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people vastly underestimate the power of coffee. In particular, I have always been a fervent advocate of coffee breaks. Not that they make for good excuses, or anything. Coffee breaks directly contribute to the research process. Those shared with colleagues, after a seminar. Those at conferences, discussing each other's presentations. Those that are much needed before submitting an article. And most importantly, those with your family and friends, when you remember that their love is what matters most. For all of that, thank you, coffee.

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