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New from CPD Online

CPDeLearning

The online resource for mental health professionals

CPD eLearning (formerly CPD Online) is a resource provided by the Royal College of Psychiatrists for mental health professionals, housed on our new eLearning Hub.

CPD eLearning offers a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health. During the pandemic, there will be no limit on eLearning that can be counted for CPD; it will be possible for ALL 50 CREDITS to be obtained in this way. Access to the modules is through annual subscription, but we also offer a series of free modules and podcasts for you to trial first.

For more information, visit CPD eLearning on the eLearning Hub: https://elearninghub.rcpsych.ac.uk

BJPsych Advances and CPD eLearning work together to produce regular joint commissions to enhance learning for mental health professionals.

View related CPD eLearning content

Recent modules and podcasts

Podcast Do we have free will?

In this podcast, Dr Raj Persaud discusses with Professor Christian List the scientifically rigorous argument for the existence of free will. Many scientists and philosophers are sceptical that free will exists, especially when it is understood to require the ability to choose between alternative possibilities. They argue that if the laws of physics govern everything that happens, then how can our choices be free? Believers in free will must therefore be misled by habit, sentiment or religious doctrine. However, in his new book, Why Free Will Is Real, Professor List defies this scientific orthodoxy and presents a bold new defence of free will in the same naturalistic terms that are usually deployed against it. **CPD credits:** 0.5

Podcast Physician Associates and their roles within psychiatry

In this podcast, Nabila Khan and Paris Tatt-Smith speak to Dr Nadia Imran and describe how they became Physician Associates, why they chose that career path and what they do in their day-to-day role in mental health settings. **CPD credits:** 0.5

Podcast Mental health in Ukraine

In this podcast, Dr Raj Persaud speaks with Dr Orest Suvalo, a psychiatrist based in Ukraine who is coordinating a support centre that has been set up at Lviv central train station. They discuss the impact of the war on the mental health of the people he meets arriving into and passing through the station, on those with mental health and psychiatric diagnoses, as well as on Dr Suvalo himself as he continues to live and work in Ukraine. **CPD credits:** 0.5

Podcast The psychology of the Ukrainian soldier

Does predicting the outcome of the war in Ukraine rest more on understanding the psychology of the Ukrainian soldier than any other factor?

In this podcast Dr Raj Persaud is in conversation with Dr Dmytro Assonov, discussing his work with Ukrainian veterans in the field; how his work has changed due to the current climate; the motivations, resilience and patriotism that he witnesses in the soldiers who have joined the Ukrainian fight against Russia; and the changing theories for post-traumatic stress disorder (PTSD). **CPD credits:** 0.5

Podcast Grief and grieving: a guide for the confused

In this podcast, Dr Raj Persaud speaks with Professor Michael Cholbi about the philosophy of grieving as examined in his book Grief: A Philosophical Guide. They discuss the technologies developed to aid people with their suffering and explore various intellectual and philosophical views on grieving. Professor Cholbi also considers how the medicalising of grief may lead people to think of it as an illness rather than a meaningful and inevitable product of life. **CPD credits:** 0.5

Module Quickbite: Options for remote working post COVID-19

The ongoing COVID-19 pandemic has led to 'social distancing', with intermittent lockdowns of schools, businesses and sites of entertainment and measures to maintain a manageable flow of patients through acute hospitals. The initial reduction of referrals to mental health services due to restricted primary care access has allowed alterations in work practices in mental health services to accommodate social distancing. This has involved a move to contacting patients using remote consultations, via a combination of telephone and video contacts. This Quickbite module aims to critically review triage systems currently being piloted. **CPD credits:** 0.5

Module Author guidelines

Thank you for your interest in becoming an author for CPD eLearning. We welcome new contributions and hope that the following pages will help you to understand:

- what exactly is involved as an author for CPD eLearning,
- how to plan and write your learning module.

This module has been designed to follow the standard module format, so you will then be in a better position to decide for yourself on whether CPD eLearning authoring is for you. **CPD credits:** 1

Other recently published CPD eLearning podcasts (each worth 0.5 CPD credits and freely accessible) include:

- Are you ignorant about the pandemic?
- Lost in thought: can intellect save you in a pandemic?
- The psychology behind mathematical modelling of epidemics
- Managing alcohol withdrawal in acute in-patient psychiatry
- Coping with the 'pointless suffering' of COVID-19
- Re-reading Camus's 'The Plague' in pandemic times
- Obedience to authority – lessons from Milgram applied to COVID-19
- Mental Health Tribunals: response to the COVID-19 emergency
- How do we lead effectively through the COVID-19 pandemic?
- Working with patients remotely
- Ethical considerations arising from COVID-19
- COVID-19: Isolation and loneliness – is there a 'social cure'?
- Psychosocial response to epidemics – lessons from Ebola applied to COVID-19
- Surviving the trauma: post-traumatic stress disorder in relation to COVID-19
- The psychology of the virus 'super-spreader'
- The psychology of coping with quarantine
- The psychology and psychiatry of pandemics.

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