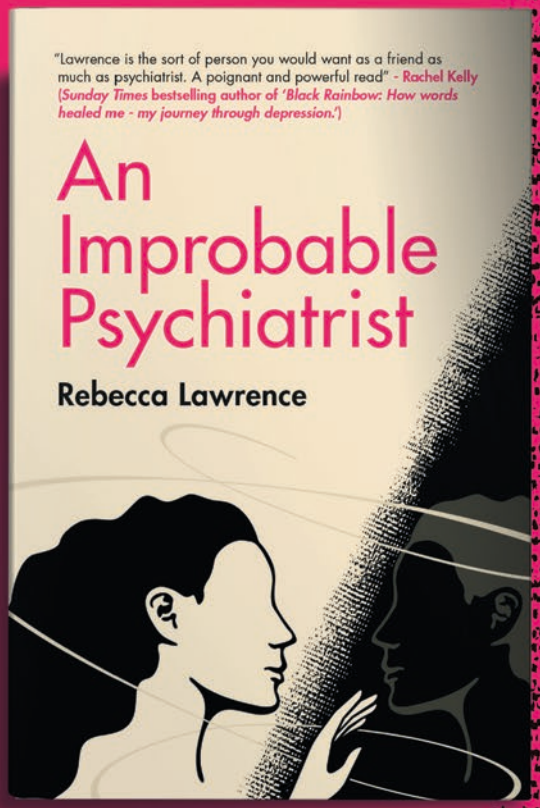


An Improbable Psychiatrist

Rebecca Lawrence,
a consultant psychiatrist and writer with bipolar disorder.



A leading psychiatrist narrates her personal journey from patient to psychiatrist and how she has coped with severe mental illness. Covering her experience on a psychiatric ward, ECT, and psychiatry training, this book aims to reduce stigma surrounding mental illness and will appeal to mental health professionals, and general readers.

"strikes at the heart of our understanding of mental illness"

- Rachel Kelly

"provides lucid insight into the curious process of becoming a psychiatrist"

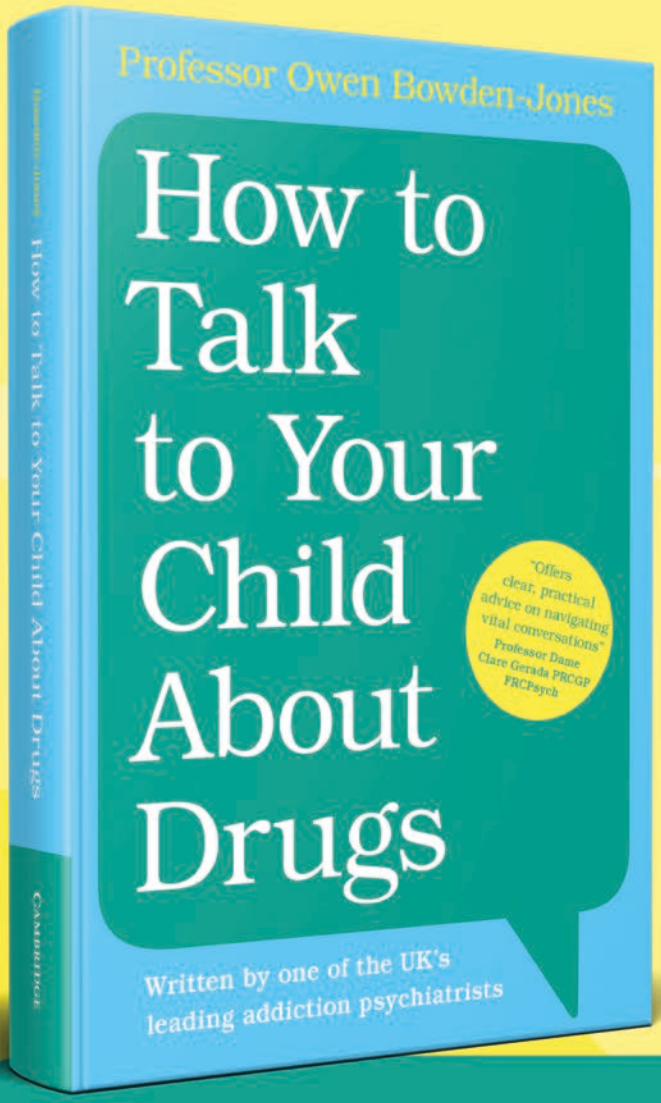
- Linda Gask

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How to Talk to Your Child About Drugs

Professor Owen Bowden-Jones, University College London

Paperback | 9781009374811

Broaching the topic of drugs and drug use with your child can feel particularly daunting. With the illegal drug market constantly evolving, it can be difficult to stay up to date with the latest information. How to Talk to Your Child About Drugs is an evidence-based, practical guide from a leading addiction specialist.

The book offers clear and accessible guidance for parents on how to have effective conversations with their child about this difficult topic. It provides a summary of both established and newly emerging drugs, how drugs work in the brain, how they cause harm, and why some people are more vulnerable than others to problems, including signs parents should be looking out for.

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