ACKNOWLEDGMENTS

The journey for publishing this book took more than 5 years. Many people provided important contributions, both personal and intellectual. I would first like to thank the contributors for sharing their experiences and insights. I would like to thank Justin O'Brien for his wisdom and guidance early on in the development of this book.

My deepest gratitude to the reviewers, to Julie McGonegal for her proficient editing and indexing, and to the University of British Columbia Open Access Fund for making this book more accessible.

Finally, my love and gratitude to my family, Aimee Nygaard, and Ava and Mila Nikolakis – this could not have happened without your support.

Downloaded from https://www.cambridge.org/core. UNIVERSIDAD AUTONOMA METROPOLITANA, on 15 Nov 2026 at 14:45:41, subject to the Cambridge Core terms of use, available at https://www.cambridge.org/core/terms. https://doi.org/10.1017/9781009521581