretaries who, to a greater or lesser degree, become involved with the work of the College. Our thanks are also due to the many Examiners, led by Professor W. H. Trethowan, who help with the Membership, and to the Visitors, who are now participating in the accreditation exercise, as well as to the Assessors who scrutinize the papers submitted for publication to the *Journal*. To these and to many others who help and advise the College the Council is greatly indebted.

Thanks are due to our office staff, who have come and gone during the year, and under extremely difficult conditions, and in spite of power cuts and railway strikes, have kept the College going. Miss Valerie Barry (Accreditation Secretary) left in the autumn to get married, Mrs. Covington (Examinations Secretary) in the New Year to move up to Lincolnshire and Miss Jean Stirling to return to Scotland. Mrs. M. E. Weeks (Finance Officer) has also had to leave because of her husband's ill-health.

We wish them all well and thank them for their generous and efficient services to the College. We have welcomed new members to the staff, Miss Jean Scudamore (first Accreditation and now Examination Secretary), Miss O. M. Hirst, Mr. J. M. Rodericks, Miss Susan Covington, Mrs. G. Holt, Mr. H. Marsh (new Finance Officer), Mr. H. S. Shirley and Mrs. J. Gillies; we hope they will be happy with us and thank them for their already considerable efforts on our behalf.

Lastly we owe a special debt of gratitude to our 'old timers' and our 'new old timers'. Miss Grace Tingle, who has recently left us after more than 20 years' devoted service; Miss Jane Boyce, who looks after our Standing Committees and their many sub-committees with such efficiency and tact; Miss Doris Roebuck, who continues to produce with great speed and efficiency so many of our documents; the 'remarkable' Miss Flora Peett who administers and looks after the *Journal* and its Editors; and finally our Secretary, Miss Natalie Cobbing, to whom we owe a debt of gratitude for the many personal services she has contributed to the College and all her hard work for us. We extend to her our appreciation for her loyalty and dedication.

Dr. Markowe introduced the Annual Report with a supplementary note to cover the period since the printed Report, which had been circulated, had gone to press.

'Since the Annual Report went to the printers and was circulated, the work of the College has continued

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and a number of matters of importance and interest have been dealt with.

Steps are being taken to submit a "College list" of recommendations to the Distinction Awards Committee, and advice is being widely sought from the Divisions and Sections. The College machinery will come fully into operation next year, but recommendations will be submitted this year.

The College is much concerned with the manpower situation as it affects psychiatry, and this has continued to be much discussed, particularly by the Manpower Sub-Committee of the Education Committee. A memorandum has been sent to the Central Manpower Committee and comments on the proposed new constitution of that Committee have been sent to the Joint Consultants Committee at their request.

Representatives of the Mental Deficiency Section attended meetings of the Public Policy Committee and the Executive and Finance Committee to present the Section's views on the Report of the Committee of Inquiry into South Ockendon Hospital. A recommendation is being put to Council that a letter be sent to the Secretary of State setting out the College's views and allocating responsibility to Government for the lack of adequate provision for services. It has also been agreed to consult the B.M.A. and the General Medical Council about the apparent disregard for natural justice in the way that these Inquiries are conducted.

There is a serious situation caused by the lack of psychotherapy training throughout the country, and representation is being made to the Department about this, pointing out that the current redeployment, for example, of the senior registrar posts at the Cassel Hospital will make this shortage of training facilities even more serious.

Comments on the Davies Report (on Hospital Complaints Procedure) prepared by the Public Policy Committee, have been approved by the Executive and Finance Committee and submitted to the Department of Health and Social Security.

The Joint Liaison Committee with the Royal College of Nursing has prepared an appendix to the Department's Notes of Guidance on the Management of Violence in Hospitals. This has been approved and is being submitted jointly by this College and the Royal College of Nursing.

Finally, since the Annual Report was printed, Members will have heard from the President in his recent letter that the College has now acquired as its new headquarters a spacious and lovely house, No. 17 Belgrave Square. Some work needs to be done on the house and we are taking professional advice. It is hoped that when we are settled in we will be able to work more efficiently and be able to offer more services to our members.

Report of the Treasurer

Dr. WILFRID WARREN presented the Report of the Treasurer:

ACCOUNTS

The accounts on pages 5 to 12 for the year ended 31 December 1973, cover the second year in the life of the College. The anticipation of acquiring a more permanent home for the College dominated financial planning for the year. It was considered necessary to build up funds readily available to meet the expense that will be incurred by such a move. Spare monies were therefore kept on short-term deposit in banks and were not invested in stocks and shares. This policy saved the capital losses that would have resulted during the year because of the fall in market values. The high rates of interest received from money on deposit were a welcome source of income and they prevented a deficit from being incurred on Revenue Account.

The amount of the General Fund rose during the year by £82,283 to £290,411. This was again due largely to the receipt of more registration fees from Fellows and Members, £19,490, and of special annual subscriptions from Fellows and Members, £34,242. It should be borne in mind that the number of new registration fees paid will henceforth drop off sharply, while the special annual subscriptions will cease altogether after 1974. Consequently there will be a large drop in the future income of the College.

The income of the College rose to £83,671 (*£59,328*): £61,716 (*£50,435*) from annual subscriptions received and £21,955 (*£8,893*) from interest from investments, banks and short-term deposits. Expenditure continued to rise sharply to £74,929 (*£57,129*) particularly because of increase in staff and other costs. The surplus for the year amounted to £8,742 (*£2,199*) and has been credited to the General Fund. It should be noted again that the move of the College to a new home would profoundly influence the financial state of the College; to what extent is not yet known. A reduced income is to be expected from the present sources of revenue, while costs are expected to rise. Thus endowments will be needed to help finance future activities of the College.

Investments at 31 December 1973 had a book value of £157,225 (*£125,463*); their market value at that date was £141,619 (*£142,771*). The apparent smallness of the reduction in value is because the true fall was masked by the investment of additional funds of some £32,000 during the year.

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The *British Journal of Psychiatry* account, including the net income from special publications, shows a satisfactory balance. It should be noted that the apparent deficit is due to the fact that no credit is taken for the monthly journals supplied to College members free of charge. There were small increases during the year in the income of the Appeal Fund and the Laughlin Award Fund.

Examination Account

As expected this again shows a large although smaller surplus than last year, mainly due to the last interim examination with many exemptions from parts held in May 1973. It will be seen from a footnote to the account that repayments from the surplus to date up to £18,000, are being offered to all candidates who took the examination during this interim period up to 30 June 1973. Another £7,000 is being set aside to finance research into examination techniques.

The examination held in October 1973 showed a fall in the number of candidates. The expenses of holding the examinations over the year rose to £15,295 (£11,909), and it is anticipated that costs will continue to rise. A clearer picture of the future financial position of the examination should emerge during 1974 and 1975.

General

The accounts for 1973 in the short term are considered to show a satisfactory state of affairs for the College. The many unknowns to be faced, with expanding activities and the acquisition of and move to new premises, all against a background of continuing severe inflation, call for considerable caution in viewing the future.

Discussion

In the discussion following the presentation of the Annual Report, and in reply to an enquiry from Dr. Low-Beer, the President stated that he had had a number of replies to his telegram following the Resolution at the November 1973 Quarterly Meeting about the alleged misuse of psychiatry in the Soviet Union. Most replies had been favourable about the College's action, though there had been some division of opinion about its usefulness. The President agreed to report the ensuing discussion back to Council and to continue to take such helpful action as he could, particularly in relation to the case of Dr. Semyon Gluzman.

The approval of the Annual Report and Annual Accounts was proposed by Dr. H. V. Dicks, seconded by Dr. Isabel Wilson and carried *nem. con.*

Auditors

Messrs. Turquands Barton Mayhew & Co. were re-appointed as the College's auditors for 1974–1975.

Election of Honorary Fellows

The meeting unanimously endorsed the election of the following Honorary Fellows:

The Rt. Hon. Lord Goodman

Proposed by Professor Sir Martin Roth, Professor W. Linford Rees, Dr. Morris Markowe, Professor K. Rawnsley, Dr. W. Warren, Dr. A. Shapiro.

The Rt. Hon. Lord Platt. Former President, Royal College of Physicians

Proposed by Professor Sir Martin Roth, Professor W. Linford Rees, Dr. Morris Markowe, Professor K. Rawnsley, Dr. W. Warren, Dr. A. Shapiro.

Dr. Mogens Schou, Professor, Psychopharmacology Research Unit, Aarhus University, Denmark

Proposed by Professor Sir Martin Roth, Professor W. Linford Rees, Dr. Morris Markowe, Professor K. Rawnsley, Dr. W. Warren, Dr. A. Shapiro.

Dr. Eugene Ziskind, Emeritus Professor of Psychiatry, University of Southern California

Proposed by Professor Sir Martin Roth, Professor W. Linford Rees, Dr. Morris Markowe, Professor K. Rawnsley, Dr. W. Warren, Dr. A. Shapiro.

Presentation of Medals and Prizes

The Gaskell Medal and Prize was presented to Dr. Paul Mullen of the Maudsley Hospital.

The Bronze Medal and Prize was awarded to Dr. Selwyn Smith, Lecturer in Psychiatry, Birmingham.

Overseas Delegates

The following delegates and representatives from overseas Associations were presented to the President: Professor J. Angst, Société Suisse de Psychiatrie; Dr. A. Hustinx and Dr. G. C. Van Dorp, Nederlandse Vereniging voor Psychiatrie en Neurologie; Dr. Farrukh Hussain, Pakistan Psychiatric Society; Dr. Heinz Katschnig, Verein für Psychiatrie und Neurologie of Austria; Professor Layton McCurdy, American Psychiatric Association; Dr. Nehil, Société Médico-Psychologique of France; Dr. William Sargant, representing the Canadian Psychiatric Association; Professor Mogens Schou, Danish Psychiatric Association; Dr. A. K. Sidkar, Indian Psychiatric Society; Dr. Jean Titéca, Société Royale de Médecine Mentale de Belgique.

Introduction of Honorary Fellows

Professor Linford Rees introduced his close friend and colleague, Dr. Mogens Schou to the meeting

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with great pleasure, referring especially to his successful psychopharmacological research, including his work on lithium therapy which had gained him international recognition and renown.

Professor Rawnsley expressed his great pleasure in having the privilege of introducing LORD PLATT, a very great friend of psychiatry, whom he had first known when he was a student in Manchester in 1946. Lord Platt had done much to further the interests of psychological medicine, especially during his Presidency of the Royal College of Physicians, and had subsequently given his help and support in many ways. He was a man of true modesty and rare insight, and one of the great contemporary figures in medicine.

Dr. Markowe recorded LORD GOODMAN's regret that he could not be present at the meeting, but the College looked forward to his presence as an honoured guest at the Annual Dinner. Lord Goodman's fame and accomplishments were known to all, but beyond his public life he had a burning sense of justice and desire to help the disadvantaged. The College owed him a great debt of gratitude for his efforts without which the new headquarters in Belgrave Square might never have become a reality.

Sir Martin Roth said that Professor EUGENE ZISKIND regretted he was unable to be present, but was very grateful for the honour which had been bestowed upon him. He was a man who had devoted himself to scholarship and research and to helping other doctors from many lands, particularly during the 1930s when many people were fleeing Nazi persecution. During a long life he had helped many young people. Like so many great men he was a person of modesty, charm and integrity.

Burden Medal and Prize

The President presented the Burden Medal and Prize for 1974 to Dr. Valerie Cowie. This award is made by the Burden Trustees for the most outstanding paper in the field of mental sub-normality during the preceding three years.

Annual Dinner

The Annual Dinner was held at the Royal Institute of British Architects. Dr. G. C. Timbury proposed the toast to 'The Guests' and Lord Platt replied. Lord Goodman proposed the toast to 'The College' to which the President replied. Many other distinguished members of the profession and friends of the College were among the guests. Among these, in addition to the Overseas representatives mentioned above were Lord Cohen of Birkenhead, Lord and Lady Platt, Lord Goodman, Sir Roger Ormrod (Lord Justice of Appeal) and Lady Ormrod, Sir John and Lady Richardson, and the Presidents or other representatives of the Royal Colleges of Physicians, Pathologists and General Practitioners, of the Faculties of Radiologists, Anaesthetists and Community Medicine and of the Department of Health and Social Security.

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REVENUE ACCOUNT—YEAR ENDED 31 DECEMBER 1973

1972 £	1972 £		1973 £	1973 £
		Income		
50,435		Annual subscriptions received during year		61,716
5,134		Interest and dividends on quoted investments		9,795
3,759		Bank and short-term deposit interest		12,160
59,328				£83,671
		Expenditure		
		Establishment and administration		
	29,903	Staff costs	34,512	
	10,279	Rents, rates and insurance	11,027	
	281	Lighting and heating	299	
	2,548	Repairs and provision for dilapidations	5,251	
	10,193	Printing, postage and stationery	12,387	
	768	Telephone	674	
	1,900	Audit and accountancy	2,073	
	1,960	Professional fees, including supervision of ballots	735	
	904	Presidential expenses	1,305	
	1,744	Committee members' expenses	1,781	
	398	Subscriptions and donations	401	
	599	General expenses	754	
	826	Depreciation of furniture and fittings	929	
	62,303		72,218	
		Chargeable to:		
	4,415	*Journal* (Schedule II)	4,863	
	5,836	Examination (Schedule III)	5,953	
52,052				61,312
£*52,052*		Carried forward		61,312

1972 £	1972 £		1973 £	1973 £
52,052		Brought forward		61,312
		Education and publications		
	631	Library expenses	699	
	—	Reports—net cost	11	
	830	*Journal, News and Notes* and other special publications (Schedule II)	9,681	
	—	Questionnaire on consultant grade	801	
1,461				11,192
2,794		Meetings		2,425
	1,648	Inaugural banquet—net cost		—
		Royal Charter expenses—		
	(*826*)	Provision no longer required		—
57,129				74,929
£*2,199*		**Surplus Carried to General Fund**		£8,742

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BALANCE SHEET—31 DECEMBER 1973

1972 £	£		1973 £	£
		Fixed Assets		
	9,824	Furniture and fittings at cost ..	11,405	
	3,390	*Less:* Depreciation	4,530	
6,434				6,875
		Quoted Investments		
		At cost or value at date of acquisition		
125,463		(Market value £141,619; *1972 £142,771*)		157,225
		Current Assets		
		Short-term deposit at seven days'		
	37,613	notice	14,043	
	11,476	Debtors and prepayments ..	8,853	
		Bank balances:		
	41,829	Deposit accounts	131,787	
	1,289	Current accounts	2,736	
	257	Cash	182	
	92,464		157,601	
		Current Liabilities and Provision		
	4,573	Creditors and accrued charges ..	12,789	
	913	Subscriptions received in advance	5,205	
		Examination fees received in		
	3,247	advance	796	
		Provision for repairs and dilapidations		
	7,500		12,500	
	16,233		31,290	
76,231				126,311
£208,128		**Net Assets on General Fund** ..		£290,411
		Representing:		
£208,128		**General Fund** (Schedule I) ..		£290,411

1972 £	£		1973 £	£
		Special Funds		
		Appeal Fund		
		Short-term deposit at seven days'		
	5,909	notice	—	
	278	Bank balance	96	
	6,187		96	
	(731)	Balance due from General Fund ..	6,032	
5,456				6,128
		Laughlin Award Fund		
	1,113	Investment at cost	1,113	
		(Market value £1,059; *1972 £1,635*)		
	207	Bank balance	174	
	1,320		1,287	
	202	Balance due to General Fund ..	282	
1,118				1,005
£6,574		**Net Assets on Special Funds** ..		£7,133
		Representing:		
		Balances on Special Funds		
5,456		Appeal Fund (Schedule IV) ..		6,128
1,118		Laughlin Award Fund (Schedule V)		1,005
£6,574				£7,133

MARTIN ROTH, *President*
WILFRID WARREN, *Honorary Treasurer*

Schedule I

GENERAL FUND—YEAR ENDED 31 DECEMBER 1973

1972 £		1973 £
96,100	Balance at 1 January 1973	208,128
2,101	Transfer of Maudsley Bequest Fund	—
1,370	F. H. Muirhead Settlement Bequest	—
96	Surplus on Sale of Investments	*1,939*
24,895	Surplus on Examinations Account (Schedule III)	17,870
26,141	Special Annual Subscriptions	34,242
55,226	Fellows' and Members' Registration Fees ..	19,490
205,929		281,669
2,199	Surplus on Revenue Account	8,742
£208,128	Balance at 31 December 1973	£290,411

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Schedule II

BRITISH JOURNAL OF PSYCHIATRY AND OTHER PUBLICATIONS—YEAR ENDED 31 DECEMBER 1973

1972 £	1972 £		1973 £	1973 £
		INCOME		
	40,141	Subscriptions for *Journal* received in year	42,603	
		Special Publications:		
	373	No. 4—'Current Problems in Neuropsychiatry'	53	
	290	No. 5—'The Training of Psychiatrists'	189	
	1,093	No. 6—'Recent Developments in Psycho-geriatrics'	390	
	—	No. 7—'Psychiatrists in Training'	549	
	—	No. 8—'Genetic Studies in Mental Subnormality'	621	
	41,897		44,405	
	431	Royalties	281	
	7,885	Advertisements	9,654	
50,213				54,340

1972 £	1972 £		1973 £	1973 £
50,213		Brought forward		54,340
		EXPENDITURE		
		Printing Expenses:		
	32,457	*Journal*	37,647	
	2,114	*News and Notes* and other supplements	3,217	
		Special Publications:		
	53	No. 6—'Recent Developments in Psycho-geriatrics'	—	
	18	No. 7—'Psychiatrists in Training'	1,945	
	—	No. 8—'Genetic Studies in Mental Subnormality'	1,221	
	34,642		44,030	
	7,891	Postage, wrapping and despatch	8,763	
	136	Sundry expenses	262	
	5,634	Publishers' commission	6,036	
	4,415	Administration charge (salaries, rent and other costs)	4,863	
	67	Depreciation	67	
52,785				64,021
2,572				9,681
1,742		Provision for doubtful debts written back		—
£830		DEFICIT CARRIED TO REVENUE ACCOUNT		£9,681

NOTE

No credit is taken in this account for monthly journals supplied to members free of charge.

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Schedule III

EXAMINATIONS ACCOUNT—YEAR ENDED 31 DECEMBER 1973

1972			1973	
£	£		£	£
		INCOME		
36,804		Fees		33,165
		EXPENDITURE		
	4,298	Examiners' fees and expenses ..	6,658	
	833	Printing, postage and stationery ..	1,612	
	165	Hiring of accommodation ..	453	
	89	Depreciation	143	
	5,836	Administration charge (salaries, rent and other costs)	5,953	
	—	Meeting expenses	176	
	688	Sundry expenses	300	
11,909				15,295
£24,895		SURPLUS CARRIED TO GENERAL FUND		£17,870

NOTES

1. Arrangements have been made to repay to examination candidates on demand, on a sliding scale according to exemptions, up to a total of £18,000, from the surpluses gained during the interim period to 30 June 1973.
2. £7,000 from the surplus has been reserved for research on M.R.C. Psych. Examination techniques, to be carried out by the examiners.

Schedule IV

APPEAL FUND—YEAR ENDED 31 DECEMBER 1973

1972		1973
£		£
5,634	BALANCE AT 1 JANUARY 1973	5,456
250	DONATIONS	63
322	BANK DEPOSIT INTEREST AND INVESTMENT INCOME	609
6,206		6,128
750	PROFESSIONAL FEE TO APPEAL FUND ORGANIZATION	—
£5,456	BALANCE AT 31 DECEMBER 1973	£6,128

Schedule V

LAUGHLIN AWARD FUND ACCOUNT—YEAR ENDED 31 DECEMBER 1973

1972		1973
£		£
833	BALANCE AT 1 JANUARY 1973	1,118
230	DONATIONS	110
55	INVESTMENT INCOME	72
1,118		1,300
—	FURNITURE PURCHASED FOR PRESIDENT'S OFFICE ..	295
£1,118	BALANCE AT 31 DECEMBER 1973	£1,005

REPORT OF THE AUDITORS

In our opinion the accounts on pages 11 to 14 give a true and fair view of the state of affairs of the College at 31 December 1973 and of its surplus for the year ended on that date.

TURQUANDS BARTON MAYHEW & CO.
Chartered Accountants

Lynton House,
7 Tavistock Square,
London, WC1H 9LS
17 April 1974

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THE GASKELL MEMORIAL FUND

BALANCE SHEET—31 DECEMBER 1973

1972 £		1973 £
	CURRENT ASSETS	
2,226	Quoted investment at cost .. .. .. 6% Funding Loan 1993 (Market value £1,437; *1972 £1,771*)	2,226
274	Balance at bank	88
2,500		2,314
23	DUE FROM GENERAL FUND	33
£2,477	NET ASSETS	£2,347
	Representing:	
2,128	CAPITAL ACCOUNT	2,128
	INCOME ACCOUNT	
349	Balance per annexed account	219
	PETER BROOK MORRIS MARKOWE KENNETH RAWNSLEY *Trustees* WILFRID WARREN	
£2,477		£2,347

REVENUE ACCOUNT—YEAR ENDED 31 DECEMBER 1973

1972 £	£		1973 £	£
		INCOME		
	149	Interest on investment	149	
	9	Bank interest	13	
158				162
		EXPENDITURE		
	101	Prizes	75	
	34	Medals and engraving	175	
	36	Examination fees and expenses ..	42	
171				292
13		DEFICIT FOR THE YEAR		130
		BALANCE BROUGHT FORWARD		
362		1 JANUARY 1973		349
		BALANCE CARRIED FORWARD		
£349		31 DECEMBER 1973		£219

REPORT OF THE AUDITORS

In our opinion the accounts on this page give a true and fair view of the state of affairs of the fund at 31 December 1973 and of its deficit for the year ended on that date.

TURQUANDS BARTON MAYHEW & CO.
Chartered Accountants

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