they had supplied in their beautiful Town Hall. All that left a feeling of deep gratitude. Thanks were also due to Messrs. Glenfield & Kennedy, and to Mr. Morris, their Chairman, and Mr. Bruce Ball for their very kind hospitality and for allowing members to visit their works, which were a source of great interest. Perhaps Dr. McRae would kindly convey the Associations's thanks to those gentlemen.

Next one came to the arrangements made by Dr. McRae, Dr. Chalmers and the Staff of Glengall Hospital, and the indebtedness of the visitors to them for their enlightenment and entertainment. He was sure all who were listening to him had many fragrant memories of presidential meetings in various parts of the Kingdom, and each one seemed to leave a permanent impression. Certainly members would go away from this Ayr meeting with a very warm recollection of Dr. McRae's kindness; he had bestowed on the members and guests a very lavish hospitality, and they wished to thank him, and through him Mrs. McRae; they would remember Dr. McRae with the greatest possible pleasure, and put this occasion among the other gems of memory connected with the Royal Medico-Psychological Association.

The thanks were given by acclamation.

Dr. JENS SMITH asked to be allowed to add a few words of appreciation on behalf of the foreign delegates. He repeated the greetings from the Danish Society of Psychiatrists to this Association, and their thanks for having been invited to join in this annual gathering. The medical psychologists of England and Scotland were experts with whom his countrymen had many happy connections. Adding a few personal remarks, he said that when he was a little boy living in Denmark they were visited by English relations, and they learned something of the English language. The first words he learned were not very nice; they were, " You are a lunatic; you had better go to the asylum " (Laughter). Whether these told him the truth then he could not say, but he was now afraid they were true, and that he would have to stay in an asylum for the rest of his life. Now, however, he found that the English and Scotch had mental hospitals and no asylums. He was always glad of the opportunity to come and see what the British were doing in their hospitals to elucidate the problems connected with mental disease. On behalf of his colleagues he thanked the Association for the kindness it had shown the delegates.

The PRESIDENT expressed his warm thanks for all the kind remarks which had been made. He had felt afraid of taking on this task of the Presidency; indeed he was now in a position to give his colleagues much clinical information with regard to the psychogenic causes not only of mental disturbance, but also concerning physical disorder. Practitioners of this speciality might teach a great deal better if only they would state their own feelings and sensations under different trials and difficulties. In the arrangements for the showing of illustrations to the papers they were all much indebted to Dr. Ford Robertson. Finally, he wished to say that had he not had the constant, invaluable help of his deputy, Dr. Chalmers, during the last six months he felt sure he would not have been standing there to-day.

THE ANNUAL DINNER.

The Annual Dinner took place in the County Buildings, Ayr, on Wednesday, July 7, the President occupying the Chair. The guests included Mr. A. P. Duffes, *K.C.*, Sheriff of the County of Ayr, Sheriff George Morton, *K.C.*, Chairman of the General Board of Control, the Right Hon. James Brown, *P.C.*, *M.P.*, Provost James Wills, Sir Thomas C. R. Moore, *M.P.*, Mr. James E. Shaw, *D.L.*, and the foreign delegates named earlier in the proceedings.

Apologies for absence were received from the Right Hon. Walter Elliot (Secretary of State for Scotland), Gen. Sir Charles Ferguson (Lord Lieutenant of the County of Ayr), the Right Hon. the Earl of Glasgow (Convener, Ayr County Council), the Right Rev. the Bishop of Glasgow and

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Galloway, Sir Laurence Brock (Chairman of the Board of Control for England and Wales), Dr. Rolv. Gjessing (President, Norwegian Psychological Association), Mr. James E. Morris (Chairman, Glenfield and Kennedy), J. R. Lockie, Esq. (County Clerk), T. A. Menzies, Esq. (Sheriff Substitute) and others.

The Toasts.

The President proposed the toast of "His Majesty the King", which was loyally honoured.

Dr. Donald Ross proposed the toast of "The County and Royal Burgh of Ayr". He referred to his own Ayrshire connections, and to the varied landscape and historical associations of the county. In their own realm of psychiatry the early story of Ayr was not entirely to its credit, but Ayr had since seen fit to amend its ways in this regard very thoroughly. It was delightful that this meeting should be held among the amenities of Ayr, with its kindly citizens, whose civic representatives had been so good as to allow the Association to hold its meetings in the magnificent precincts of the County Buildings, and who had entertained the members and visitors with such magnificent hospitality.

The Right Hon. James Brown, *P.C.*, *M.P.*, LL.D., in responding to the toast, said that though he was replying for the County, he was a native of the Burgh by a double tie—native-born and native by adoption. Anybody who had seen Ayrshire as often as he had, and also those who saw it for the first time, could not refrain from extolling its beauties. When the scenery was admired and the great ones of the past were called to mind it was right also to think of the people whom they loved at the present time; it was a proverb to talk of "the kindly Ayrshire folk". The history of Ayrshire was the history of Scotland. He recalled the great names of Wallace and Bruce; the Stuart Dynasty also came from the county of Ayr. Burns was an Ayrshire man, in the very marrow of his bones, and the speaker thought he took after his mother, who was Ayrshire throughout. John Galt, Montgomery, the great hymn writer, Boswell, the greatest biographer of all time, Macadam, who made the roads—he might enlarge on the theme until he wearied his hearers.

He trusted that when the company returned to their homes they would remember, long after they had left it, this old County and this old Burgh.

Provost James Wills also replied to the toast.

Dr. P. K. McCowan proposed the toast of "The Guests", which was responded to by Sheriff A. P. Duffes, *M.C.*, M.A., LL.B., *K.C.*, Sheriff Morton (Chairman of the General Board of Control for Scotland) and Sir Thomas C. R. Moore, *M.P.*

Mr. James E. Shaw, *D.L.*, submitted the toast of "The Royal Medico-Psychological Association". He appreciated that the medical man was just as human as other people in liking a night out; he had been young himself. Moreover the toast with which he had been entrusted was a very important one at any meeting of the Association, which embraced the whole of Great Britain and Ireland and His Majesty's Dominions beyond the Seas. He said that the members of the Association were all engaged in a peculiarly humane public duty and service which had been singularly successful. Any failure was due not in respect to the medical service, but to defective administration and absence of co-ordination. There had been enormous strides in treatment, but methods of administration remained practically stationary. In the reports of medical superintendents time and again eminent psychologists had clearly pointed out causes of mental diseases, and had suggested preventive measures, but without any great result. The fact was that there were far too many authorities and yet none had sufficient authority to take the necessary steps.

One could not help trouble occurring, whether national, international or individual, but what one could do was to take the best course to prevent the worst happening. He was sure his hearers would agree with him that the best prevention they could adopt against the terrible mental disease was to establish and promote a strong and able medical service, and promote in every way possible the efforts of the Royal Medico-Psychological Association, whose guests they were to-night.

He coupled the toast with the name of their friend and colleague, Dr. McRae. As a colleague and a friend, Dr. McRae was second to none.

The President, in acknowledging the toast, thanked Mr. Shaw for his kindly references to the Association, a body which for years had been striving to teach the public what mental disease was. This Association deliberately devoted itself to an endeavour to point out to the

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public how to live, under what conditions it was best to live, what amenities they should have, and, more especially, how they should conduct themselves in the matter of self-control. He always said to his patients " You have to learn self-control, because if you do not control yourself the day will come when someone else will have to control you ". He objected to the idea that mental disease doctors only controlled patients ; they were teaching patients how to control themselves.

He could not resume his seat without saying a word about Mr. Shaw, who had proposed this toast. They had worked together for thirty years in various spheres and for twenty-five of those they were connected with mental diseases and their cure. Shaw was the finest man to have on one's side ; though for the same reason he was a devil to be up against.

He felt very grateful for the kindly appreciation of the efforts constantly being made by the Association, and the nice words which had been spoken of his own long connection with Mr. Shaw as Clerk and Treasurer to Glengall Hospital.

During the dinner, musical items were delightfully given by Miss Lily Goodwin, Miss Hardin, Mr. James Johnstone and Mr. Douglas A. C. McRae; Miss Janie Limond, A.T.C.L., officiated as accompanist. Most of the items were encored.

ENTERTAINMENTS.

During the three days of the meeting the social and recreative sides were well catered for. On the Wednesday afternoon tea was taken at Glengall Hospital by invitation of the Hospital Committee. On Thursday members were the guests of the President at a luncheon at the Orangefield Hotel, Prestwick, and later visited Messrs. Glenfield & Kennedy's engineering works at Kilmarnock, where they were entertained to tea by the kindness of the firm. On Friday, at the invitation of the President, luncheon was partaken of at the Western House, Ayr, and a drive, followed by tea, was organized to Newton Stewart, in which 102 members and others participated as guests of Dr. and Mrs. McRae.

IRISH DIVISION.

THE SUMMER QUARTERLY AND CLINICAL MEETING of the Irish Division was held at the Mental Hospital, Kilkenny, by kind invitation of Dr. P. J. Cassin, R.M.S., on Saturday, July 24, 1937.

In the forenoon the members were shown over the Hospital. Later the members and guests were hospitably entertained to luncheon. The guests included Dr. E. Donovan and K. Drea, B.D.S.

The following members were present: Dr. T. A. Greene in the Chair ; Drs. D. Brennan, P. J. Cassin, W. J. Coyne, L. Clifford, T. J. Conlon, F. Deane, J. Dunne, J. F. Fitzgerald, P. Grace, B. F. Honan, P. Irwin, J. Kearney, C. Moloney E. O'Sullivan, H. StGeorge Smith, R. Thompson, and P. Moran (Hon. Sec.).

The minutes of the previous meeting were read, approved and signed by the Chairman.

The following new members were after ballot declared elected :

Dr. ANNIE JOSEPHINE DUNLEAVY, L.R.C.P.&S.I., Assistant Medical Officer, Portrane Mental Hospital, Donabate, Dublin.

Dr. MICHAEL KEVIN MELLET, M.B., B.Ch., B.A.O. (N.U.I.), Assistant Medical Officer, Mental Hospital, Enniscorthy.

The SECRETARY read the letter sent out to the general hospitals *re* reciprocal facilities for training of nurses, and the replies received.

Most of the hospitals had replied that the matter was under consideration by their Boards Sir Patrick Dunne's Hospital wrote that they would be willing to co-operate on the lines indicated in the circular, and that they would send a delegate to any Committee which might be established for this purpose.

The Secretary was directed to circularize the hospitals again asking for a definite reply, and also to send the circular to the hospitals in Northern Ireland which are recognized by the G.N.C. as training centres.

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