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RC PSYCH
ROYAL COLLEGE OF PSYCHIATRISTS

BJPsych

The British Journal of Psychiatry

Editor-in-Chief: Professor Gin Malhi



Chatbot psychosis: towards mechanistic understanding and harm reduction
Kumari & Otermans

The harming power of shame
Lawlor et al

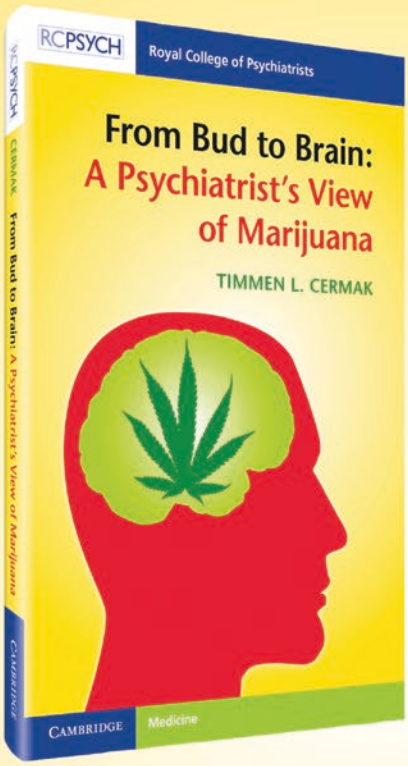
Developing a digital intervention to support young people
Goodyer et al

A clinician's guide to probabilistic suicide risk prediction tools
Cockburn & Large

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From Bud to Brain:
A Psychiatrist's View of Marijuana

TIMMEN L. CERMAK



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Cambridge University Press and the Royal College of Psychiatrists are proud to announce publication of *From Bud to Brain: A Psychiatrist's View of Marijuana*, a new book that provides a detailed yet accessible overview of the science of marijuana.

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The Superintendent, 1957. N. G. J.
Dr M. V. Govindaswamy (1904 – 1962) is the subject of this unstudied portrait, drawn in 1957 by a patient of Bangalore Mental Hospital, who is known only by the initials N. G. J. Dr Govindaswamy founded the National Institute of Mental Health and Neurosciences at the hospital and, in his day, was the pre-eminent psychiatrist on the Indian subcontinent. He was close to Dr Wilhelm Mayer-Gross, the German émigré psychiatrist who became a well-known figure in post-war British psychiatric practice and research. Mayer-Gross made multiple visits to Bengaluru during the 1950s and returned from one of these trips with a trove of pictures, on a range of subjects, drawn by Govindaswamy's patients. These he passed to Drs Guttmann and Maclay at the Maudsley Hospital, and from there the works found their way into the collections of Bethlem Museum of the Mind in the south-eastern suburbs of London.

Manasā Chitra: The Art of Mental Health from Bengaluru to Bethlem is on display at Bethlem Museum of the Mind from 26 June 2026 to 14 November 2026. As well as holding a mirror to Indian religious practice and cultural expression, the 1950s pictures must be among the earliest surviving examples of art therapy in the country. In *Manasā Chitra*, they are displayed alongside contemporary 'mind pictures': works by Bengaluru-based artists with their own histories of contact with mental health services, and their own perspectives on Indian culture and memory.

Text by Colin Gale - Director, Bethlem Museum of the Mind

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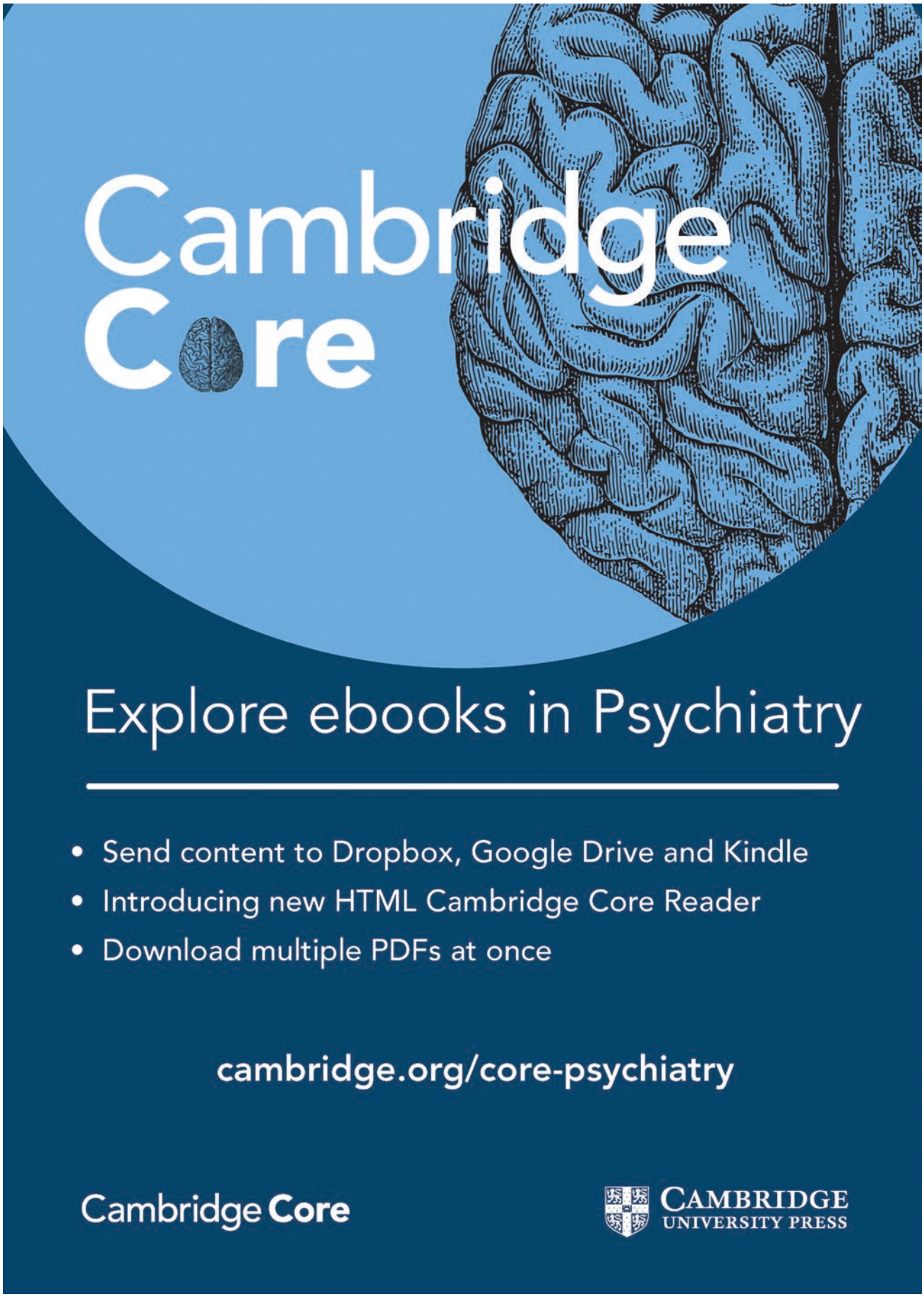


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