BJPsych Advances

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CPDeLearning

The online resource for mental health professionals

CPD eLearning (formerly CPD Online) is a resource provided by the Royal College of Psychiatrists for mental health professionals, housed on our new eLearning Hub.

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BJPsych Advances and CPD eLearning work together to produce regular joint commissions to enhance learning for mental health professionals.

View related CPD eLearning content

Recent modules and podcasts

Module Understanding and facilitating a pre-birth planning meeting

This module raises awareness of important issues to consider in the care of a woman with serious mental illness during late pregnancy, maternity admission for the birth and the early postnatal period when she may be at high risk of relapse. **CPD credits: 1.5**

Module Anxiety disorders in the perinatal period

This module aims to support health professionals in correctly identifying anxiety disorders in the perinatal period so that effective and timely interventions can be offered. It will focus on psychological therapies; pharmacological treatments will be covered in a follow-up module. **CPD credits: 1.5**

Podcast Military psychiatry

Mental health in the military may seem like a confusing topic for NHS psychiatrists. However, there may be interfaces between the military and NHS at key points in a service person's journey, which is why it is important for NHS psychiatrists to have a sense of understanding of this topic. This podcast will aim to review some commonly held misconceptions about mental health within the military and introduce the support available when service personnel leave the military. **CPD credits: 0.5**

Module An introduction to health economics

This module provides an overview of key concepts used in health economics and how the National Institute for Health and Care Excellence (NICE) uses these concepts while assessing new medications or other health technologies for the NHS. **CPD credits: 1**

Podcast: Catatonia

In this podcast, CPD eLearning Deputy Editor, Dr Bruce Tamilson, speaks to Dr Jonathan Rogers about significant developments that have been made in diagnosing catatonia. This includes identifying catatonia, differentiating from similar presentations, and discussing the various approaches to assessment and investigations. **CPD credits: 0.5**

Podcast Shattering glass ceilings: women in leadership (RCPsych Congress 2024)

Following their presentation at the RCPsych International Congress, Dr Nikki Nabavi, Dr Rosemary Gordon and Dr Suhana Ahmed discuss different leadership styles, allyship and its importance within the workplace, and share their experiences of navigating the challenges that women often face in psychiatry and healthcare, particularly within leadership roles. **CPD credits: 0.5**

Podcast Nature-based interventions in psychiatry

This podcast is a discussion between CPD eLearning's Podcast Editor, Dr Nadia Imran, and RCPsych's Planetary Health and Sustainability Committee member, Dr Daniel Harwood. Dr Harwood highlights the benefits of nature-based interventions in psychiatry for both patients and wildlife and provides examples of simple yet effective nature-based interventions. **CPD credits: 0.5**

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