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INCEST: A TRAUMATIC EXPERIENCE: A CASE REPORT

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Introduction: Incest may be defined as sexual relations between close blood relatives. It is found in all walks of life and all cultures. Incest is a taboo in all populations. This "secret" lived in childhood raises questions about the future of such a psychological trauma. Father-daughter incest is the most common. It has psychological, social, medical, and legal ramifications. Recently, it was reported that being the victim of paternal incest during childhood might be a significant predictor of a borderline personality disorder and complex posttraumatic stress in adults. Tunisia is among the countries from which incest cases are rarely reported.
Objectives: Browse the impact of this early trauma on victims to become adult and difficulties the therapeutic approach.
Clinical case: We propose from a clinical case of a family, in which five girls were victims of father-daughter incest.
Conclusion: This would suggest that father-daughter incest is the most traumatic experiences which deserves attention and that we cannot afford to ignore. In-depth knowledge of the dynamics and effects of father-daughter incest suggest specific treatment strategies are indeed necessary.

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