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Chemsex is a growing phenomenon usually involving marginalised and vulnerable groups. This module will aim to explain what chemsex means, how people get involved in chemsex and the associated risks. **CPD credits: 1.5**

Podcast Big Questions in Psychiatry: Can medications ever help psychiatric disorders?

In this video-based podcast, we look at the role of medications in psychiatric disorders, the stigma associated with psychotropic medication and whether or not they truly are more problematic than medications used for physical illnesses. **CPD credits: 0.5**

Podcast Human rights as applied to mental health: do psychiatrists really know it all?

Human rights promotion and protection continue to remain highly relevant in psychiatric practice. This podcast highlights the central role of human rights in the field. **CPD credits: 0.5**

Podcast Premenstrual dysphoric disorder (PMDD)

Dr Sophie Behrman and Dimple Khatiri join guest presenter Dr Katrina Peebles to discuss common representations of premenstrual dysphoric disorder (PMDD) and the wider social impact of PMDD and associated stigma, and to offer an overview of the available treatment options. **CPD credits: 0.5**

Podcast What every psychiatrist should know about smoking cessation

In this podcast episode, join guest presenter Dr Claire Jones in exploring why smoking cessation is considered the single most impactful intervention for improving health outcomes, and discover how small changes in clinical approach can lead to life-changing outcomes. **CPD credits: 0.5**

Podcast No mental health without oral health (RCPsych Congress 2025)

In this podcast, Dr Ed Beveridge, Prof Steve Kisely and Dr Easter Joury uncover the intersection between physical and psychiatric comorbidity, the effects of psychotropics on oral health, and provide clear and helpful guidance about how psychiatrists can help their patients improve their oral health. **CPD credits: 0.5**

Podcast Big Questions in Psychiatry: Responsibility in psychiatry – exploring blame, compassion and mental illness

The first episode in our new podcast series: *Big Questions in Psychiatry* explores the complex issue of responsibility in psychiatry. This episode focuses on the philosophical notion of responsibility and its relation to blame in mental illness. **CPD credits: 0.5**

Podcast Big Questions in Psychiatry: What is reality?

In the second episode of our new *Big Questions in Psychiatry* series, our panel considers whether there is a single reality we all share, or if everyone's individual experience of the world is equally important. **CPD credits: 0.5**

Podcast Adult ADHD and psychosis (2025 update)

In this updated podcast, new panellists discuss the interaction between adult ADHD and comorbid psychosis alongside several case reports, outlining common symptoms, associated challenges and principles for safe treatment. **CPD credits: 0.5**

Podcast Psychiatry and physical health: where are we now?

This podcast reviews the current research and policy surrounding prevention and management of cardiometabolic health conditions, and what psychiatrists can do to improve the physical health outcomes of their patients. **CPD credits: 0.5**

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