May I conclude with one observation? I suggest to you that your business is not merely to cure those who have gone astray, but to help by your guidance, your wisdom, your knowledge of human nature, to keep people healthy-minded, and to understand the conditions under which healthy-mindedness can be secured and maintained. It is not enough to study the effect of the ductless glands on the metabolism of the nervous system ; it is for you to lay emphasis on those ideals which make society sweet, steady, sane and reasonable. That is one of the privileges of the great section of the medical profession to which you belong. But I did not come to tell you things that are familiar to all of you. I came to commend to those who like myself are laymen the toast of the prosperity of this Association, and to wish that its most beneficent work for the welfare of humanity may steadily increase in the days to come. With this toast I couple the name of your President, who is greatly honoured by us in Yorkshire. We feel sure that the impression Dr. Gilmour has left on Yorkshire as a result of his generation of work in our midst—on Yorkshire, this most difficult of all counties, inhabited by the most interesting of all peoples—will endure, and make his name memorable for years to come.

The toast having been drunk with acclamation, the PRESIDENT made a brief response, thanking Sir James Baillie for the kind way in which he had proposed the health of the Association. Sir James was shortly leaving Leeds, where he had done a great amount of work of the highest public value, and he would carry with him their best wishes in his new sphere.

IRISH DIVISION.

SPRING QUARTERLY MEETING.

THE SPRING QUARTERLY MEETING of the Irish Division was held in St. Patrick's Hospital, Dublin, by kind invitation of Dr. R. R. Leeper, on Thursday, April 7, 1938.

In the forenoon the members were shown over the Hospital, and had an opportunity of seeing many interesting relics of its famous founder, Dean Swift. Later the members and guests were hospitably entertained to lunch by Dr. Leeper.

The following members were present :

Dr. T. A. Greene (in the Chair), and Drs. Dora E. Allman, F. Aird, S. Blake, P. J. Cassen, W. J. Coyne, F. J. Deane, Kathleen Dillon, J. O'C. Donelan, Annie J. Dunleavy, H. J. Eustace, Nora M. Fitzgerald, John Fitzgerald, T. L. Foley, P. Grace, Herbert, D. Hegarty, V. Kelly, R. R. Leeper, D. B. Lothian, C. Moloney, D. O'Sullivan, H. StG. Smith, R. Taylor, R. Thompson, and Dr. P. Moran (Hon. Sec.).

Dr. M. Abdy Collins, a Past President of the Association, was also present.

Apologies for unavoidable absence were received from Drs. B. Honan and J. C. Martin.

Dr. GRACE proposed, and Dr. DILLON seconded, that the sympathy of the Division be extended to Dr. F. Aird on the death of his mother.

Dr. T. GREENE proposed, and Dr. DONELAN seconded, that the sympathy of the Division be extended to Mrs. Rambaut on her recent bereavement.

Both motions were passed in silence, all members standing. The Secretary was directed to convey the sympathy of the meeting to the relatives.

The Minutes of the last meeting were read, approved and signed by the Chairman.

The SECRETARY read a letter from Dr. Eustace thanking the Division for their kind message of sympathy on the death of his wife, and from Mrs. Rambaut thanking the Division for the wreath sent for Dr. Rambaut's funeral.

A letter from the General Secretary, enclosing a copy of Counsel's opinion regarding responsibilities of medical officers, was considered. It was decided to send a copy to the Local Government Department, and to ask the General Secretary to send a copy to all members of the Irish Division, and advise all medical officers to insure with one of the medical protection societies.

Replies to circular letters sent to training hospitals *re* the training of nurses were read.

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The following were, after ballot, elected members of the Association :

DESMOND FLORENCE BARDON, M.B., B.Ch., B.A.O., Stewart Scholar in Mental Diseases, Dublin University ; Assistant Medical Officer, St. Patrick's Hospital, Dublin.

FRANCIS SHORT, M.B., B.Ch., B.A.O.(N.U.I.), Assistant Medical Officer, St. Patrick's Hospital, Dublin.

NIALL B. O'HIGGINS, M.B., B.Ch., B.A.O., D.P.M.(N.U.I.), Assistant Medical Officer, Mental Hospital, Mullingar.

WILLIAM ROBINSON WRIGHT, M.B., B.Ch., B.A.O.(Q.U.B.), Assistant Medical Officer, Mental Hospital, Armagh.

DANIEL JOSEPH GERAGHTY, M.B., B.Ch., B.A.O., D.P.M.(N.U.I.), Assistant Medical Officer, Grangegorman Mental Hospital, Dublin.

GEORGE EDWARD GRAY, M.B., B.Ch., B.A.O.(Q.U.B.), Assistant Medical Officer, Belfast Mental Hospital.

PATRICK DOHERTY, M.B., B.Ch., B.A.O.(N.U.I.), Assistant Medical Officer, Mental Hospital, Waterford.

The Meeting then proceeded to the election of officers for the year 1938–39. The following were, after ballot, declared elected :

Hon. Secretary : Dr. P. Moran.

Representative Members of Council : Dr. T. A. Greene and Dr. R. Thompson.

Dr. J. O'C. DONELAN proposed that Dr. Greene be re-elected Chairman of the Division; Dr. LEEPER seconded, and the proposal was carried unanimously.

The Mental Nursing Advisory Committees to the General Nursing Councils were re-elected as follows :

For *"Irish Free State" Area :* Drs. Blake, J. O'C. Donelan, P. Grace, R. R. Leeper and J. C. Martin.

For *"Northern Ireland" Area :* Drs. F. J. Deane, Dorothy Gardner, N. B. Graham, M. J. Nolan and J. Watson.

Drs. J. O'C. Donelan and M. J. Nolan were re-nominated as examiners for the Association's Certificate in Psychological Medicine.

The following were nominated examiners for the Nursing Certificate of the Royal Medico-Psychological Association :

Preliminary Examination : Dr. Evelyn O'Brien.

Final Mental Nursing Examination : Dr. Kathleen Dillon.

Final Mental Deficiency Examination : Dr. H. StG. Smith.

Nurse Examiner : Miss Sharkey.

The SECRETARY then read the report from the Research and Clinical Sub-Committee of the Division, together with correspondence from the Research Council of Saorstat Eireann, the Research Bureau of the Association, and the Central Research Sub-Committee.

After prolonged discussion it was decided to impress upon the Minister for Local Government and Public Health the importance of establishing a complete Psychiatric Clinic, in Dublin, and if possible, in every teaching centre. The the Secretary was directed to forward a copy of the Sub-Committee's report to Minister, together with the recommendation of the Division.

It was decided to hold the Summer Meeting in Cork, the Secretary having read a letter from Dr. B. Honan intimating that he would be very pleased if the Division decided to hold their next Meeting at Cork Mental Hospital.

Dr. P. J. AIRD, Assistant Medical Officer, Grangegorman Mental Hospital, read a very interesting paper on **" Mental Analysis ".**

He reviewed the literature dealing with the subject, and dealt particularly with Freud's theories and the modifications of these theories elaborated by Adler and Jung.

The paper gave rise to a long discussion, in which many members took part.

The CHAIRMAN complimented Dr. Aird on giving the Division a very clear, critical and comprehensive survey of a very controversial subject.

Dr. AIRD replied to points raised by the various speakers, and stated that his

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paper did not aim to present anything original, but to give a general survey of the field. In judging the therapeutic value of analysis the great difficulty is to assess how far the element of suggestion is responsible for results.

At the close of the meeting Dr. T. A. GREENE proposed a cordial vote of thanks to Dr. Leeper for his very generous hospitality. The proposition was seconded by Dr. J. O'C. DONELAN and passed with acclamation.

Dr. LEEPER suitably replied and the meeting terminated.

SUMMER QUARTERLY MEETING.

THE SUMMER QUARTERLY MEETING of the Irish Division was held in Cork Mental Hospital on June 23, 1938, by kind invitation of Dr. B. Honan, Resident Medical Superintendent.

In the forenoon members visited the works of Messrs. H. Ford and Son, and of Messrs. Dunlop (Ireland), and saw the various processes involved in the manufacture of the products of these companies. The visit was very interesting and instructive, and the courtesy of the managers was much appreciated.

The members were shown over the Cork Mental Hospital by Dr. Honan and his staff, and later, with the guests, were hospitably entertained to lunch, after which they were formally welcomed to Cork Mental Hospital by Alderman Daly, Vice-Chairman of the Committee, who apologized for the unavoidable absence of the Chairman and the Lord Mayor of the City.

Dr. GREENE, Chairman of the Division, expressed the thanks of the Division for the hospitality and facilities provided.

The following members were present:

Dr. T. A. Greene (in the Chair), and Drs. S. Blake, R. D. Brennan, Carey, P. Cassin, T. J. Conlon, P. Courtney, P. Doherty, J. Dunne, May Fitzgerald, John Fitzgerald, J. F. Fitzgerald, T. L. Foley, P. Grace, D. Hegarty, B. Honan, P. Irwin, C. J. McCarthy, J. C. Osborne, and Dr. P. Moran (Hon. Sec.).

Drs. Kennefick and O'Carroll of the Cork Mental Hospital staff were also present.

Apologies for unavoidable absence were received from the following members: Drs. Leeper, O'C. Donelan, Eustace, W. Eustace, O'Sullivan, Coyne, Deane and Thompson.

The Minutes of the last Meeting were read, approved and signed by the Chairman.

Letters from Dr. P. J. Aird and from Mrs. Rambaut acknowledging and thanking the Division for votes of sympathy passed at last meeting were read.

Dr. J. C. Martin wrote notifying his resignation from the R.M.P.A.

Dr. Coyne wrote enclosing a copy of a resolution passed by his Committee regarding provision for mental defectives.

It was decided to inform Dr. Coyne's Committee of the steps which the Division had already taken in this matter, and to point out that, in the circumstances, no further steps could be taken at present.

The SECRETARY read letters from Dr. Drury, Secretary of the Educational Committee, regarding the new system for examinations, and on a note on "legal relationships" in Southern Ireland for embodiment in the revised *Handbook for Nurses*.

The SECRETARY stated that he had asked the Inspector of Mental Hospitals to have a note on this matter written by the legal expert in his Department, but he was unable to do so, and he (Dr. Moran) had himself prepared a summary which he read.

The summary was approved as being suitable for the *Handbook*.

The following was, after ballot, elected a member of the Association:

GILBERT MARSHALL, B.A., M.B., B.Ch., D.P.H.Dubl. Univ. (late New Zealand Government Mental Service), Pembroke House, Markethill, co. Armagh.

The date of the Autumn Meeting was fixed for Thursday, November 3, at the College of Physicians, Kildare Street, Dublin.

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Dr. GREENE informed the Meeting that he was asked to agree to his nomination as President-Elect for the coming year; but that he greatly regretted that he was unable to do so, as he was leaving the service and going to live in a place remote from any suitable centre for an Annual Meeting.

It was decided that it would be well to have an Irish co-editor for the Journal, and the representatives of the Council were instructed to bring this matter up, and to put forward Dr. McCarthy's name for the next vacancy on the editorial staff.

Dr. HONAN read a note on "**Cardiazol Therapy in Schizophrenia**" and Drs. CAREY and KENNEFICK gave demonstrations of the technique employed.

Many members took part in a discussion on the subject, and Dr. CAREY replied to questions asked by various speakers. She said she was not yet in a position to speak on results as they had not yet given this form of therapy an extended trial. She had had no complications, no failure to induce a fit, and already she noticed definite improvement in patients who had been under treatment for some time.

Dr. HONAN then opened a discussion on **Auxiliary Mental Hospitals.** He gave the following description of the institution at Youghal—the only one established under the provisions of the 1898 Act, and the only one to date in this country:

Under the 76th section of the Act of 1898, provision was made for the establishment of auxiliary asylums for chronic and harmless patients, and a capitation grant not exceeding 2*s*. a week for each patient was provided for.

The only auxiliary which has been established under this section is at Youghal. As you know, amongst psychiatrists there is considerable diversity of opinion as to the extent to which mental hospitals are occupied by patients who could be provided for more economically in less highly organized institutions. However, the fact remains that many mental hospitals are seriously overcrowded, and here in Cork this situation calls for prompt and immediate action.

Under the law as it stands new accommodation may be provided by (1) enlarging the present mental hospital, (2) providing an auxiliary mental hospital for the reception of chronic and harmless patients, (3) boarding out patients in county homes. As to (1), you will agree that it is the accepted opinion that 1,000 patients should be the maximum in any institution, and as our present numbers are 2,084, the provision of extra beds could not even be contemplated.

As to the second alternative, under the 76th Section, 1898 Act, a committee may provide an auxiliary mental hospital either by taking over existing suitable buildings, or by building a new hospital altogether. At the moment plans are already out for a new building at Youghal to accommodate from four to five hundred patients. Please note that such auxiliaries are only for the reception of chronic mental patients, who, not being dangerous to themselves or others, are certified by the R.M.S. not to require special care and treatment in a fully equipped institution. In actual practice this means that the patients must be clean in habits, non-destructive, non-epileptic and not suicidal or depressed. Besides, they must be patients who are not visited by relatives, or whose relatives do not reside too far away from the auxiliary. You will agree that in any mental hospital it is not an easy matter to find a sufficient number of patients to comply with these conditions. In fact on the completion of our new proposed auxiliary building, it must of necessity cease to be an institution for clean and harmless patients not requiring special care and treatment.

Cork is the only district where the provisions of the 76th Section were utilized. In 1902–3 an industrial school at Youghal was taken over, altered, extended and furnished as an auxiliary. The administration is in charge of a religious community—ten in number, with a nursing staff of 16 males and 13 females, a farm steward, an engineer, and other subordinate officers. A visiting physician attends daily, and there are 427 patients in residence.

The cost of maintenance in the year 1935–36 was at the rate of £30 16*s*. 3*d*. a year per patient, and for the year 1936–37 the rate was £31 6*s*. 9*d*. a year per patient,

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as compared with £42 3s. 1d. and £43 1s. 8d., the average costs of all mental hospitals in these two years.

The report from the Commission on the relief of the sick and destitute poor, including the insane poor, published 1927, also urges that the staffs of auxiliary mental hospitals should be organized on an altogether more modest scale than obtains in district mental hospitals. The subordinate staff might consist largely of female nurses and there would be no need for a resident medical officer, but a visiting physician should attend daily.

In my opinion, when the only existing auxiliary as such—Youghal—is enlarged, it will be impossible to run it on these lines, because we will not have sufficient of the harmless type above indicated to fill it.

Many members took part in the discussion, and all agreed in condemning such institutions for the chronic insane, except Dr. DUNNE, who strongly advocated the extension of this system as a means of relieving overcrowding, and allowing medical staffs more opportunity for concentrating on the more acute types of cases.

Dr. GREENE closed the discussion by giving a history of the attitude taken by the Irish Division in this matter. He said that the establishment of such auxiliaries was constantly opposed and condemned by the Irish Division. He failed to see how any member could advocate a system which provided for no trained nursing staff, and no constant medical supervision and direction. It would be a most retrograde step, and should be rigorously opposed. He quoted the dictum of a prominent member of the Division, who led the fight against the " auxiliary " idea in the old days, and who said that over doors of all such places should be written "Abandon hope all ye who enter here".

Dr. HONAN replied to questions asked and gave details of the type of patient sent to Youghal and to the system of administration there.

Dr. HONAN then read a note on **"Prontosil Therapy in Cork Mental Hospital"** and Drs. CAREY and KENNEFICK gave details of cases in which the drug had been used.

Many members gave details of their experience with this drug, and Drs. CAREY and KENNEFICK replied to queries made.

The members were then entertained to tea.

On June 24 members visited and inspected the Auxiliary Mental Hospital at Youghal. They were accompanied by Dr. Honan and Dr. O'Carroll, and were shown over the hospital by the Sisters in charge. They had an opportunity of inspecting every department and studying all the details of administration.

The visitors were very hospitably entertained to lunch by the Community of Sisters in charge of the hospital.

OBITUARIES

CHARLTON ROBERT FREDERICK HALL,

Medical Superintendent, Hellesdon Hospital, Norwich.

Norwich City Mental Hospital suffered a most grievous loss in the untimely death of its Medical Superintendent, Dr. Charlton Hall, on Tuesday, June 7, 1938. A Lancashire man, Dr. Hall was educated at Birkenhead School and Trinity College, Cambridge, where he took the degrees of M.A. and B.Sc., afterwards proceeding to the London Hospital, where he qualified M.B., B.Ch., and M.R.C.S., L.R.C.P. In 1909 Dr. Hall married Miss Jean Taylor, and was some time in private practice at Shrewton, Wiltshire. A serious operation prevented him from taking part in the

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